

THIS!!!

THE LOCAL NEWS - 31 CONSECUTIVE YEARS OF GOOD NEWS, ASSISTING NONPROFITS AND CELEBRATING LIFE!

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THE LOCAL NEWS

SERVERS HUNTINGTON BEACH & NORTH WEST ORANGE COUNTY, CA • 630 MAIN STREET • HUNTINGTON BEACH, CA 92648
Local News / Area Happenings / Opinion / Entertainment / Common Sense & Humor

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CA's Favorite Make-Out Spot Identified as 17-Mile Drive (Monterey)

- Poll of couples to identify the best make-out spots in the country.
- Other CA locations are Mulholland Drive, Los Angeles and Big Sur Coastline, Highway 1.
- Infographic showing the top 150 make-out spots in America.

Smooch Spots: With summer drawing to an end, love is still in the air, and what better way to celebrate than by discovering the best places across the U.S. to lock lips with your special someone? In a nationwide survey, 3,000 couples were asked by DatingNews.com to recommend the ultimate make-out spots, based on their own experiences. Whether you're planning a special date, trying to rekindle the flame in your relationship, or just curious about where the nation's favorite places are for a perfect kiss, this list is your romantic roadmap. Here are the top 10:

#1 Hana Highway, Maui, Hawaii
Connecting the towns of Hana and Kauai, the 64.4-mile-long Hana Highway is perfect for stimulating some scenic smooching. Perhaps you and your partner can get lost in each other's eyes over a cup of Kona coffee in one of the quaint cafes along your route. Or maybe you prefer to indulge in some summer love on

one of the island's many beaches. Nature lovers can take a dip under a waterfall, or just enjoy the colorful flora of this tropical paradise. Take your time and enjoy every moment of intimacy this island has to offer.

#2 Great Smoky Mountains National Park, Gatlinburg, Tennessee

One of America's favorite national parks, the Great Smoky Mountains are named for the blueish mist that rises from the mountains. So it should come as no surprise that many couples travel here to make a bit of steam of their own if you get my drift. From beautiful forests, tranquil lakes, and fields of colorful wildflowers, this park's enthralling atmosphere is sure to spark some romance.

#3 Pikes Peak Highway, Colorado Springs, Colorado

Meandering up the side of Colorado's famous Pikes Peak, this 19-mile road has no shortage of smooch-inspiring views. Have a romantic picnic at Crowe Gulch, try your hand fishing at the Crystal Creek Reservoir, or share spooky stories about the legendary Big Foot that was supposedly seen in the area. No matter what you do, sparks are certain to fly.

#4 Lookout Mountain Parkway, Chattanooga, Tennessee

This 93-mile road stretches through Tennessee, Georgia, and Alabama, and passes by some must-see attractions. You and your lover can see seven states from the famous Rock City Gardens, or bask in the vistas of Nocalula Falls. Cloudland Canyon State Park is particularly scenic, making it the perfect spot to inspire a bit of romance.

Dave's Thoughts

I said just the other day how winded I am by this exercise and my personal trainer said Dave..."this was your initial tour of the gym...not your workout!

Honestly, why is it that when you really really...really have to pee? It's always when you're trying to unlock your front door in the dark... come on you've been there

I don't know about the rest of you, but all of my childhood punishments have become my adult goals consider eating vegetables, staying home, having a nap, going to bed early. I know some of you agree with me

I said to a lady friend the other night..."I'll do anything for you, and she said really as well. "I mean, fight bad guys... kill dragons...not help you vacuum or do the dishes

Another thing I've learned over the years the difference between what I say vs she says...smell this when it's her... that usually smells nice as opposed to...when I say it...right!

I tried the Japanese method of decluttering where you hold up every object that you own and if it doesn't bring you joy you throw it away... are you listening so far, I've thrown away all my vegetables in the refrigerator some underwear with holes in it, my electric bill...the scale. The Mirror in my bathroom and my treadmill...I am not done yet.

And by the way, dear AutoCorrect, please stop changing my bad words into nice ones.

True story... apparently exercise does help you with decision-making. It's true. I went for a run this morning and decided I'm never going again.

Finally, this very day I accidentally changed the GPS voice in my car from a Female voice to a Male one... now it just says..."hey bro, it's around here somewhere. Keep driving.

I know, I'm aging...but the alternative is so grim...bear with me and I too will get through this phase.

Could someone help me with this...at what age should I tell my dog that she is adopted?

Have you ever noticed on Money Talks...Mine says goodbye all the time!

My daughter was shocked when she found out how bad an electrician, I really am.

Do you agree...light travels faster than sound...I think that is why some people seem brighter before they open their mouth...



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Continued on pg 27

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FOR INFORMATION & TICKETS CONTACT:

Dave Garofalo - HBNEWS1AOL.COM / 714.914.9797
James Anderson - jdouganderson@gmail.com. • kiwanishb.org

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MOST EXPENSIVE Cars Owned by Richest Celebrities Will Numb Your Head

John Daly has had his RV for over a decade, and there's a good reason why. The machine is a 2007 Prevost Featherlite, and it has enough bells and whistles to keep anyone entertained for more than a decade.

A unit like Daly's is no small feat to land owing to its popularity when its first landed. On the other hand, you might have to reconsider your mortgage plan since this moving house will probably cost you north of \$500000. Even so, with 45 feet in length of space, this sounds like a steal.

**John Daly-
2007 Prevost Featherlite- \$500000**



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The Weak That Was America: Home of the Free because of the Brave



Dave Garofalo
Publisher

INSPIRATION

"Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong."
~ Ella Fitzgerald

SAD TRUTH

I contend that for a nation to try and tax itself into prosperity, is like a man standing in a bucket and trying to lift himself up by the handle.

~ Winston Churchill (1874 - 1965)

IT WAS A BUMPY OPENING FOR WEST ORANGE COUNTY FOOTBALL TEAMS



BYOC TRIBUNE STAFF

LOS AMIGOS ran away from Santiago on Thursday in their non-league season opener (Tribune photo).

Week Zero opened the local high school football campaign, and it was a bumpy one for teams in our West Orange County area, winning just four games.

On Thursday, Los Amigos defeated its former Garden Grove League rival Santiago 46-7. On Friday, Marina blanked Westminster 23-0, Huntington Beach bested Orange 56-42 and Garden Grove defeated Bellflower 42-0 in a strong debut for new Argonaut coach Matt LemMon.

Brady Edmunds of Huntington Beach High had an outstanding game, passing for 185 yards and four touchdowns. On the other side of the ball, Starlone Thomas – a freshman – threw for 442 yards and four scores for the Orange Panthers.

Oiler special teams made the difference, as they scored on an interception and two kickoff returns.

Los Amigos' win over Santiago was powered by a potent running attack. Raul Cruz rushed for 89 yards and Issac Galindo ran for 86 yards. They totaled five touchdowns.

The sole Cavalier score came on a 54-yard run by Ozzy Granados.

Garden Grove High's football team– with just three returning starters on offense – had an impressive opening night with Jayden Dean and Quentin Pacelli powering a strong ground game.

The Argonauts will take on former Garden Grove League and district rival Pacifica next Friday at Bolsa Stadium. Grove will be playing in the new Kappa League, opening conference play on Oct. 4 hosting Esperanza.

DID YOU KNOW

an ostrich's eye is bigger than its brain

Sports Pictures from the PAST



"Havlicek Stole the Ball"

The remarkable play is also further etched in history because of Celtics broadcaster Johnny Most's call of the play. The Celtics won the series with that steal, and went on to win their seventh straight NBA title.

RANK: 61

LOCATION: Boston Garden | Boston, Mass.

DATE: 4/15/1965

CATEGORY: NBA

MAR 2, 2013

These crazy, ridiculous, and almost unbelievable statistics will make you question everything



DID YOU KNOW?

THERE IS A ROAD IN FRANCE THAT CAN ONLY BE USED TWICE A DAY, FOR A FEW HOURS. THEN IT DISAPPEARS UNDER 13 FEET OF WATER.

If Animals Could Talk



YOU WERE RIGHT...

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discoveries

U.S. National Park:

The words “For the Benefit and Enjoyment of the People” stretch across the northern entrance of our nation’s first national park, Yellowstone.

According to the Department of Interior, the goal of the National Park Service is, and has always been, to keep our wild places protected and unimpaired for future generations. To that end, more than 400 areas and 84 million acres spanning all 50 states and several unincorporated territories of the United States, protect America’s greatest natural treasures. With 61 of those wilderness areas totting National Park designation, it can be tricky trying to pick which park to visit.

So, to help you determine which parks should be higher on your bucket list, we ranked each park based on their overall accessibility, facilities and accommodations, trails and attractions, crowds, and, of course, overall ‘wow’ factor, which we measured by photo ops and stunning scenery.

Keep in mind, it’s almost impossible to say that one is better than the next — there’s truly something special about each one of our national parks.



Credit: LarryKnupp/iStock

Badlands National Park, SOUTH DAKOTA

We see you South Dakota, and your 244,000 acres of pristine, protected wilderness. Although Badlands isn’t entirely unknown, it’s often referred to as an under-appreciated park in comparison to heavy hitters like Yosemite or Yellowstone.

Yet, each year, over 1 million visitors travel along the Badlands Loop Road to experience magnificent craggy buttes, pinnacles and spires that seem to surprise the surrounding prairie grasslands. As far as accommodations go, Badlands is home to two year-round, first-come, first-serve campgrounds. Or, if you don’t want to rough it, the Cedar Pass Lodge, a seasonal chalet, is also within park limits.

Although this Mars-like landscape has several accessible trails and overlooks — like the Pinnacles Overlook, Cliff Shelf Nature Trail, and Fossil Exhibit Trail — you won’t find nearly as many designated trails here as you will find in other, comparable national parks. Fortunately, their open backcountry policy permits hikers to explore off-trail. No permit? No problem. You can venture literally anywhere in the park, as long as you’re 1.5 miles from a road or trail.

Still, although Badlands has a lot to offer, we have to recognize that mixed-grass prairie and exploring fossil beds isn’t necessarily for everyone. In terms of spectacular scenery, Badlands just doesn’t deliver the same oomph for effort as some of the other parks.

Interesting and Fascinating



“The National Wallace Monument, Scotland.”

Presidential Facts

Because the KKK was a powerful political force, Truman was encouraged to join the organization. According to some accounts, he was inducted, though he was “never active.” Other accounts claim that though he gave the KKK a \$10 membership fee, he demanded it back and was never inducted or initiated.



Wikipedia.com

UNKNOWN celeb FACTS



RB/ Redferns via Getty Images

Whether it's Marilyn Monroe or Katharine Hepburn, Paul Newman or Humphrey Bogart, the classic faces of the silver screen are familiar and beloved — but how much do you really know about them? For example, which starlet's first job involved building drones? What famously raven-haired performer was really a blond? Which leading man apologized for his first film role? Read on for some of our favorite facts about the sparkling stars of yesteryear.

Elvis Was a Natural Blond and Used Shoe Polish as Hair Dye

You'd be hard-pressed to find evidence of Elvis' natural blond hair-style, as only one known photo exists, hanging on the wall of Graceland. From a young age, Elvis dyed his hair jet black with shoe polish — which was cheaper than hair dye — in an effort to make his blue eyes stand out. Elvis also began applying eyeliner to further accentuate his eyes around 1960, a trick he learned from actor Tony Curtis. As Elvis rose to fame, he continued to dye his hair to maintain his image, though he eventually shifted from shoe polish to a patented hair dye combination of Miss Clairol 51D and Black Velvet/Mink Brown by Paramount. Elvis later enlisted the services of Larry Geller, a beloved stylist in West Hollywood who also worked with stars such as Marlon Brando and Steve McQueen.

Rare Historical Photos Reveal More Than Immediately Meets The Eye

A Pair Of Spooky Skeletons Riding Horses For Halloween In The 1920s

Just imagine it, you're walking through the streets of a small town with a bag full of candy in hand. The full moon is out, and then you hear the beating of hooves down coming down the street. Out of the darkness you see two skeletal horses carrying their spooky riders right towards you - what could they be? In the 1920s this was a normal costume for people and their animals, not only were these costumes a simple way to celebrate Halloween without having to go all out. Although, wouldn't you say that covering a horse from head to foot in a Skelton sheet is more or less going all out?



Source: Google

Vintage Photograph



A Group Of Men Posing In Front Of Lynch's Slave Market, St. Louis, Missouri, 1852

Report

Biggest Boomtowns in Every State



Shutterstock.com

GoBankingRates / JORDAN ROSENFELD

Boomtown. The word sounds like it's describing an explosion — and in a way, it is. Boomtowns are considered the fastest-growing cities in America due to rapid business and population growth. An example of such a place is Woodbridge, Virginia, which saw massive five- and eight-year percentage changes in population at 863.35% and 840.66%, respectively.

But Woodbridge isn't the only boomtown out there. GOBankingRates found one in every state by looking at the one-, five- and eight-year changes in population, occupied housing units and owner-occupied housing units of cities with a population of more than 25,000 but less than 500,000. Find out if you're living in one of America's most thriving cities, and see if your city makes the list.

