

THIS!!!

THE LOCAL NEWS - 32 CONSECUTIVE YEARS OF GOOD NEWS, ASSISTING NONPROFITS AND CELEBRATING LIFE!

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# THE LOCAL NEWS

SERVING HUNTINGTON BEACH & NORTH WEST ORANGE COUNTY, CA • 630 MAIN STREET • HUNTINGTON BEACH, CA 92648  
Local News / Area Happenings / Opinion / Entertainment / Common Sense & Humor

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## 2024 ELECTION RESULTS

Not final tally results but conservative projections

Campaign 2024 is over! The TV ads have evaporated. The national mandate, both popular vote and Electoral College has emphatically made a choice. Some victors like Sen, Janet Nguyen now Supervisor-Elect overwhelmed with 60% of the vote. However, all that aside...50% + 1 is all that is needed to be called a Winner.

**\*\*\* Still Counting:**

**Congressman-Elect Scott Baugh**

**Congratulations:**

**OC Supervisor-Elect Janet Nguyen**

**Congratulations:**

**HB Council members-Elect Butch Twining, Chad Williams (Highest vote getter in 2024 municipal election, and Don Kennedy**

**Congratulations:**

**HB City Clerk-Elect Lisa Lane Barnes**

The signs are gone, the constant barrage of messages are over. The mail pieces are no longer. But for these men and women the job has yet to be done, realized and above begun. Scott has had an enor-

mously successful career serving the people of Orange County, Likewise the name Janet Nguyen is associated with words like consistently successful public servant...a tireless woman dedicated to the people and communities she serves. The transition will be easy.

Newly elected HB councilmembers Navy Seal Chad, Entrepreneur Butch and Businessman Don are all embarking on an adventure of expectations. We hope and pray you will all come together, work together, legislate together for the betterment of Huntington Beach, Ca.

Lisa Lane Barnes...what more can be said. You raised your hand, a few through poison darts but you won by a landslide. The fw moments of pain, we all want to be loved by all, will be overshadowed by the jy of public service, the challenges of this very important, detailed driven public office.

Sorry dear friend Steve Garvey. You would have been an exceptional US Senator from California. we need you!

Thank you, Diane Dixon, for your service as our Assemblywoman and your continued service to this community.



Team Brazil  
Jersson Barboza

### Brazil Wins Historic First Team World Championship at the 2024 Surf City El Salvador ISA World Masters Surfing Championship

• Back-to-back defending champions Hawaii claim Team Silver Medal, Australia, Bronze, France, Copper

• Brazilian medalists in five of six divisions highlighted by Gold Medal for Diego Rosa

• Clean sweep for Hawaiian women as Becky Benson, Rochelle Ballard and Melanie Bartels are crowned World Champions

• Eric Graciet takes first-ever Masters Gold Medal for France, Scott Schindler carries legacy for Australia

Surf City El Salvador – October 24, 2024

A historic Finals Day in the 2024 Surf City El Salvador ISA World Masters Surfing Championship (WMSC) saw Brazil crowned as Masters Team World Champion for the very first time. Another day of incredible surf saw four-to-five foot walls lining the long, right point of El Sunzal. The conditions were ideal to crown World Champions from amongst the world's best surfers over the age of 40.

A clean sweep for Hawaii in all three women's divisions placed the back-to-back defending champions in second for the Silver Medal, with two-time champions Australia taking the Bronze Medal and France winning their first-ever Masters Team Medal, the Copper.

Brazil claimed medals in five of the six divisions, topped with a Gold Medal for Diego Rosa in men's Masters (over 40). Roberta Borges and Jojó de Olivença both won Silver Medals in women's Kahunas (over 60) and men's Grand Masters (over 50), respectively, with Andrea Lopes and Jacqueline Silva taking home Bronze in Grand Masters and Masters, respectively.

"World Champion, man, I'm so happy, so stoked to be on the top of the world right now," Rosa said. "I'm so happy for my team. We've been working together for the whole week. Thanks a lot to our confederation back in Brazil too. They were working a lot to bring us here, and we're representing the best form here."

Rosa's powerful backhand topped that of two other strong goofy-footers, Gilbert Brown (CRC) and Hira Teriinatoofa (TAH), the two-time ISA

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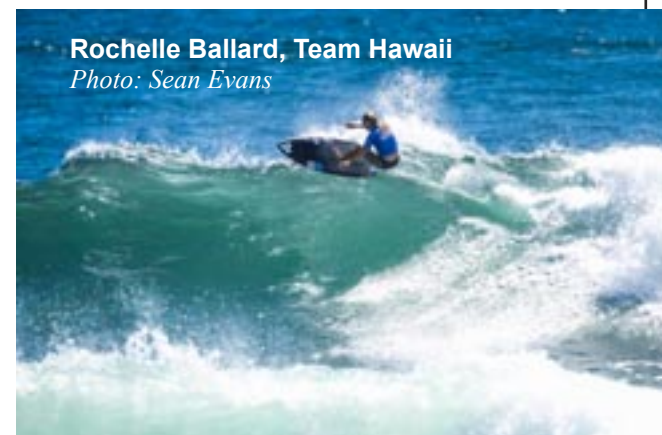
**ENJOY! A Great Tribute**