South Carolina: Bluffton

Change in population:

1 year: 19.07%

5 years: 75.05%

8 years: 112.74%

Change in occupied housing units:

1 year: 19.16%

5 years: 74.30%

8 years: 111.83%

Change in owner-occupied housing units:

1 year: 17.19%

5 years: 108.32%

8 years: 154.26%

A Veteran Owned Business

THE LOCAL NEWS

People and Their Issues - Our Business...

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Address correspondence to

THE LOCAL NEWS

630 Main Street
Huntington Beach, Ca 92648
Office (714) 914-9797
hbnews1@aol.com
Dave Garofalo
Publisher / Owner

Award Winning Staff

Rex Gerlach &

Jim Horton (Emeritus)

Internet Services:

Jen Miller

Sales: Account Manager:

Kevin Garofalo

Marketing Coordinator

& City Editor:

Nancy Gray

Graphic Design:

Stacy Nunley

Photography & Freelance:

Chris MacDonald

Contributors:

Chris Epting, Cathy Green, Moe Kanoudi, Ben Miles, City of HB PIO, Bob Terry & VisitHB



OUR MISSION:

Inform, Entertain and Challenge all aspects of our lives resulting in our efforts to continue to help build a safe and prosperous and healthy Region to live, work and play in and among our neighborhood, commercial and industrial centers.

God Bless America!

Newspaper Publication Policy: The Local News is a bi-monthly digital publication. Generally, we try to publish on the 1st & 15th of each month. We publish approximately 24 times per year not including Special Editions. The only exceptions are those months with 5 weeks. We distribute a 12-month production schedule each January showing exact dates for news, ads, digital and distribution dates.

www.HBLocalNews.com

PLEASE READ CAREFULLY

This space is created for all area non-profit organizations to be listed as a LIVE link to the following organizations...

ORGANIZATION NAME For Live Web Site Click below

CITY OF HUNTINGTON BEACH, CA

City of Huntington Beach, California - Home (huntingtonbeachca.gov)

KIWANIS OF HUNTINGTON BEACH

Kiwanis Club of Huntington Beach (kiwanishb.org)

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Assistance League - Huntington Beach

GREATER HB INTERFAITH COUNCIL

Interfaith | The Greater Huntington Beach Interfaith Council | Huntington Beach (ghbic1.org)

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Huntington Beach Police Community Foundation | Our Programs (hbpcf.org)

HB FIRE OUTREACH FOUNDATION

(20+) Huntington Beach Fire Outreach Foundation | Huntington Beach CA | Facebook

HB POLICE AND COMMUNITY FOUNDATION

Huntington Beach Police and Community Foundation | Our Programs (hbpcf.org)

HB FIRE DEPARTMENT

City of Huntington Beach, CA - Huntington Beach Fire Department (huntingtonbeachca.gov)

CITY OF FOUNTAIN VALLEY

The City of Fountain Valley | Official Website

KIWANIS OF FOUNTAIN VALLEY

Fountain Valley - Kiwanis International (kiwanisfv.org)

FOUNTAIN VALLEY CHAMBER OF COMMERCE

Home - Fountain Valley Chamber of Commerce, CA (fvchamber.com)

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www.e-clubhouse.org/sites/huntingtonbeachca/

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BOLSA CHICA CONSERVANCY

<https://bolsachica.org/>

BOYS & GIRLS CLUBS OF HUNTINGTON VALLEY

<https://bgchv.com>

ALZHEIMER'S FAMILY CENTER

www.afscenter.org

SOROPTIMIST INTERNATIONAL OF HUNTINGTON BEACH

<https://soroptimisthuntingtonbeach.org/>

Please submit your non-profit name and web address to hbnews1@aol.com if you'd like to be listed

NATURAL Wonders OF THE WORLD

THE SUNDARBANS

The Sundarbans — mostly in Bangladesh, though partially in Eastern India — is one of the world's largest tidal mangrove forests, and it's famous for also being one of the largest Bengal tiger reserves. A UNESCO World Heritage site since 1987 on the Indian side and 1997 on the Bangladesh side, it covers 140,000 hectares and is home to a wide range of wild fauna, including 260 bird species and other threatened species, such as the estuarine crocodile and Indian python.



Photo: Matyas Rehak/Shutterstock

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	Mandic Motors	\$20 Off ANY Automotive Repair or Tow	18881 Gothard St	HB	714.536.6585
	McKenna VW	\$500 off of any new car	18711 Beach Blvd	HB	866.925.0602
	Norm Reeves Honda	10% off parts and labor, \$300 discount on any new or pre-owned vehicle	19131 Beach Blvd	HB	800.306.6472
	Surf City Nissan	Check with Merchant	17331 Beach Blvd	HB	800.615.9640
	Toyota of HB	15% off Parts & Service, • \$300 off New Car	18881 Beach Blvd	HB	888.433.1447
	Hyundai	Check out our Local Deals	16751 Beach Blvd	HB	714.594.1000
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	Yates X-Ray Company	FREE Digital Consultation Values at over \$250	9051 Mediterranean Dr	HB	714.599.0399
	Yoga Works	20% off 1st retail purchase and 2 wks of unlimited Yoga new students \$30	301 Main St	HB	714.960.9740
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	Don Jose	20% off your entire food Bill	9093 Adams	HB	714.962.7911
	Fuzion	15% off your entire bill	7227 Ehing	HB	714.377.7671
	Gallaghers Pub & Grill	\$3 Domestic pints & Well Drinks, \$4 Import Pints	300 PCH	HB	714.536.4222
	Hurricanes Bar & Grill	50% Off Up To \$20 with card- food only	200 Main St	HB	714.374.0500
	Lotus Chinese Restaurant	Order Complete Dinner SAVE \$3.00: Free Soup, Egg Roll & Rice	16883 Beach Blvd	HB	714.848.4940
	Nonna Lucci's	10% off entire bill	19913 Beach Blvd	HB	714.536.1368
	New Ruby Palace	15% off Lunch, Happy Hour: Order one appetizer and get One FREE	18330 Beach Blvd	HB	714.848.6088
	Olive Pit Grill	\$5 off any bill over \$30 10% off anything else	16365 Bolsa Chica St	HB	714.316.5000
	Surf City Ale House	Buy one entree, get 2nd of equal or lesser value for FREE	301 Main St. Suite 101	HB	714.369.2581
	Thai Wave	20% Off All Appetizers (Dine In) from 3pm to 6 pm M-F. Singha Beer 11 oz; \$2.00	522 Main St.	HB	714.960.0219
	Sushi on Fire	20% off Food Bill M-F 2-5pm	301 Main St	HB	714.374.8885
	Paolo's Ristoronte	4-course dinner \$16.95	17561 Center Ave #37	HB	714.373.5399
	Services	SeaShore Pest Control	\$100 Off any Local Treatment. \$200 off any tenting	16562 Gothard St #G	HB
AIM Mail Center #64		15% off on All Services/Products	19051 Goldenwest St	HB	714.698.9900
Beauty Supply Zone		10% off products and 25% off hair services Brian, Jillian or Kristen	16277 Bolsa Chica St	HB	714.840.0159
Surf City Debt Relief		15% off total fees with enrollment into one of our Debt Relief programs	5267 Warner Ave #183	HB	657.464.9683
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NEW FEATURE

The Greatest Breakfast Sandwich in Every State



Florida: Marlene's Original Tampa

Anastasia A./Yelp

Marlene's Original gets raves for a generous array of breakfast sandwiches. Its classic egg, ham, and cheese is served on a croissant and slathered in the housemade, secret Zesty Sauce. But it also has a handful of hearty sandwiches served on cuban breakfast rolls and piled high with a variety of meats and cheeses. This place is not for the faint of heart.

Quinn Minute - Nursery Rhyme Re-Visit

by Rix Quinn

As I get older, I try to learn something every day. That's not always possible, because some days I just watch reruns.

I'm not alone in this mission. My friend Lucas spent months trying to read deeper meanings into old nursery rhymes.

For instance, "Incy Wincy Spider climbed up the water spout. Down came the rain, and washed the spider out. Out came the sun, and dried up all the rain. And Incy Wincy Spider climbed up the spout again."

Lucas claims this is about perseverance. Spider is determined to get to the top.

My question is: Why would this arachnid keep re-climbing? Thirst? Higher quality insects to trap at the top? Better access to the web?

Here's one of my favorites: "A wise old owl sat in an oak. The more he heard, the less he spoke. The less he spoke the more he heard. Why aren't we all like that wise old bird?"

Seriously, this is great advice. Yesterday in the cafeteria, I listened. Here's what I heard.

Two older golfers discussed a difficult sand trap. At the next table, a group of ten gathered to hear their company's income report.

Then, amidst this drudgery, two twenty-somethings sitting next to me - obviously dating - talked about their upcoming weekend in detail.

Much like the owl,

for the first two conversations I didn't give a hoot.

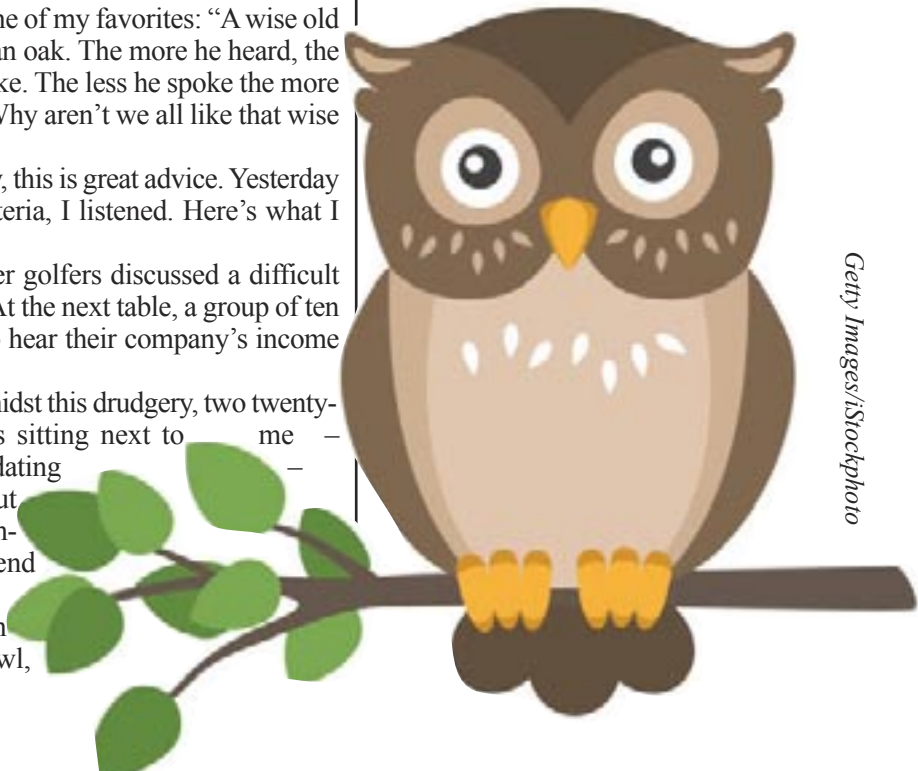
But that last dialog was so spicy I fell out of my chair trying to hear. But I just told the couple I had a balance problem.

Want another nursery song? "If you're happy and you know it clap your hands. If you're happy and you know it, and you really want to show it, if you're happy and you know it clap your hands."

I tried this walking downtown last Saturday. Any time I suddenly felt happy, I started clapping.

This attracted two other clappers with alternative rhythms, a harmonica player, a juggler, and a dog that walked on its back legs.

We open next Thursday night at the civic center.



Getty Images/istockphoto

THE Local NEWS Community



restaurants / entertainment / local events / something for everybody

FIVE POLL NUMBERS THAT TELL THE STORY OF THE DEMOCRATIC CONVENTION — AND WHAT'S COMING NEXT

The polls have shifted significantly since Harris joined the presidential race against Trump.

NBC Universal

CHICAGO — A historic switch in the presidential ticket. A shift in the polling. And a still-undefined presidential nominee.

That's the backdrop to this week's Democratic convention, which began Monday with President Joe Biden passing the torch to Vice President Kamala Harris and will end Thursday night with Harris officially accepting her party's presidential nomination.

These five numbers help set the stage for this week's events — and for the rest of the 2024 campaign once the conventions are over.

when Biden was still in the race. In July's Washington Post/ABC poll, Biden and Trump were tied at 46%.

(2) 81%

That's the share of Democratic voters who say they're satisfied with Harris as the party's presidential nominee, versus 15% who say they would have preferred someone else, according to a recent national CNBC poll.

It's a staggering shift in enthusiasm from July's NBC News poll, when just 33% of Democrats said they were satisfied with Biden as the nomi-

a Financial Times poll found the two candidates essentially even on the issue.

So Harris is trailing on an issue that voters typically say is the most important one facing the country in 2024. But it's also less than half the size of Biden's deficit against Trump on the economy when NBC News' poll tested them on the issue six months ago.

This comes as Harris has tried to put more meat on the bone of her economic platform, between her speech on Friday laying out plans to address the cost of food, housing, medicine and child care if elected and the news Monday that she supports raising the corporate tax rate to 28%.

(4) 64%

That's the percentage of voters who say they know what Harris stands for, per a recent CBS News/YouGov poll.

That's a majority of voters, but it's smaller than the 86% of voters who say they know what Trump stands for.

That illustrates one of the Democrats' top goals for this convention: clearly define their party's presidential nominee to the public, as the Republicans race to define her on their terms.

(5) 45%

Relatedly, that's the share of likely voters in the New York Times/Siena College polling of Arizona, Georgia, Nevada and North Carolina who say Harris is too liberal or too progressive.

It's a narrow plurality of the total respondents, compared to 6% who say she's not liberal/progressive enough, and 43% who say she's not too far in either direction.

That's compared with 35% of likely voters who believe Trump is too conservative, 9% who say he's not conservative enough and 47% who say he's not too far in either way.

So in the race to define Harris, more voters — right now — believe that the Democratic nominee is too liberal than believe that the Republican nominee is too conservative.

Can Harris and the convention change that perception? This week will help answer that question — and perhaps determine whether she can maintain her momentum in the homestretch of the campaign.



Getty Images

(1) 4 points

That's Harris' lead over Republican Donald Trump in the latest national Washington Post/ABC News/Ipsos poll, 49% to 45% among registered voters.

While the result is within the poll's margin of error, it's consistent with other national and battleground polling showing her with a slight edge over Trump.

And it's a significant change from a month ago

nee, compared with 62% who wanted someone else.

(3) 9 points

That's Harris' deficit on the economy against Trump, according to that WaPo/ABC poll. In that survey, 46% of voters say they trust Trump more on the economy, versus 37% who trust Harris more.

Trump's advantage on the economy is consistent with what other polls have shown, although



Discover the Future of Water at the Groundwater Replenishment System!



Did you know that part of Orange County's drinking water comes from highly purified wastewater? If you live in north and central Orange County, a significant portion of your water comes from the Orange County Groundwater Basin, a vast underground reservoir holding billions of gallons of water. This basin is replenished by various sources, including the Santa Ana River, rainfall, captured stormwater, and recycled water from the Groundwater Replenishment System (GWRS).

Water from the GWRS starts as wastewater from your homes and businesses—water from sinks, bathtubs, and even toilets. This wastewater is collected by the Orange County Sanitation District (OC San) and undergoes extensive treatment to allow discharge into the ocean via a five-mile-long pipeline. But since 2008, OC San has sent its treated wastewater to the GWRS, where it is transformed into high-quality drinking water.

The GWRS, a joint project of the Orange County Water District (OCWD) and OC San, is the world's largest water recycling facility of its kind, producing 130 million gallons of water every day. It recycles 100% of OC San's reclaimable wastewater and makes enough water to serve one million people. State-of-the-art technology, including microfiltration, reverse osmosis, and ultraviolet light with hydrogen peroxide, purifies this water to near-distilled quality. This advanced process ensures the water meets or exceeds state and federal drinking water standards, providing a reliable and high-

quality source for our community. It's a remarkable project that is a model for California and the world, and it is operating right here in Fountain Valley.

Water produced by the GWRS is sent to the groundwater basin where it is eventually pumped by 19 cities and retail water districts and served as part of the drinking water supply that they provide to 2.5 million people in the region. A portion of

rification process. You'll gain insights into the science and technology that make the GWRS a world-renowned project. At the end of the tour, you'll have the unique opportunity to taste the ultra-pure water produced by the GWRS.

By visiting the GWRS, you'll learn about the future of water management that is already a reality in Orange County. The tour is a perfect educational outing for school groups, community organizations, and anyone interested in environmental sustainability. It's an eye-opening experience that highlights the importance of innovative water solutions that are forming a resilient water supply now and in the future.

Tours are available weekdays at 10:00 a.m. or 1:00 p.m. for groups of 10 to 30 people and on a quarterly basis for groups of less than 10 people. We can customize the tour to suit your group's interests and needs. All guests must be 11 years or older to participate. Don't miss this opportunity to explore the largest water recycling facility in the world. To schedule a tour

or for more information, visit OCWD's learning center.

This Orange County Water District article was provided by Cathy Green, who represents Division 6 of the District. Division 6 includes Huntington Beach and parts of Fountain Valley. Contact Director Green at cgreen@ocwd.com.

Tour the world's largest water recycling facility, the Groundwater Replenishment System (GWRS), located in Fountain Valley.



the GWRS water is actually injected along the coastline where it also acts as a critical underwater barrier to protect the basin from saltwater contamination from the nearby Pacific Ocean.

Join us for a guided tour to see how we transform treated wastewater into clean, safe drinking water. Our knowledgeable guides will take you through the facility, explaining each step of the pu-

Most Iconic Moments in History

A Soldier In Vietnam Sniffs A Perfumed Letter From His Girlfriend Back Home



In this touching photograph from Vietnam, 1966, Pfc. Clark Richie smells a perfumed letter sent to him from his girlfriend back home in Jay, Oklahoma. In the jungle setting of Vietnam, surrounded not only by enemy fighters but also by strange animals and natural hazards, an American soldier -- even a country boy from Jay -- could feel like he was on another planet. Letters from home were treasured keepsakes.

The photo was taken by John Nance, an Associated Press reporter who also wrote an article (published in April 1966) about Richie's war experiences. Nance shared the contents of a letter Richie was writing to his mother on the eve of an offensive:

Dear Mom, I got your letter yesterday. Glad you and everyone else are fine. I am too, except for the heat and my blisters. By the time you read this we will have completed our first major operation. If there's anything to worry about you'll know before you get this letter.

Later in the day, Richie went into Cu Chi to teach English to some Vietnamese children. On the ride back to base, he reflected on the deadly irony of his situation:

Weird, to think that tomorrow or next week—or even right now—we could meet up with the big brothers and fathers of some of those kids back there, and we'd try to kill each other. It's a strange business.

Source: Reddit



On the Vine or Nearby



How to Make Brandied Cocktail Cherries



ARE BRANDIED CHERRIES THE SAME AS MARASCHINO CHERRIES?

The terms maraschino cherry and brandied cherry are often used interchangeably today. However, maraschino cherries originally referred to cherries preserved specifically in maraschino liqueur made from mascara cherries.

By *Liquor.com*

Alongside lemon and lime, the cherry is one of bartending's most iconic garnishes—an edible sweet treat to finish your drink. Whether a Manhattan, Aviation, Tom Collins, or Hurricane, the finishing touch of a cherry, often served skewered on a pick, has become the signature flourish of countless cocktail creations. While the 1980s and '90s saw the cocktail cherry transformed into a sickly sweet, artificial sugar bomb, recent decades have seen a revival in high quality brandied and candied offerings.

While you can always buy jars of brandied cherries, they're never quite as good as the ones you make yourself. This recipe for flavorful brandied cherries comes from bartender and owner of the legendary Teardrop Lounge in Portland, Oregon, Daniel Shoemaker, and is well worth the extra work.

When you get started, be sure to clear away anything from your workspace that you wouldn't want to spatter with cherry juice accidentally. Even when you're careful, mishaps happen, so wear clothes—and maybe an apron—you don't mind staining. Because of the relatively high alcohol content and sealed jars, these cherries will last a few years if you keep them in a cool, dry space away from sunlight or in the refrigerator.

Ingredients

5 pounds ripe, firm sweet cherries
 1/2 cup allspice berries, whole
 1/2 cup juniper berries, whole
 6 stick cinnamon sticks, lightly crushed
 3 pods star anise
 5 cups sugar
 1 cup lemon juice, freshly squeezed and strained
 3 cups water
 2 1/2 cups brandy
 1 1/2 cups rum

1 cup bourbon

Steps

Pull off the stems and punch out the pits of the cherries with a cherry pitter.

Add the juniper berries, allspice berries, cinnamon sticks and star anise to the center of a double layer of cheesecloth and tie into a secure bundle.

Combine the sugar, the lemon juice and the 3 cups of water in another large stockpot that holds at least 10 quarts. Bring to a simmer, stirring just until the sugar is dissolved.

Add the spice bundle and continue to simmer for about five minutes.

Add the cherries. Using the slotted spoon, stir the cherries until they are all soaked in the syrup and are thoroughly warmed. You don't want to actually cook the cherries, just allow them to absorb the syrup.

Return the liquid and cherries to a simmer and pour in the brandy, rum and bourbon, stirring to combine. When the liquid is warmed through, remove the pot from the heat. Be sure not to boil the liquid because you don't want to cook off too much alcohol.

Using a wide-mouth funnel or jar filler and a slotted spoon, pack each canning jar with cherries, filling it to the top. Give the jar a good tap on the counter to settle the fruit so there are minimal air gaps. Ladle the hot syrup into the jars up to about half an inch from the rim. Place the flat part of the lid on the jar, and screw the band on lightly.

Run the jars through a hot water bath.* Allow them to cool and let the seals form properly. You'll hear a nice pop as the vacuum forms and the lid is sucked down. Tighten the rings of all the jars that have sealed properly.

*Note: The duration of time needed in the hot water bath depends on your elevation and the size of your jars. Check with your USDA home extension agent for specific information about how to safely can food.

SPECIAL SECTION

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The Finest Vintage Cars of the 1960's Golden Age



Adobe Stock Photo by bluebeat76

1969 Datsun 240Z

The 1969 Datsun 240Z is considered to be the most iconic sports car ever designed by Nissan. Originally produced as a competitor against British sports car, the Datsun 240Z looked very luxurious and expensive, but it was actually quite affordable, which made it all the more attractive.

The Datsun 240Z had an L24 2.4-liter engine with a manual, four-speed choke, a chrome '240Z' badge, and two vents on the car's rear hatch that provided flow through ventilation. The gorgeous model was introduced to the American public by the president of Nissan Motors USA, Yutaka Katayama, otherwise known as "Mister K".

Here's How Electrify America Chargers Are Evolving

California is still the focal point of new station concepts, but the lessons learned could translate to other parts of the country.

- VW Group's charging arm has focused on upgrading existing stations to modern hardware, among other efforts, and has introduced its next-gen charger that can deliver up to 350 kW.
- The new chargers are estimated to require 80% fewer on-site maintenance visits than older units, and feature a smaller footprint, in addition to other improvements.
- Electrify America is working to introduce Tesla's North American Charging Standard (NACS) to the network in 2025.

BY JAY RAMEY

There's range anxiety, and then there's arriving at a non-working charger anxiety. And just like the former continues to be an issue no matter how frequently automakers whisper to us in a soothing voice that range anxiety is a figment of our imagination, the latter is not showing any signs of going away, either.

In fact, the hardware installed years ago is not particularly shiny and new anymore, and as we all know older electrical items tend to develop issues after a few years (unless they're a piece of Sony video or stereo equipment from the Reagan administration, in which case they're still working).

What is Volkswagen Group's charging network doing to address what has snowballed into a larger, industry-wide problem?

The first step, as in many programs, is admitting you have a problem.

"Legacy hardware is aging and, in many instances, is now charging the same number of vehicles in one week as it once charged in an entire year," Electrify America noted in its report to CARB this month. "Accordingly, these older chargers require more dispatches for on-site maintenance and ultimately must be replaced."

In fact, Electrify America hasn't opened a single new station in California in the second quarter of 2024.

Rather, it has been working on upgrading existing stations over the past few months, and installing hardware that is estimated to require 80% fewer on-site maintenance visits than older chargers.

The next-gen chargers that EA is rolling out deliver up to 350 kW and feature a new exterior design with a smaller footprint, in addition to a liquid-cooled connector cable with a new cable management system that can stretch to just about any point on an EV, no matter how it's parked. The next-gen chargers also feature a brighter 15-inch screen that is less susceptible to glare from the sun.

Electrify America notes a couple of other trends when it comes to charger usage.

More than 20% of electric-vehicle charging sessions in California were activated via Plug&Charge, which does not require card or app-based activation. And only 9.09% of sessions in the state were started using the card reader at all, with California users preferring app activation compared to other methods.

Plug&Charge capability is still the ideal and most futuristic method of initiating charging sessions, even though it is taking Tesla's competitors in the charging sphere some time to catch up.

"The higher cost per station results in California receiving fewer stations per dollar invested."

Work is under way to introduce Tesla's North American Charging Standard

(NACS) to the EA network, with the NACS J3400 connector slated to become an option for visiting EVs in 2025.

And other strategies—some of them painfully overdue—are being implemented as well.

"These strategies include increasing the number of chargers at existing stations to accommodate increasing vehicle volumes, deploying the NACS J3400 connector once it is standardized, and continuing to add new and larger stations to the network," the company says.

Earlier this year Electrify America opened the first indoor charging hub of its type in the US in San Francisco, with 20 hyper-fast 350-kW chargers inside. The charging hub is staffed, assuring greater charger reliability and amenities, though for now it is the sole EA station of its type.

And EA is in the process of adding new stations in California, where it currently has some 250 locations, with 32 currently under development.

Despite the popular image of California as some kind of EV utopia, adding new stations in California is far from easy.

"It costs 26% more, on average, to design and construct an Electrify America station in California than it costs to build a station with the same number of chargers in another state," the company noted in its report to CARB.

"This higher cost per station results in California receiving fewer stations per dollar invested by Electrify America, and these higher costs are primarily driven by permitting delays and utility site energization delays."