Continued on pg 2

# Brazil Wins Historic First Team World Championship at the 2024 Surf City El Salvador ISA World Masters Surfing Championship

World Surfing Games (WSG) Gold Medalist. Brown put up a strong challenge to Rosa, with a late exchange narrowly leaving the Costa Rican short of his required score, seeing him as the Silver Medalist. Teriinatoofa never quite found his rhythm and finished with Bronze. The sole regular-footer in the Final, Tyrell Johnson (RSA), had been a standout all week, but



**Rochelle Ballard, Team Hawaii**

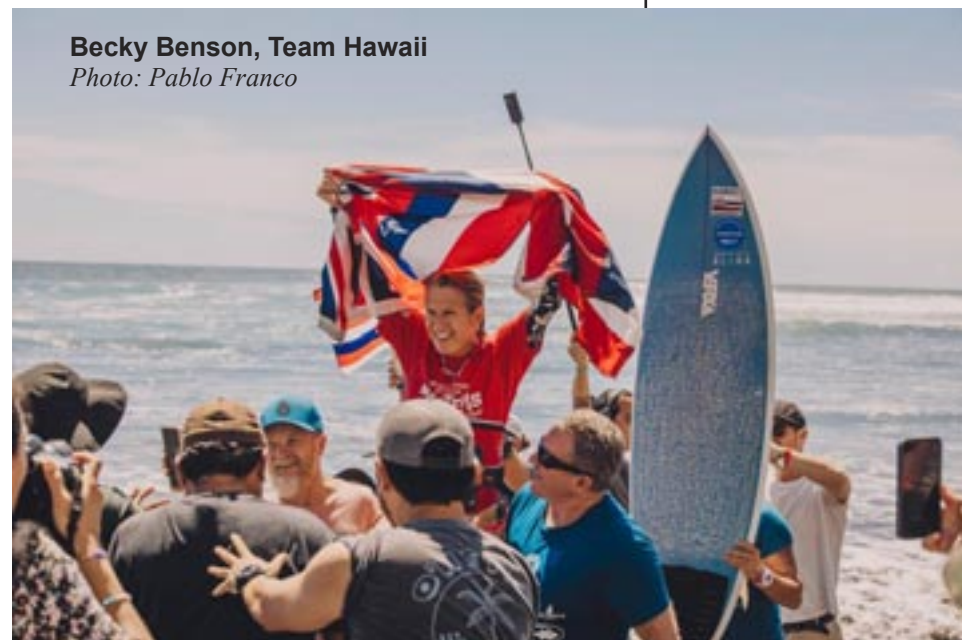
Photo: Sean Evans

had to settle for the Copper Medal.

Clean sweep for Hawaiian women as Becky Benson, Rochelle Ballard and Melanie Bartels are crowned World Champions

Representing three distinct generations of women's surfing, Becky Benson, Rochelle Ballard, and Melanie Bartels each had iconic professional careers in their own respect and all three were crowned World Champions today.

Having competed in her first ISA event over 52 years ago, in 1972, and participated as a member of the first-ever iteration of a professional surfing tour in 1976, 67-year-old Benson today became the first-



**Becky Benson, Team Hawaii**

Photo: Pablo Franco

ever women's Kahunas World Champion. Peaking at No. 3 on the WSL Championship Tour (CT) in 1977, Benson cut her professional career short due to a lack of funding in women's surfing. The Hawaiian has been extremely appreciative of how much has changed for women in the sport since then, and loved every aspect of competing in the WMSC.

"I can't believe I'm up here with first place, I'm so happy," Benson said. "This is the answer of a lot of prayers, so thank you God. And I want to thank the ISA. I want to thank Surf City El Salvador for putting on this amazing event. If it weren't for my dad, I would not be here right now. I would not be surfing. He supported me all the way, and my mom as well. This is for them. I know they're watching."

As with all of her heats, Benson opened early and strong, holding the lead for the duration of the Final. Late in the heat, Benson channeled her days charging Sunset Beach, to earn a 6.17 from a solid wave and put large requirements on the rest of the finalists. Roberta Borges (BRA) and Barbara Roettger (PUR), who first competed against each other in the 1986 ISA World Surfing Championships in Newquay, England, were locked in a tight battle for second. Borges got the nod to win the Silver Medal, with Roettger taking Bronze and Sandra English (AUS) earning her fourth WMSC medal, the Copper.

Rochelle Ballard, Team Hawaii / Photo: Sean Evans

Ballard, the 2012 Masters World Champion, was the standout in her division, consistently delivering excellent scores, and the Final was no different.