One way around the issues associated with permitting and grid energization has been the addition of off-grid chargers to the network, built by Beam Global. To date, EA operates 60 solar-powered Level 2 chargers at 30 locations in the state, primarily in the Central Valley—

that aren't really hooked up to anything.

The chargers feature 4.28-kW sun-tracking solar arrays and a small battery energy storage system (BESS) that holds 32 kWh of juice.

Independence from the grid has its benefits when it comes to station reliability, though by their nature these are slower Level 2 chargers, and there's a good reason most of them are in California's Central Valley. So these probably won't be too effective in the snow belt in the longer term.

There is one major lesson in Electrify America's experience in building stations over the past few years: Station owners and operators cannot assume that once built, an EV charger will remain up-to-date and operational until The Great Asteroid of 2064.



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The food market continues to expand at an accelerated rate, with manufacturers and brands adding new products every day. Business is booming, with grocery store sales having more than doubled in the last 30 years in the US alone.

Consumers love to consume products that are tasty and cost-effective, but have we ever stopped to look behind the veil and investigate exactly what's in our foods? From beaver butt secretion to sheep sebum in our chewing gum, there's a lot out there that you won't find advertised at Walmart.

Packaged Bread

Company: Grupo Bimbo and others

Market Share: \$42.4 billion*

Ingredient: L-cysteine

There was a time (albeit many moons ago) when sliced bread was just a dream. People had to bake their own or buy straight from the baker, but these days it's a common household item. However, there's a reason why freshly-baked bread only lasts a couple of days when packaged bread can last weeks.

It's all down to L-cysteine, which isn't just any old regular preservative. The compound is natural, but that doesn't make it any better. It's actually derived from human hair. According to Disney's Vice, the most popular source for this is hair salons in China. Hair is swept up, dissolved in acid, the L-cysteine is removed, and away it goes to bakeries to go into bread.

©CGN089 / Shutterstock.com

Chocolate Bars

Company: Mars and others

Market Share: \$114 billion total chocolate market*

Ingredient: Insect legs

We have to apologize in advance, but nothing is sacred these days. Chocolate is something most of us enjoy in hearty amounts, which is why it's such a beloved snack food. Even chocolate isn't safe from contamination though apparently.

Guidelines state that chocolate bars usually have around eight insect legs inside on average, while still passing inspection. Next time you get a crun-

chy bar, take a minute and think about what's giving it that texture. Is it nuts, is it caramel, or is it a beetle that came along for the ride and died from misadventure?

©ivan_kislitsin / Shutterstock.com

Cheese

Company: Schuman's Fairfield and others

Market Share: \$123.87 billion*

Ingredient: Goat stomach lining (aka rennet)

Cheese is a wonderful thing that makes a ton of companies a very healthy amount of money on a yearly basis. It's one of the most popular and most commonly bought foods around the world, but have you ever stopped to think what might be in it?

A block of dairy goodness might be the first thing on our Kroger shopping lists, but what if we told you that cheese is actually made with the stomach lining of a goat, calf, or lamb? What's even more disturbing is that the animal in question has to be a baby and still be nursing from its mother in order for the right enzyme to be present.

©MaraZe / Shutterstock.com

Boxed Vegetable Pasta

Company: Barilla, Good & Gather, etc.

Market Share: \$78 billion by 2029* (Total Pasta Market)

Ingredient: Same bad stuff as regular pasta

If we were willing to take a guess, we'd assume that most people choosing veggie boxed pasta over regular pasta were doing so because they thought the former would be healthier than the latter. Well, hold onto your hats because, if you check the back of the box on both of these pastas, you'll likely find that the two have the same high carb count.

Should you want a healthy vegetable pasta, consider making an investment into a spiralizer. These machines cost \$30-\$70 on average, and they will literally turn actual vegetables into spiral pieces of pasta. All you have to do is cook the newly-transformed vegetables (and add a healthy sauce, of course).

@HEB / Pinterest.com



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Our theme – healthy, low-fat, low cholesterol, natural ingredients, flavorful, and familiar offerings. Our goal is to create the image of light, healthy, satisfying and still nutritious food.

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The American Companies That Aren't Actually American Anymore

By Kate Prince/Business

Many brilliant companies – from Apple to Starbucks – have been founded in the United States, starting out as small ventures to become international leaders in their fields. However, the world of business isn't always as straightforward as it looks. Regardless of how well-rooted a company's American history is, it doesn't mean that it will always belong to Uncle Sam.

In fact, many quintessentially American brands are no longer American-owned at all. From Ben and Jerry's to IBM and Holiday Inn, overseas investors have played a big part in keeping these companies moving forward. Without them stepping in, some of them may have ceased to exist altogether.

Ford

Headquarters in: Detroit, MI

Purchased By: N/A

Country: International

Ford is American-founded, but it has grown to become a multinational company. The vehicle, like Chevy, touts its American-made status, and it keeps its Detroit factories running all year-round. However, Ford makes some of its parts in China, and it has manufacturing locations in nearly every country.

Ford makes many of its parts in China and then imports them to America, where Ford cars and trucks are assembled in Detroit. Ford gets the vast majority of its car/truck parts from one-hundred suppliers. It gets its transmissions in Germany. Some Fords are up to 90% American-made, in terms of parts. Others are far lower.

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G.I. Joe

Original Headquarters: Pawtucket, RI

Purchased By: Hasbro

Country: China, Taiwan

G.I. Joe was originally called "America's Movable Fighting Man," and it was based on the American military. Now, Hasbro owns the G.I. Joe brand, which has expanded into a line of action movies, TV shows, and video games. The National Toy Hall of Fame inducted G.I. Joe in 2004. The Pop Culture Hall of Fame in-



Monopoly

Original Headquarters: Pawtucket, RI

Purchased By: Hasbro

Country: Canada, China, Taiwan

Another Hasbro product is the famous board game, Monopoly. Hasbro sold the factory that makes the game to a Belgium card-maker called Cartamundi. Cartamundi still employs the same workers. Though Monopoly was made in America, it has plants in China and India.

Hasbro has looked to cut its manufacturing in China down to 50%. It is looking to factory locations in India as a source of cheap labor. According to the toymaker, it expects to have the production cut to half by the end of 2020. Currently, it has most of its plants in the Guangdong Province of China.

©enchanted_fairy/Shutterstock.com

American Tourister

Original Headquarters: Providence, RI

Purchased By: Samsonite

Country: China

American Tourister is a luggage brand that is owned by Samsonite. It was founded nearly a century ago, but, after being bought by the larger company, it abides by their manufacturing plans. Samsonite is made in China by contracted manufacturers. American Tourister is made in China

as well, in addition to assembly plants in Nashik, India, and Hungary.

Samsonite chose to move its manufacturing out-of-country because it was facing a labor shortage in America. Samsonite is now owned by Astrum International, which is based in the Middle East. Still, despite being made out of the States, American Tourister has its headquarters right in Rhode Island, where it was founded.

@ManagerDeal / Twitter.com

ducted it in 2017.

Hasbro is located in Rhode Island, and it makes a lot of its toys in American plants, including G.I. Joe action figures. It also has plants in Hong Kong and Taiwan. China is apparently a purchaser of G.I. Joe action figures.

@specialmforce / Twitter.com



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FAMOUS MURDERS THAT REMAIN UNSOLVED

By Thomm Quackenbush

Despite what television would have you believe, not every murder is solved in under an hour. No matter how much effort police put into the cases at the time and amateur sleuths do afterward, some murders will never be solved.

That's not to say that all unsolved murders are created equal. For some, almost everything about the case is unknown: the culprit, the victim's identity, the method, the motive. On occasion, the best the police can tell the public is that someone was definitely killed, but anything after that is nebulous. With other cases, everyone knows who did it, but they managed to get acquitted or gave the police an alibi. In still others, the only reason that witnesses aren't pointing fingers at the culprit is that these fingers will be immediately cut off — along with their heads.

However, for what little good it did for the victims, sometimes being unable to solve a murder drives those left behind to improve the world so that no one else has to suffer the same fate.

Emma Goldman



Library of Congress/Wikimedia Commons

To quite a few people, Emma Goldman was a real problem. She was highly opinionated and didn't like the stratified, unequal world she saw around her. As per PBS, she was almost certainly influenced by the turmoil of her childhood spent in post-Revolutionary Prussia and Russia. After she moved to the United States in 1885, she found herself horrified by the violent pushback against labor organizers working to improve their station, as well as the seemingly endless drudgery of her life as a garment worker. So, Goldman became an anarchist.

Just about any government official is going to be wary of anarchists, given how the former are often calling for the dismantling of government and oftentimes in a vehement, attention-getting fashion. It didn't help that Goldman was charismatic, well-spoken, and willing to engage in violence. She was party to the attempted killing of businessman Henry Clay Frick and reportedly inspired President McKinley's assassin, Leon Czolgosz (via PBS). Though Goldman claimed that she didn't want to be violent, she often seemed to come out in favor of it anyway.

Her outspoken nature and anarchist ideals meant that Goldman was frequently deemed to be dangerous. According to the Jewish Women's Archive, she was often arrested and sometimes banned from lecturing, lending further fuel to her fight for freedom of speech. Goldman also advocated for other then-shocking notions, including women's suffrage, unionizing, and sexual freedom.

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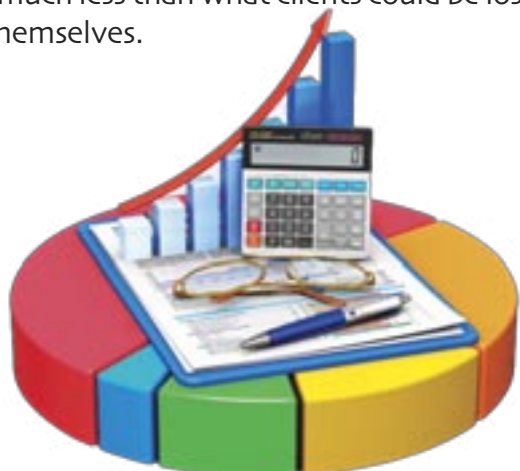
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MY DAD HAS WON 3 CHILI COOK-OFFS—HERE ARE HIS SECRETS TO THE BEST TEXAS CHILI



Allrecipes

Everything is better in Texas, including chili.

My dad isn't originally from Texas, but take a bite of his chili, and you would never know.

How can I say this so confidently? Because he has the experts fooled. With several Texas chili cook-off wins under his belt, my dad has proven that his recipe beats that of those raised in the Lone Star State.

But big rewards don't come without hard work: It took years of experimentation for him to perfect his recipe. Whether you are making one to eat while watching football, or entering a chili cook-off yourself, these tips have you covered for the best bowl of Texas chili.

The Secrets Behind My Dad's Award-Winning Texas Chili

If you are worried about me sharing my dad's secrets, don't be. When I asked him if I could share the recipe, his response text included not one, but three, exclamation points. If your dad is anything like mine, you know it's a big deal to receive a text that doesn't end with a period or consists of only a thumbs-up emoji. I'll take it that he's excited to add this article to the lengthy list of reasons he can be considered a Texas chili expert.

While he has switched the base recipe up for his chili over the years, my dad's go-to chili recipe is Lady Bird Johnson's Pedernales River Chili. Allrecipes' Texas chili is pretty similar.

Regular Texas chili is good, but you don't win chili cook-offs without going above and beyond. So, here are the secrets that take my dad's chili from yummy to exceptional.

Swap Ground Beef for Brisket

His biggest tip is to replace the ground beef with brisket. While ground beef is fine, brisket is exceptional. Typically, the brisket he uses is leftover from grilling it for dinner the night before. As grilling is his other area of expertise, making chili is a great way to use precious meat—and have delicious dinners several nights in a row.

There are a few different ways to get your hands on some brisket. My dad would insist on making it yourself—this is Texas, after all—but you have a couple of alternatives, such as buying it precooked or, more preferably, befriending a Texan who makes good brisket.

Let the Chili Simmer

My dad says he lets his chili simmer for around eight hours for optimal flavor. Don't worry about overcooking your brisket: As long as you don't run out of liquid, he says, you can't overcook it.

Letting the chili cook for this long takes basically no work, but my dad recommends that you keep this secret to yourself. Instead, tell everyone you are busy cooking for eight hours when, in reality, you are watching football and casually stirring your chili. After all of this "hard work," you'll have a bowl of chili as a reward. It's a win-win!

Replace Water With Beer

Sometimes, my dad will replace the water in his recipe for beer. While the alcohol cooks out, the

ENTERTAIN IN STYLE WITH A SAVORY DESSERT

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Begin building tiny, healthier practices into routines you already have to help make it easier to establish habits you can stick to. This concept is called "habit stacking," and it can help you improve habits from morning to night.

Consider those busy mornings when you need an on-the-go solution – rather than opting for sugary foods and drinks, turn to Green Tea Berry Banana Smoothies that include unsweetened green tea. When incorporated as part of an overall healthy diet, unsweetened tea can support heart health.

This no-sugar-added recipe from Lipton, a proud national sponsor of the American Heart Association's Life is Why campaign, can

help you enjoy healthier mornings while checking emails or hydrating before heading to the office.

Choosing beverages with no added sugars can contribute to a healthy heart, according to the American Heart Association, making these smoothies perfect for building into a morning routine. Because it's predominantly water, which is needed to keep your body running at its best, unsweetened tea provides a delicious way to hydrate without ditching those healthier habits.

Visit [Heart.org/eatsmart](https://www.heart.org/eatsmart) to find more habits that contribute to heart health.

Recipe courtesy of the American Heart Association



CLICK HERE Watch video to see how to make this recipe!

Green Tea Berry Banana Smoothies

Servings: 4 (1 1/2 cups per serving)
 3 cups water
 8 single-serving green tea bags
 16 ounces frozen mixed berries (about 3 cups)
 2 medium bananas, peeled, cut in half and frozen
 1 cup fat-free plain Greek yogurt
 2 teaspoons fresh-grated peeled gingerroot (optional)
 2 teaspoons vanilla extract (optional)
 2 teaspoons chia or flax seeds (optional)

In small saucepan over high heat, bring water to boil. Remove pan from heat. Submerge tea bags. Steep 4 minutes. Discard tea

bags. Let tea mixture cool 30 minutes. Pour into pitcher. Refrigerate 2 hours, or until chilled.

In food processor or blender, process tea, berries, bananas and yogurt until smooth. Add gingerroot and vanilla, if desired, and process until smooth. Pour into four glasses. Sprinkle with chia seeds, if desired.

Nutritional information per serving (without optional ingredients): 136 calories; 1 g total fat (0 g saturated fat, trans fat, polyunsaturated fat and monounsaturated fat); 3 mg cholesterol; 23 mg sodium; 29 g carbohydrates; 5 g fiber; 18 g total sugars (0 g added sugars); 8 g protein

beer leaves behind flavor. In keeping with the Texas theme, my dad insists on using Shiner Bock. He says he is scared a Texas chili will "reject" a non-Texas beer.

While you probably could use up a cheap or unwanted beer for this recipe, my dad says the beer does need to be good enough that you can drink one while you "cook" your chili for eight hours. This recipe doesn't take an entire six-pack, after all...

Do Not Add Beans—Ever

A chili can't be considered Texas chili with the addition of beans. My dad insists on this—absolutely no beans go into his chili. This might be con-

troversial for chili fans outside of Texas. But, the reasoning behind it is that adding them distracts from the star of the meal: the meat. Make your chili to your preferences, but know that it wouldn't be wise to serve chili with beans to a Texan and call it chili—especially if that Texan is my dad.

Top With Fritos and Enjoy

My dad always tops his chili with Fritos. I like to use them as a base for my chili like a Fritos pie, which means the scoop-shaped Fritos are the optimal choice here. Add a little sour cream and cheese and you are ready to enjoy your Texas chili.

Read the original article on All Recipes.

LAST CALL: These Chain Stores Are Closing Locations in 2023

The retail sector can often be fickle, even when the company is loved and established. Some of the titans in the industry have faced tough times in recent years, with even the seemingly infallible ones shuttering locations for good.

From Aldi to Costco, Walmart, and even designer stores, it looks like no one is safe. Business status can change on a dime, but let's see which household names are closing the doors for good in 2023. Will your local store be next – or has it managed to escape the retail apocalypse?

Bloomingdale's

Year Established: 1861

Store Closures: 1

Like many other stores, Bloomingdale's temporarily stopped operations at all of its locations in the spring of 2020. As the year progressed, the luxury American Department store began a gradual re-opening plan. The economic downfall that resulted from the months of closure was not kind to Bloomingdale's.

As of 2022, although Rachel Green's favorite clothing store is yet to return to its former glory, the Macy's subsidiary has re-opened many of its locations. Only one Bloomingdale's has permanently closed thus far — the location that was formerly located at Santa Monica Place in Santa Monica, California.

©Michael Gordon/Shutterstock.com

Sbarro

Year Established: 1956

Store Closures: 300+

Founded in Brooklyn, New York, in 1956, Sbarro has been specializing in 'New York Style' pizza for over half a century. At the height of its popularity in the early 2000s, the pizza chain served customers at more than 600 locations, but that number began to dwindle rapidly over the following decade.

With fewer people dining at mall food courts, by 2016, Sbarro had just 318 retail locations remaining. The economic crisis of 2020 forced the closure of dozens more of the pizzerias. Interesting fact: The busiest Sbarro location

was located in the World Trade Center mall before it was destroyed in the attacks of 9/11.

@_AlohaMrHand/Twitter

Century 21

Year Established: 1961

Store Closures: 13

Century 21 (the department store chain, not the real estate agency) has been part of the American retail world since 1961. Never one of the giants of its industry, Century 21's 13 retail locations had a loyal customer base scattered across the Northeastern States that were disappointed to hear of the discount shop's bankruptcy in December 2020.

After more than a year of hoping, Century 21's longtime customers have finally received some good news. The company's founders, the Gindi Family (along with a private investor), re-purchased Century 21's intellectual property for just \$9 million in 2021. The location in lower Manhattan is scheduled to resume business as usual sometime in 2023.

©rbfmr/Shutterstock.com

Abercrombie & Fitch

Year Established: 1892

Store Closures: 137

Founded in 1892, Abercrombie & Fitch has provided Americans with casual wear for over a century. Over the past few decades, mall-based locations have begun popping up everywhere, and by 2020 there were more than 800 Abercrombie stores globally. Since 2020, expansion has slowed to a crawl.

At times, it actually went in reverse. If you're like the 90s American pop band LFO, and you like people "that wear Abercrombie & Fitch," you won't be too pleased to find out 137 retail locations ceased operations in 2020. Amazingly, those 137 stores accounted for more than 1.1 million square feet of prime real estate in some of North America's largest cities.

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MYTH FIVE:

"If I outlive my life expectancy, the lender will evict me."

MYTH SIX

"A reverse mortgage will affect my government benefits."

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MLB UMPIRE NICK MAHRLEY CARTED OFF FIELD AFTER GIANCARLO STANTON'S BROKEN BAT HIT HIM IN THE HEAD



AP Photo/Bryan Woolston

Yahoo Sports / JASON OWENS
August 25, 2024 at 1:41 PM

MLB umpire Nick Mahrley left Sunday's game between the Colorado Rockies and New York Yankees after being hit in the head with a broken bat.

Mahrley was conscious and able to move his arms as he was placed on a stretcher with his head and neck in a brace. The nature of his injury and condition wasn't immediately clear.

The incident happened in the bottom of the fifth inning with the Yankees leading, 4-3. Yankees designated hitter Giancarlo Stanton hit a broken-bat single into left field off Rockies starter Austin Gomber.

The barrel of Stanton's bat snapped off at the handle and rotated around to hit Mahrley in the neck and the side of his head, knocking his facemask off.

Mahrley fell to his knees in pain, but maintained consciousness. He was eventually placed on a stretcher. He was able to raise his arms while he was being placed on the stretcher before he was taken off the field for medical evaluation.

Stanton's hit loaded the bases with one out. The game went into a delay as crew chief Marvin Hudson changed into protective gear to take over at home plate. The Rockies recorded consecutive outs when play resumed to get out of the inning without a Yankees run with the bases loaded.

The Yankees went on to a 10-3 win on a day where they hit five home runs.

RFK JR.'S SISTER BLASTS HIM FOR 'INEXPLICABLE EFFORT' TO 'SET FIRE TO MY FATHER'S MEMORY'

The Hill / LAUREN SFORZA

Robert F. Kennedy Jr.'s sister blasted him for his endorsement of former President Trump, saying that it is an "inexplicable effort" to tarnish their father's memory.

Kerry Kennedy, the sister of the former presidential candidate, ripped her brother for embracing Trump on MSNBC's "Inside with Jen Psaki." Her brother threw his support behind Trump on Friday after suspending his own campaign.

"So I'm outraged and disgusted by my brother's gaudy and obscene embrace of Donald Trump. And I completely get out and separate and dissociate myself from Robert Kennedy Jr. in this flagrant and inexplicable effort to desecrate and trample and set fire to my father's memory," Kerry Kennedy said Sunday.

Members of Robert F. Kennedy Jr.'s family, including Kerry Kennedy, spoke out Friday against his endorsement of the former president in a statement, saying that it was "a betrayal of the values that our father and our family hold most dear."

Kerry Kennedy reiterated Sunday her support for Vice President Harris and Minnesota Gov. Tim Walz (D). She said her father "would have detested almost everything Donald Trump represents" if he was alive today.

"I think ... the stakes this November couldn't be higher, which is exactly why my whole family will be fighting so hard to reelect Kamala Harris and Coach Walz, who've been champions for the values that my family has fought for, for years," she said.

"Donald Trump is the polar opposite. He's a threat to most basic freedoms that are core to who we are as Americans, the right for women to control our bodies, the right to live in communities safe from gun violence, to love who you love," she added.

His family has regularly dismissed RFK Jr.'s independent candidacy since he first launched his presidential bid last year. Kerry Kennedy also emphasized the importance of November's election and ensuring that Trump is defeated.

"I think that Donald Trump is incredibly dangerous to us. And I think what Bobby has done here is anathema to everything. Not only [what] our family stands for, but what Bobby has given his life to. You know, he spent so many years out there working on protecting the environment. And that's the opposite of what Trump plans to do," she said.

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Cookies, Cocktails & WOMEN

Snickerdoodle

Ingredients

Cookies:

1 ½ cups white sugar
 ½ cup butter, softened
 ½ cup shortening
 2 large eggs
 2 teaspoons vanilla extract
 2 ¾ cups all-purpose flour
 2 teaspoons cream of tartar
 1 teaspoon baking soda
 ¼ teaspoon salt

Cinnamon-Sugar Coating:

2 tablespoons white sugar
 2 teaspoons ground cinnamon

Directions

Preheat the oven to 400 degrees F (200 degrees C).

Make cookies: Beat sugar, butter, shortening, eggs, and vanilla in a large bowl until smooth and creamy.

Whisk flour, cream of tartar, baking soda, and salt together in a separate bowl. Gradually mix dry ingredients mixture into the wet ingredients just until combined. Shape dough into walnut-sized balls.

Make cinnamon-sugar: Combine sugar and cinnamon in a small bowl or zip-top plastic bag.

Place dough balls in cinnamon-sugar and roll or shake until coated. Place 2 inches apart on ungreased baking sheets.

Bake in the preheated oven until set but not too hard, 8 to 10 minutes, switching racks halfway through.

Remove from the oven and immediately transfer to wire racks to cool.



ELIZABETH CADY STANTON

Elizabeth Cady Stanton (1815-1902) – early feminist, civil rights activist and women’s rights advocate.

Elizabeth Cady Stanton was an influential figure in the civil rights movement of the Nineteenth Century. Stanton advocated the end of slavery and equal rights for women and black Americans. After the American civil war, Stanton became increasingly focused on the issue of female suffrage and feminist issues. She was a strong supporter of the Temperance movement and was also critical of organized Christianity for relegating the role of women. She wrote influential pamphlets and books, including: Declaration of Sentiments and Resolutions (1848) A Petition for Universal Suffrage (1866) History of Woman Suffrage (1881-1922) The Woman’s Bible (1895-1898) She is considered by many to be one of the key founders of the women’s rights movement in the US.



Wikipedia

Whiskey Ginger Cocktail

by Judy

I’m not a whiskey lover, my liquor of choice is typically vodka, but I have to admit this Whiskey Ginger Cocktail just may change that routine!

INGREDIENTS

2 oz. whiskey
 1/2 lemon, juiced
 1 tbsp. maple syrup
 2 dashes bitters
 ginger beer

INSTRUCTIONS

Combine whiskey, lemon juice, maple syrup and bitters in cocktail shaker filled with ice. Shake well. Pour into glass filled with ice and top off with ginger beer. Garnish with mint or lemon slice, if desired.



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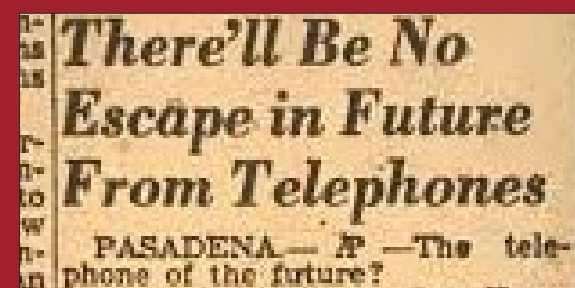
Bill Hemmer is a big name in the media as an anchor for Fox News Channel, although he was previously known for being a part of the CNN team. He’s currently hosting America’s Newsroom and is doing a pretty good job of it. With a successful career, Bill seems to know how to handle his finances well, and that’s very much obvious if you have a good look at his residence.

While Bill made a bold career move, switching from CNN to Fox News, he purchased this lovely home in Sag Harbor and has been loving it ever since. It was built just two decades ago which means it’s a modern house and covers an area of around two acres and has four bedrooms.

HISTORICAL PHOTOS



A Japanese commuter train early in the morning.



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From the Editors of
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Magazine

Dear EarthTalk:

What's the most effective way to remove pesticide residues from fruits and vegetables that I buy at the supermarket?

~ R.L.J., Kansas City, KS

For many decades now, pesticides have been a vital tool for farmers to ensure that their harvests aren't overgrown by weeds or eaten by pests. As a

result, pesticides remain prevalent today, in spite of the many health risks that pesticide residues still pose to people consuming fruits and vegetables. It's worth noting that the U.S. Food and Drug Administration (FDA) has placed limits on the amount of pesticide residue found on produce—called “tolerances”—to ensure that people will most likely not be impacted by harmful “persistent organic pollutants” (POPs) such as glyphosate and atrazine. However, it's still important to make individual efforts to clean produce to further protect your personal health and safety.

A recent report from the American Chemical Society analyzed data provided by the U.S. Department of Agriculture (USDA) and found that 20 percent of 59 different produce categories posed significant health risks to consumers despite current pesticide limits. The researchers developed new methods for finding and removing traces of pesticides from produce, as they found that traditional methods of cleaning produce were insufficient. Most notably, the report posits that pesticides go beyond the produce's surface to leach into the food, meaning that washing

may allow chemicals to form more complex, equally dangerous chemical compounds, so always follow soaking with thorough rinsing. Finally, peeling or boiling produce can be highly effective in removing residues, though you will suffer a loss of nutrients.

Of course, the only way to significantly reduce your exposure to food-borne synthetic chemicals is by buying organic, as organic foods are not grown with the assistance of hazardous pesticides. You might have to pay a little more, but isn't your health and peace of mind worth it?

CONTACTS:

National Pesticide Information Center's Advice For Removing Pesticide Residue
<http://npic.orst.edu/faq/fruitwash.html>; *Recent Scientific Report Finds That Recommended Residue*

Limits Still Too High
<https://www.theguardian.com/environment/article/2024/aug/08/clean-fruit-vegetables-pesticides>

How To Remove Pesticide Residues From Your Produce
<https://www.canr.msu.edu/news/how-to-series-removing-pesticide-residue>.

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The information contained in this column does not necessarily reflect the opinion of The Local News.



A recent report found that 20% of 59 different produce categories posed significant health risks to consumers despite current pesticide limits.

Credit: Pexels.com.

result, pesticides remain prevalent today, in spite of the many health risks that pesticide residues still pose to people consuming fruits and vegetables. It's worth noting that the U.S. Food and Drug Admin-

istration (FDA) has placed limits on the amount of pesticide residue found on produce—called “tolerances”—to ensure that people will most likely not be impacted by harmful “persistent organic pollutants” (POPs) such as glyphosate and atrazine. However, it's still important to make individual efforts to clean produce to further protect your personal health and safety.

There are varied opinions on the best methods for removing pesticide residues from produce, and no method is 100 percent effective. Rinsing produce is somewhat helpful for cleaning off dirt and germs, but soaking their fruits and vegetables in warm vinegar or salt solutions may be better; however, some sources claim that exposure to these solutions

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CA's Favorite Make-Out Spot Identified as 17-Mile Drive (Monterey)

#5 Skyline Drive, Shenandoah National Park, Virginia

Shenandoah National Park's Skyline Drive is a 105-mile road that winds through the Blue Ridge Mountains. It takes about three hours to complete the drive, depending on weather conditions and how often you stop to pucker up. They aren't kidding about the Skyline part either: you'll feel like you're driving through heaven itself as you cruise through the tranquil forests and wildflower fields.

#6 Red Rock Canyon Scenic Drive, Las Vegas, Nevada

Vegas is known for its neon lights, but those looking for a more natural spectacle can find it just outside the city. Red Rock Canyon is the quintessential vision of the American West, with otherworldly rock formations and skies that seem to stretch to infinity. If you're looking for a bit of adventure, Red Rock Canyon is perfect for hiking, rock climbing, and horseback riding. When it comes to sparking romance in Vegas, this gorgeous destination is a sure bet.

#7 17-Mile Drive, Monterey, California

Pebble Beach's scenic 17-Mile Drive meanders along the Pacific Ocean, passing forests, beaches, and golf courses. This famous highway is home to the Lone Cypress, one of the most photographed trees in the world, and a perfect spot to inspire a bit of intimacy. Watch the sunset as the waves crash against the rocks, or get cozy as you watch the seals frolic on the shore.

#8 South Mountain Park, Phoenix, Arizona

Covering more than 16000 acres, South Mountain Park includes three awe-inspiring mountain ranges. The (literal) high-point of the park is Dobbins Lookout, standing at a staggering 2,330 feet tall. While it's not quite enough for the Mile High Club, the panoramic views are the perfect backdrop for your romantic encounter.

#9 A1A Coastal Highway, Palm Coast, Florida

Stretching along Florida's Atlantic Coast, the A1A Coastal Highway is the Sunshine State's most storied road. There's no shortage of smooth stops along this route, whether you're watching a rocket launch at Cape Canaveral or roaming the streets of St. Augustine. While only 72 miles of the A1A are recognized as a scenic byway, the road doesn't stop being gorgeous as you head south toward the Florida Keys, making it one of the most varied spots on our list.

#10 Rangeley Lakes Scenic Byway, Rangeley, Maine

Following Route 4 and Route 7, this stunning drive goes around Rangeley Lake, passing through tiny towns and towering mountains. There are various lookout points along the way that are perfect for a kiss with a view, while places like Angel Falls, Coos Canyon, and the Wilhelm Reich Museum offer plenty to see and do along the route.

2 other California locations were recommended among the ultimate make-out spots in the country:

#30 Mulholland Drive, Los Angeles.

Known for its panoramic views of the city and the Hollywood Hills, this drive offers a unique perspective of LA. The city lights and scenic overlooks make it ideal for a romantic night out.

#69 Big Sur Coastline, Highway 1.

South Mountain Park offers stunning views of the city and desert landscape, with plenty of secluded spots. The combination of city lights and natural beauty makes it a perfect spot for a romantic evening.

"Whether you're planning a date or just exploring new places together, these locations offer a mix of breathtaking views, unique experiences, and romantic atmospheres that are sure to make any kiss unforgettable," says Amber Brooks, Chief Editor at DatingNews.com.

Most Beautiful Female Billionaires

It takes one several years of hard work in business to become a billionaire. Some of the young women presented in this list were lucky to have inherited billions of dollars while others have accumulated their multi-billion wealth from businesses. Interestingly, some of these women are still young in their early twenties and yet they have a personal net worth higher than budgets of some developing countries. The cash that they possess is enough for them to do whatever they want and more despite being born into very rich families.



alexandraandresen/Instagram

Alexandra Andresen

Alexandra Andresen is only 22-years-old, making her the youngest female billionaire in the world. Born and raised in Oslo, Norway, Alexandra is worth a staggering \$1.4 billion.

She is the daughter of Johan H. Andresen Jr., a Norwegian industrialist who owns Ferd AS, a finance and real estate company. Although he says he's not pressuring his daughters to join the family business, her father transferred 80% of his shares from Ferd Holding to Alexandra and her sister, Katharina.

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Restaurants Worth Crowding About

When it comes to restaurants, looks can be deceiving. Great food can come from almost any kitchen, whether the restaurant is fancy or not. It's the unassuming spots that often prepare some of the best fried chicken, maybe because fried chicken is an unassuming dish itself. We examined customer reviews and expert recommendations to find fried chicken joints in every state that offer fantastic chicken in an unpretentious atmosphere. Next time you're in the mood for Southern-style fried chicken, check out these hole-in-the-wall joints, walk-up windows, drive-thrus, truck stops, and gas stations for a bucket of fried goodness — and maybe a side of potatoes while you're at it.



Connecticut: Southington Hen House Bar-B-Q

Jim C./Yelp

Forget the barbecue in Hen House's name because fried chicken is what they're known for. The chicken is freshly fried when you order it, so while it takes a few minutes to cook, it's delivered fresh, hot, and crisp. The strip mall location with hand-painted sign above the counter isn't much to look at, but you'll be gazing at your chicken anyway.

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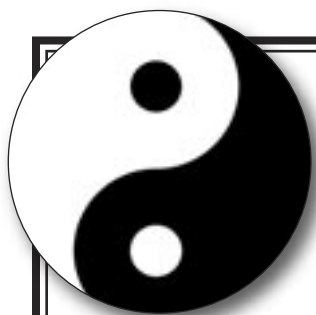
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ON THE DARK SIDE OR MAYBE THE LIGHTER SIDE...

RODENT RAMPAGE: CALIFORNIANS WARNED TO BRACE FOR RODENT SURGE FOLLOWING HEATWAVES, EXPERT SAYS

Smith's Pest Management

- Summer heatwaves have created the 'perfect storm' for a surge in rodent activity.
- Tips on how to protect your home.
- Zachary Smith available for interviews.

Californians have had to grapple with heatwaves this summer, and while these extreme weather patterns have obvious consequences, such as water shortages and increased wildfire risk, there's another, less visible threat lurking in the shadows: a surge in rodent activity.

Zachary Smith, of Smith's Pest Management, warns that "the summer heatwaves we've experienced have created the perfect storm for a surge in rodent activity. When the environment becomes too hostile for rodents in the wild, they turn to our homes for food and shelter. Unfortunately, that means an invasion is likely."

Here, he breaks down the details:

Why Drought Leads to Increased Rodent Activity

"When droughts hit, the landscape undergoes significant changes," explains Smith. "Vegetation withers, water sources dry up, and ecosystems become stressed. These conditions drive rodents to seek out new environments where they can find the resources they need to survive—namely, food and water. Your home, with its reliable water supply and food sources, becomes an attractive target." Rodents, particularly rats and mice, are incredibly resourceful. "In times of scarcity, they will invade homes, garages, and outbuildings, searching for sustenance," Smith adds. "The lack of natural food sources and diminishing populations of predators, such as birds of prey, exacerbate the problem, allowing rodent populations to grow unchecked."

Signs of a Rodent Infestation

It's important to be vigilant and recognize the early signs of a rodent infestation. Smith notes, "The sooner you identify a rodent problem, the easier it is to handle it before it becomes a full-blown infestation." Here are some common indicators:

Droppings: Rodent droppings are a telltale sign of an infestation. These are often found near food sources, in cupboards, or along baseboards.

Gnaw Marks: Rats and mice constantly gnaw on objects to keep their teeth sharp. Look for gnaw marks on food packaging, furniture, and wires.

Nests: Rodents build nests from shredded paper, fabric, and other soft materials. These nests are usually hidden in dark, secluded areas like attics, basements, or behind appliances.

Scurrying Sounds: You might hear scratching or scurrying sounds in the walls, especially at night when rodents are most active.

Footprints: In dusty areas, you may notice small footprints or tail marks.

Protecting Your Home from Rodent Infestations

"Preventing a rodent infestation is always easier than dealing with one after it's taken hold," advises Smith. Here are some steps you can take to protect your home:

Seal Entry Points: Inspect your home for any gaps or cracks that rodents could use to enter. Pay special attention to areas around doors, windows, and pipes. Even a small opening can be an entryway for mice or rats.

Remove Food Sources: Store food in airtight containers, clean up spills immediately, and ensure that garbage is properly sealed and disposed of regularly.

Eliminate Water Sources: Fix leaky pipes, dripping faucets, and remove standing water where rodents could drink.

Trim Vegetation: Keep shrubs, trees, and other vegetation trimmed back from your home. This reduces the number of hiding places for rodents near your house.

Use Rodent Traps: Set traps in areas where you've noticed rodent activity. This can help to control populations before they become unmanageable.

"The combination of heatwaves and drought is likely to lead to a rise in rodent activity across the country. By taking proactive steps now, you can reduce the risk of an infestation and protect your home," adds Smith. "Don't wait until it's too late. The time to act is now."

All content is free to use. Please credit Smith's Pest Management with a link if you use these insights. This helps us continue to provide you with valuable content in the future. Opt out of emails here.



KANSAS CITY CHIEFS OWNER'S DAUGHTER IS TAKING FANS BREATH AWAY WITH HER LAVISH DORM ROOM – SEE THE PICS

The Today Show / FRANCESCA GARIANO

Tavia Hunt, the wife of Kansas City Chiefs CEO and part-owner Clark Hunt, gave a glimpse of her daughter's decked out dorm room.

In an Instagram post from Aug. 23, Tavia Hunt shared a series of photos from her youngest daughter Ava Hunt's dorm room at Southern Methodist University, which received a massive makeover.

The room's complete transformation included a vanity with mirrored drawers, pink floral bedding and matching tufted stools, pink neon signs with her name

above her bed, and other pink decor and items.

Accompanying the photos of her daughter's gorgeous dorm room, Tavia Hunt penned a heartfelt note in the caption reflecting on the moment of dropping her youngest child off at college.

She and Clark Hunt also share daughter Gracie Hunt, 25, and son Knobel Hunt, 22.

"Today, I left a piece of my heart at SMU," the mom-of-three wrote in the caption. "Ava Hunt, you've always been a mix of sunshine and hurricane — fierce, fearless, and capable of incredible things. I'm overflowing with excitement for you, even as I tuck away my tears for later."

Tavia Hunt shared the emotions of having her daughter no longer at home, writing that "the house is too quiet" without her laughter and the scent of her favorite perfume.

"I know you'll return often, and that this marks a new adventure and freedom for both of us ...yet, I whisper earnest prayers for your safety, wisdom, and for a tribe of new sisters who love Jesus and love you," she added. "May God bless you and watch over you — He has never failed me, nor

will He fail you."

Tavia Hunt expressed her excitement for her daughter to have new experiences and learn new lessons as she embarks on her college experience, adding, "Watching you shine your light and grow into the most beautiful version of yourself makes my heart beat a little happier."

"You've worked so hard to get here," she wrote. "Everything that you do from here on out is for you—for your success, happiness, and God's glory."

Tavia Hunt ended her caption with a touching sentiment, sharing advice and a note to her daughter, writing, "Stay safe. Get sleep. Have faith in yourself. And remember, Mom and Dad are ALWAYS here when you need us."

Tavia Hunt's post struck a chord with fellow parents, both for the emotional moment of dropping a child off at college, and for the stunning dorm room decor.

"Love all the decor!!! I missed all this with 3 boys!" one commenter on Instagram wrote. "I moved my son in to his dorm 2 weeks ago and I was lucky he let me buy him a nice comforter!"

Another Instagram user said it was the "best dorm room" they had ever seen, before adding, "I love it you guys!!! Ava Congratulations, have the best time and call your mom...a lot."

"I can't imagine dropping my baby at college!" one commenter wrote, before adding, "Her decor is so cute!!!!!"

One user wrote, "Possibly the cutest dorm room ever!!!"

"Fabulous room ladies," another commenter wrote. "Difficult parent moments kindergarten and college."

Even Ava Hunt chimed in on her mom's post, writing in the comments, "I'm not crying you are."



Tavia Hunt / Instagram



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**Bob S.
and The Local News!**

These Actors Epically Played Real People in These Films

Erika Burch

When an actor plays a role, he or she does everything in their power to really get into it, to feel as that person would feel, and to portray those feelings on the film.



Alamy Stock Photo

Lady Sings the Blues (1972)

Sidney J. Furie directs this 1972 film that tells the story of the life of Billie Holiday, portrayed by Diana Ross. It centers around her struggles and heavy drug use, throughout the majority of her young life. Nicknamed Lady D, Holiday had a major influence on jazz music and pop singing. Her vocal style, strongly by jazz instrumentalists.

The film was produced by Motown Productions, and was based on her 1956 autobiography of the same name. It earned over \$9 million and received mostly positive reviews, with Roger Ebert giving it three out of four stars and saying that Ross gave one of the best performances of the year.



Alamy Stock Photo

Chaplin (1992)

Charlie Chaplin was a legend in the film industry. Most famous for his work on silent film, Chaplin tells the story of the British entertainer's life, told in the form of flashbacks from the words of his own mouth as he talks to the editor of his autobiography. The actor and filmmaker created the iconic "tramp" character of the silent era. He then went onto create more hugely famous films like "The Great Dictator" and "Limelight."

Robert Downey Jr. plays the grownup version of the comedian in the motion picture, which in '72 at the end of the movie, we see receive a Lifetime Achievement award. The film was nominated for several awards, including three Academy Awards, Best Actor, Best Art Direction, and Best Original Score.



Alamy Stock Photo

Soul Surfer (2011)

AnnaSophia Robb stars in this 2011 biographical drama based on the life of Bethany Hamilton. Hamilton was a surfer who, in 2003 at the age of 13, was horrifically attacked by a shark, which caused her to lose her left arm and more than 60% of her blood. She survived to tell the tale. Helen Hunt and Dennis Quaid share the screen with Rob for the production which grossed nearly \$48 million on an \$18 million budget.

Although the film did well at the box office, the receipt mixed reviews from audiences and critics alike. As of now, it sits at just a 46% approval rating on Rotten Tomatoes. The film was most popular with young audiences, which resulted in two nominations at the Teen Choice Awards.

The Most Valuable Collectors' Items in History

By Audrey Kyanova

We've all heard the stories about someone stumbling upon a valuable comic or knick-knack in a Salvation Army, or the family who moves into a new house only to find a wine cellar below the floorboards worth a fortune.

Anything from baseball cards or vintage Coca Cola cans to stuffed toys or even ticket stubs from legendary concerts, could be the items worth millions. You never know what items are lurking in your basement or your local thrift store that could be worth big bucks to a collector.

Read on to discover a list of some of the most valuable collectible items of all time. You never know, it might be time to bring out the stepladder and venture into the attic. You could have been sitting on a dusty goldmine for decades, blissfully unaware.

Madame Alexander Eloise Doll

Maker: Madame Alexander

Original Price: \$200*

Worth Today: \$5 million*

There are same-name versions of this doll on sale on Amazon and at Walmart for \$136, but nothing beats the original, as far as the price goes. One of the world's most expensive toys, the Madame Alexander Eloise Doll is worth \$5 million, if it's the original, limited-edition version. Madame Alexander, a famous dollmaker, created just five of these Eloise dolls.

The doll is super pricey because of what it's wearing, in addition to its exclusivity. Eloise is wearing nine carats' worth of diamonds, Oscar de la Renta fur, Katherine Baumann accessories, Christian Dior clothes, and Swarovski crystals. Eloise comes with a little, stylish dog as her companion.

@sharon baldwin / Pinterest.com



Transformers #1 Signed by Stan Lee

Maker: Marvel

Original Price: \$0.10*

Worth Today: \$9,500*



Even replicas of the Transformers #1 comic have been known to be worth \$50, so an original version signed by Stan Lee himself? A gold mine. Signed original copies of Transformers #1 have reached nearly \$10,000 at auction.

Released in 1984, Transformers #1 was one of eighty issues released. The comics ran from September of 1984 to January of 1991. The second generation followed in 1993. The first Transformers comic remains one of the best, most famous comics from the Transformers series. Though it was supposed to be just a four-issue limited series, fans responded so well to the comic books that it went on for eighty issues.

@Comics / Pinterest.com

1935 Fortune Board Game

Maker: Parker Brothers

Original Price: \$1*

Worth Today: \$1,360*

Made by Parker Brothers, the full name of Fortune was Fortune: The Game of Trading and Speculation. Just by looking at it, you can easily see the resemblance to the modern Monopoly game. Just 5,000 of these pre-Monopoly games were created. Parker Brothers produced Fortune before the company got proprietary rights to make Monopoly.

At the time Fortune was made, the Parker Brothers only had a Darrow file for the patent. They didn't want to risk the patent not going through, so Fortune was a place-holder. Because of the game's rarity (and the fact that it's hard to find one in good condition, as they were produced in 1935), Fortune is now worth over \$1,000 on auction sites.

@worthpoint / Twitter.com



MOST Beautiful ACTRESSES OF ALL TIME

BY HEALTH DISCOVER TEAM

From the golden era of Hollywood to the modern spotlight, American women have left an indelible mark on the world with their timeless beauty. Explore the most beautiful American women, from the Golden Era of Hollywood to the latest pop culture icons and traverse through time to pay tribute to these iconic figures and their beautiful selves!

VIVIEN LEIGH (1913–1967)

Best known for her portrayal of Scarlett O'Hara in 'Gone with the Wind', Leigh's beauty and talent are etched in cinematic history.



With the roaring success of her film career, Leigh went on to play several acclaimed characters such as Blanche DuBois in the stage production as well as the film, 'A

Streetcar Named Desire'.

This role in particular brought her immense critical acclaim, winning her a second Academy Award for Best Actress but Leigh, famously, shared that she had mixed feelings about the role—calling it the role that “tipped me over into madness”.

This was also quite emblematic of Vivien Leigh's later struggles with mental illness that lasted her lifetime.

BETTY WHITE (1922–2021)

The beloved actress's wit, charm, and classic American beauty made her a national treasure till the end of her days, both onscreen and offscreen. White was celebrated as an enduring cinematic presence throughout her career.

She was a pioneer of early television and was widely recognized for her vast television appearances in sitcoms. White was notably the first woman to produce a sitcom and also star in it—'Life with Elizabeth'—which ran for two years from 1953 to 1955.



Apart from her impressive career spanning seven decades, Betty White was an ardent supporter of many social causes such as animal welfare, racial equality and LGBT rights.

Doris Day (1922–2019)

The iconic actress and singer's wholesome beauty and talent left a lasting impact on the entertainment industry. Widely known for her solo career, spanning two decades and 650 songs, Doris Day was also one of the biggest Hollywood stars of her era.

She starred in a multitude of films, across genres, and ended her film career on at the height of her fame and pivoted to her own television sitcom, 'The Doris Day Show', that ran from 1968 to 1973.



Apart from her illustrious film career, Day was also an ardent advocate of animal welfare and actively engaged in bringing

awareness to and raising funds for HIV/AIDS research.

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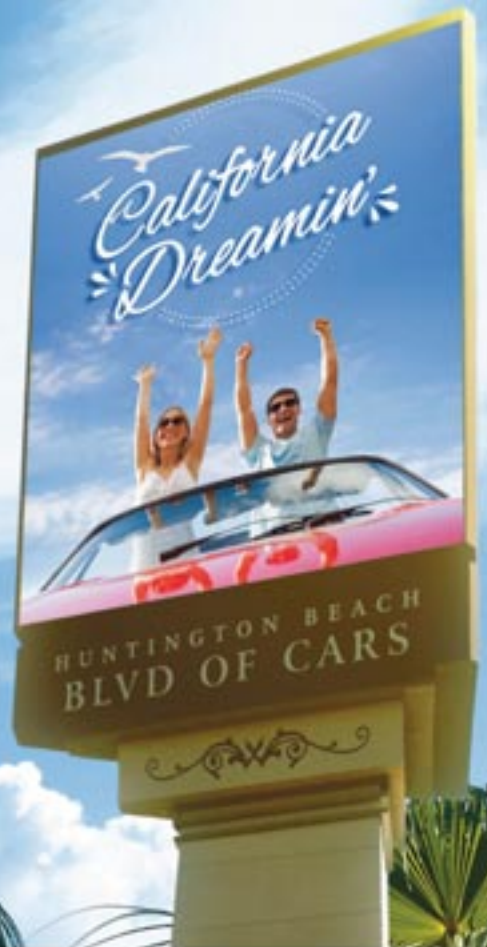
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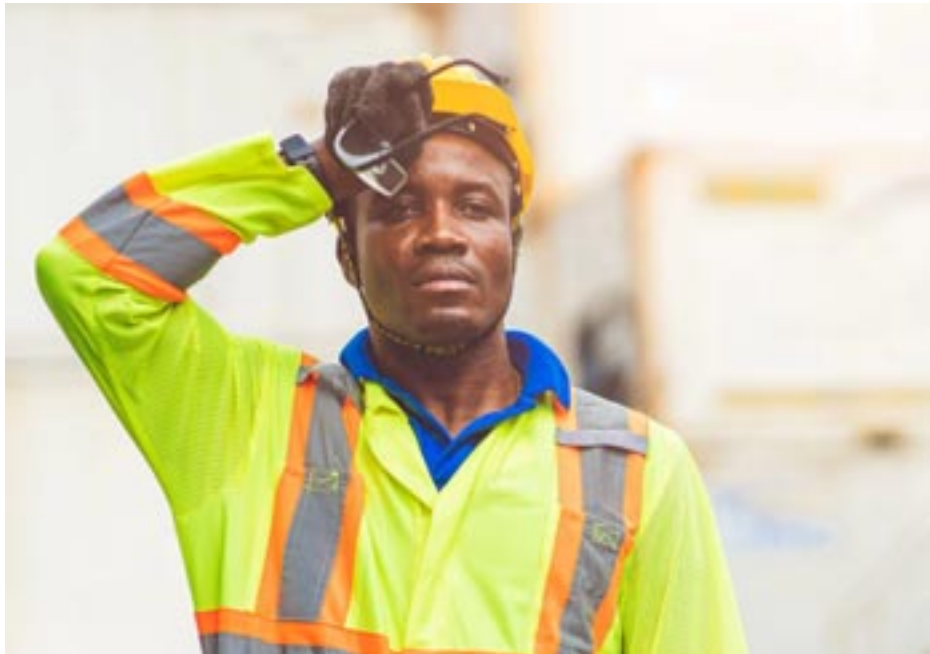
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California is the 4th Safest State for Outdoor Workers



Which states take “safety first” seriously for outdoor jobs? With the Occupational Safety and Health Administration’s (OSHA) recently proposed rule for federal heat protections, Lawn Love ranked 2024’s Safest States for Outdoor Workers.

How does California stack up in some key metrics (1st = Safest)?

- Whistleblower Retaliation Rights - 1st
- Average Number of Very Cold Days - 4th
- Access to Hospitals - 2nd
- Union Membership Rate - 6th
- Crime Rate - 9th

To come up with our ranking, we compared all 50 states and the District of Columbia based on 5 categories. We looked at legislation protecting workers from extreme weather conditions, whistleblower retaliation rights, and employment benefits. We also considered the number of work-related injuries and fatalities, in addition to climate, among 26 total metrics.

Read the full story here: <https://lawnlove.com/blog/safest-states-outdoor-jobs/>

Armand Duplantis breaks his own world record in pole vault — three weeks after setting it at the Olympics



Three weeks after earning a gold medal and setting a world record at the 2024 Paris Olympics, Armand Duplantis keeps making history. On Sunday, the 24-year-old Swedish pole vaulter set yet another world record at the Diamond League Silesia, a track and field event held in Chorzow, Poland.

Duplantis cleared a height of 6.26 meters to win gold and break his own world record for the third time this season. Sunday’s first-place finish marks his fourth straight Diamond League gold.

Duplantis, who was born and raised in Louisiana, competes for Sweden internationally; his father is an American pole vaulter, while his mother is a Swedish heptathlete.

The young pole vaulter made a splash at the Olympics, picking up an iconic Paris Olympics celebration on his way to earning a gold medal — his second consecutive gold, after winning the Olympic title in Tokyo. But after securing a first-place finish and breaking an Olympic record in Paris, he didn’t stop there: Duplantis kept going for the record, clearing 6.25 meters and breaking his own record by a centimeter.

On Sunday, he did it again, clearing his old record by a centimeter. Duplantis, who went pro in 2019 after one year at LSU, has now broken the world record 10 times in the past four years of competition. His first time was in February 2020, when he set a record of 6.17 at the Copernicus Cup in Toruń, Poland.

LAKE MARY, FLORIDA WINS LITTLE LEAGUE WORLD SERIES OVER CHINESE TAIPEI IN EXTRA INNINGS ON WALK-OFF BUNT, ERROR

CRAIG MEYER, USA TODAY NETWORK
The winning play in the 2024 Little League World Series didn’t come on a walk-off home run, a line drive that led to a dramatic play at the plate or a pressure-packed strikeout with a full count.

Rather, it was a bunt. With the score deadlocked at one in extra innings of the event’s championship game, Lake Mary (Florida) Little League’s Hunter Alexander laid down a bunt along the first base line. A play that was meant to advance teammate Lathan Norton from second base with no outs turned out to be something much more.

Chiu Wei-Che, the pitcher for opposing Chinese Taipei, ran off the mound, scooped up the ball and threw to first base to try to record the out. The problem, though, was his first baseman, in an apparent moment of miscommunication, abandoned his post, meaning the pitcher threw the ball to an unoccupied bag, allowing Norton to score the game-winning run in a 2-1 victory for Lake Mary.



CLICK HERE
to watch the full play video



Photo by Andrzej Iwanczuk/NurPhoto via Getty Images

Spectacular Autumn Colors Featured on Stamps

HARTFORD, CT — A dedication ceremony for the Autumn Colors stamps was held today in partnership with the American Philatelic Society at the Great American Stamp Show in Hartford, CT. The stamps feature the wonderful splendor of nature's annual color change.

The 10 stamps feature images by renowned na-

Heather Dyer, the USPS chief information security officer who spoke at the event, said the stamps will bring the beauty of fall to customers' mailings.

"Growing up in Maine, I always loved 'leaf peeping' season and the vibrant colors signifying the change of seasons. As summer fades, I love watching the trees in our mountains, forests and

to the classic autumn colors of orange, red and yellow, the photographs show flashes of vermilion, ocher, violet and cobalt in different landscapes.

There are many beautiful places across the United States to experience the wonders of autumn colors. New England attracts millions of visitors each year because weather conditions provide the



ture and garden photographer Allen Rokach (1941-2021), who often used what he called the "Rokach effect," a technique that gives photos an impressionistic cast.

"Every year, millions of Americans seek the beauty of leaves turning from coast to coast in the fall. Thanks to the talents of photographer Allen Rokach, these stamps allow us to preserve and share one of nature's most amazing canvases year-round," said Scott English, executive director of the American Philatelic Society.

who said, "Stamps adorned with the rich colors of fall leaves are a perfect homage to the season's splendor. They remind us of nature's tapestry, capturing moments of change and reflection and creating a deep emotional connection. These stamps are not just pieces of paper; they are miniature masterpieces, reminding us of the simple yet profound joys that autumn brings into our lives."

The pane of 20 Autumn Colors stamps shows a portfolio of brilliant photographs taken in a variety of locations around the United States. In addition

backyards transform into the rich shades of red, purple, yellow and orange that make autumn so special," she said.

Other speakers included Emmy-winning TV host Richard Wiese, president emeritus of the Explorers Club,

optimal environment for the range of intense colors so characteristic of this region. Autumn leaves along the Blue Ridge Parkway and Maryland's Eastern Shore follow the patterns of their leaf cousins in the Northeast, albeit with a later start date in some areas, depending on the elevation.

Other places to note spectacular fall colors include Aspen, CO, named for the golden aspens that surround this Rocky Mountain town; Taos, NM, and the surrounding desert; the Great Smoky Mountains; and the Columbia River Gorge in Oregon.

Ethel Kessler, an art director for USPS, designed the stamps with Rokach's photographs.

The Autumn Colors stamps are being issued as Forever stamps in panes of 20. These Forever stamps will always be equal in value to the current First-Class Mail 1-ounce price. News of the Autumn Colors stamps are being shared with the hashtag #AutumnColorsStamps.

POSTAL SERVICE ISSUES VIBRANT NEW STAMP TO HONOR KWANZAA

What: The U.S. Postal Service continues its longstanding tradition of celebrating Kwanzaa, the annual Pan-African holiday that has united countless African American families and communities since its inception in 1966.

The first-day-of-issue event for the Kwanzaa stamp is free and open to the public. News of the stamp is being shared with the hashtag #KwanzaaStamp.

Who: Roderick Sallay, USPS director of legislative policy and strategic development

When: Wednesday, Sept. 25, at 12:30 p.m. EDT

Where: Sen. John Heinz History Center
1212 Smallman Street
Pittsburgh, PA 15222

RSVP: Attendees are encouraged to register at: usps.com/kwanzaastamp.

Background:

Kwanzaa, observed from Dec. 26 to Jan. 1, celebrates family, community and culture. Rooted in ancient and modern first-harvest festivals, Kwanzaa incorporates traditions from across the African continent to foster unity and pride.

Centered around the holiday's seven founding principles — unity (umoya), self-determination (kujichagulia), collective work and responsibility (ujima), cooperative economics (ujamaa), purpose (nia), creativity (kuumba), and faith (imani), the holiday emphasizes the rich heritage and aspirations of the African American community.

It is a festive time for rejoicing in the prospect of health, prosperity and good luck in the coming year. It is also a time for contemplation and recollection of past hardships, faced by both individuals and communities, and the ways in which history can inform and affect future happiness.

Ethel Kessler, an art director for USPS, designed the stamp with original artwork by Ehua Holmes.

The Kwanzaa stamp is being issued as a Forever stamp in panes of 20.

This stamp will always be equal in value to the current First-Class Mail 1-ounce price.

Postal Products

Customers may purchase stamps and other philatelic products through the Postal Store at usps.com/shopstamps, by calling 844-737-7826, by mail through USA Philatelic or at Post Office locations nationwide. For officially licensed stamp products, shop the USPS Officially Licensed Collection on Amazon. Additional information on stamps, First Day of Issue Ceremonies and stamp inspired products can be found at StampsForever.com.



TRUMP TEAM PREPARES FOR SPRINT TO NOVEMBER WITH 'ALL HANDS ON DECK' APPROACH

ALAYNA TREENE AND STEVE CONTORNO, CNN

Fresh off a week of daily counterprogramming events and an effort to steal the spotlight from his new opponent, Donald Trump and his campaign are seeking to harness that pace in the lead-up to November — with plans to aggressively ramp up the former president's schedule, hone his debate skills and cultivate a new ground-game strategy tied to the early voting states, sources familiar with the strategy shift told CNN.

The new approach is itself an acknowledgment that Trump's campaign has struggled to adapt to the fast-changing political landscape after President Joe Biden ended his campaign less than four months before Election Day.

Trump's schedule going forward will look a lot more like the past week — when the Republican nominee visited a different battleground each day — than the 20 months that preceded it. Through November, Trump is expected to hold “several events each week, if not daily,” one adviser said, while another predicted the former president will regularly visit two states in a day.

“Think Trump on steroids,” one said. “It'll be all hands on deck.”

The stepped-up schedule comes as Trump is also preparing for his September 10 debate with Vice President Kamala Harris.

The former president is quietly meeting with Republican lawmakers, policy experts and outside allies in advance of the high-stakes showdown. The “policy discussions” — the Trump campaign's version of debate prep — largely mirror the sessions the former president held in the weeks leading up to his June 27 debate with Biden, sources familiar with the meetings told CNN.

“It won't be any different this time around. It worked well for him last time. If it ain't broke, don't fix it,” a Trump adviser said.

Corey Lewandowski, to assist in the approach.

Moving forward, Trump will focus on battlegrounds where mail-in ballots will soon go out and early voting locations will first open, including in North Carolina and Pennsylvania, as well as states tilting toward one party or the other, such as Minnesota and Florida. The Trump campaign also plans to bolster its teams on the ground in those states, as well as to deploy surrogates to hold get-out-the-vote events.

As he did over the last week, Trump is expected to hold smaller events — in addition to his larger rallies — centered on tailored messages in the hope that some guardrails could help the campaign better focus their candidate. Unlike Trump's sprawling, daylong rallies, these stops will take place in more intimate venues with fewer people and — many of his allies hope — a sharper focus.

The limitations of those efforts, though, grew increasingly apparent throughout last week. Those who know the former president best have long acknowledged that Trump's innate predilection to veer off script and air his grievances can't be changed.

“He's 78 years old and has never been someone easily controlled,” one Trump ally told CNN.

During a stop in North Carolina billed as a speech on national security, Trump polled the crowd on whether they wanted him to continue to lob insults at his opponents or stick to policy. When it became clear they preferred the former, Trump mocked his own team.

“My advisers are fired,” he joked, then added: “Nah, we'd rather keep it on policy, but sometimes it's hard when you're attacked from all ends.”

During a Michigan speech on public safety, Trump veered into more attacks on Harris, failing to touch on the policies that his team had shared with reporters in advance of his remarks, including a proposal to execute

child rapists and traffickers. When asked why Trump didn't announce the new policies previewed by his campaign, a campaign official said the former president was “saving those” until after the Democratic National Convention.

Still, the week of events marked one of the most active periods on the campaign trail of Trump's third White House bid. Since effectively wrapping up the GOP nomination in March, Trump has maintained a notably light campaign calendar, holding one or two rallies a week and spending long stretches out of the public view.

It's a schedule that didn't appear problematic for Trump when his opponent was an unpopular 81-year-old incumbent who struggled to attract audiences. But with Harris and her running mate, Minnesota Gov. Tim Walz, fanning out across battlegrounds and pulling in massive crowds, a change became necessary.

The Vance factor

Ohio Sen. JD Vance is also expected to take on a more vigorous schedule in the weeks ahead, a source familiar with his plans told CNN.

Trump's running mate will hit all the major battlegrounds, with a particular focus on the three states that make up the so-called blue wall that Trump won in 2016 but lost to Biden in 2020: Michigan, Wisconsin and Pennsylvania — the latter of which Vance is expected to visit more frequently than any other state, the source said. The thinking behind that specific focus is that Vance's background growing up in southwestern Ohio strengthens his appeal with Rust Belt voters. He is expected to continue efforts to connect the opioid epidemic to immigration.

The plans for Vance are in part a direct reaction to his performance on the trail, which people close to the former president say has delighted Trump despite Vance's shaky start, which was plagued by criticism over resurfaced clips of him deriding “childless cat ladies” and suggesting that parents should have more voting power.

In recent conversations, Trump has referred to his running mate as a “political athlete,” two people with direct knowledge of the remark told CNN, and has expressed a desire for Vance to get out in front of voters and media viewers as frequently as possible.

Vance is expected to continue being a regular feature on the Sunday morning news shows, those people said, as well as to participate in more long-form podcasts designed to target younger audiences.

CNN's Kit Maher contributed to this report.

images Trump takes the stage on August 23, 2024, in Glendale, Arizona.

Rebecca Noble/Getty Images



Trump, who has an aversion to traditional debate prep and has argued he doesn't need formal preparation, such as engaging in mock debates, prefers to study his opponent and fine-tune his messaging in a more casual setting, the adviser added.

Former Hawaii Rep. Tulsi Gabbard, for example, has been working with Trump behind the scenes to help him understand Harris' debate style.

Gabbard was among the 2020 Democratic presidential contenders who challenged Harris on the debate stage. Trump's advisers believe Gabbard's attacks on then-Sen. Harris — particularly the scrutiny of her record as a prosecutor — helped undermine Harris' candidacy.

Meanwhile, Trump pollsters Tony Fabrizio and Travis Tunis released a memo Saturday predicting a post-convention bump in polls for Harris, with Fabrizio blaming it largely on favorable media coverage of the vice president.

“The other thing to keep in mind is that while the media is going to focus on the national polls, we need to keep our eye on the ball — that is the polling in our target states,” the memo said. “Our goal is to get to 270 and winning these states is how we do it.”

Even his choice of where to hold events — visiting deeply red Montana and solidly blue New Jersey while leaving monthlong gaps between stops in key states — sometimes left Republicans scratching their heads.

Trump's campaign now views the period after the Democratic National Convention as an all-out sprint to November, several senior advisers told CNN. The former president's team recently beefed up its political operation by adding new advisers, including Trump's first 2016 campaign manager,

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