Opening with an 8.00 and then almost immediately backing it up with an 8.90, the Hawaiian kept herself out of reach of her three fellow finalists. The powerful backhand of two-time Masters World Champion Heather Clark (RSA) came the closest to matching the precision of Ballard, but the South African had to settle for the Silver Medal, with Andrea Lopes (BRA) taking the Bronze, Siri Cota (USA) the Copper.

Long a champion of women's surfing, having likely sacrificed a WSL World Title in 2004 to create a powerful advocacy group within the sport, it was fitting that the 53-year-old became the first-ever women's Grand Masters World Champion.

"I'm so proud of all of it," Ballard said. "It feels good to get some deeper roots and legs moving in women's surfing. Everybody from our generation and the generation before us and the generation before that. That's all paving the road for what it is today. So you can't ever forget the past, and the roots, because it carries through in the now. And now, it's important that we all stand together as one."

A surfer who came up under the influence of Ballard's generation, Melanie Bartels (HAW) claimed her first World Title today. Bartels was on fire throughout the event, posting some of the highest scores and delivering passionate post-heat interviews. A two-time WSG Silver Medalist, the 42-year-old was determined to walk away with the Gold Medal in El Salvador.

Facing two WSL World Title runners-up, Serena Brooke (AUS) and Jacqueline Silva (BRA), both of whom she shared time with on the CT, along with ISA WSG veteran Lisbeth Vindas (CRC), Bartels

dominated. Though it took a couple waves to find her rhythm in the Final, once she did, her power was unmatched, posting an 8.67 and 7.93, and throwing away a 7.57. Brooke found an early 7.33 and late 6.07 to collect the Silver Medal, with Silva taking Bronze and Vindas earning the Copper.

Scott Schindler, Team Australia / Photo: Sean Evans

Eric Graciet takes first-ever Masters Gold Medal for France, Scott Schindler carries legacy for Australia

Building his scores throughout the event, Eric Graciet (FRA) opened the men's Kahunas Final with his best yet, a 9.33. The 62-year-old maintained control for the entirety of the Final despite strong challenges from 2010 Kahunas World Champion Rodney Baldwin (AUS) and surfing legends Allen Sarlo (USA) and Shuji Kasuya (HAW), to win France their first-ever Masters World Title. Baldwin's Silver Medal completes a full Kahunas collection that includes Gold, Bronze and Copper from previous events. Sarlo's Bronze was also his fourth medal, while Kasuya won his first, the Copper.

Whatever success Scott Schindler (AUS) may have had in a professional surfing career was instead parlayed into a phenomenally successful business career.

The 53-year-old's delayed surfing ambitions came to fruition today however, as he became a World Champion for the first time after winning the men's Grand Masters Gold Medal.

"To pull up a world title at any age, at any level, is really a moment in time that I'm going to have with me for the rest of my life. It's such a pleasure to surf with such good surfers from all over the world. Even in the heats, the guys are so respectful. Everyone takes their turn, generally, and it's really a chance for surfing to win rather than hassling and competition."

Three-time medalist Jojó de Oli-

vença (BRA) opened with an 8.00 to control the first half of the men's Grand Masters Final. But Schindler had a good start of his own, posting a 7.33. An 8.17 later followed, providing the retired CEO turned firefighter with a 15.50 heat total to claim victory. De Olivença took the Silver Medal, Pablo Diaz (PUR), the Bronze, and Dani Garcia (ESP) won Spain their first-ever WMSC medal, the Copper.

ISA President Fernando Aguerre said:

"El Sunzal, what a place. And what a return of the ISA World Masters Championship. I'm sure you are going to be very, very happy to go home and tell all your friends about the beautiful waves, the beautiful people, the beautiful weather, and the amazing camaraderie of the ISA World Masters Championship.

"This year, I reached out to our friends in El Salvador and we agreed that it was a great time to start the Masters. That mix of competition. Because, of course, everybody wants to win the medal, but at the same time amazing camaraderie, reconnecting with friends, and some new friends. There are a lot of new masters. 10 years without championships has meant that many of the young surfers are now masters surfers. And this is the beauty of surfing. There are so many ways you can surf. But the only thing you should not do is give up on surfing. So I give my greatest congratulations to everybody that participated."

## RESULTS

### Team Rankings

Gold - Brazil  
Silver - Hawaii  
Bronze - Australia  
Copper - France

### Women's Masters (over 40)

Gold - Melanie Bartels (HAW)  
Silver - Serena Brooke (AUS)  
Bronze - Jacqueline Silva (BRA)  
Copper - Lisbeth Vindas (CRC)

### Men's Masters (over 40)

Gold - Diego Rosa (BRA)  
Silver - Gilbert Brown (CRC)  
Bronze - Tyrell Johnson (RSA)  
Copper - Hira Teriinatoofa (TAH)

### Women's Grand Masters (over 50)

Gold - Rochelle Ballard (HAW)  
Silver - Heather Clark (RSA)  
Bronze - Andrea Lopes (BRA)  
Copper - Siri Cota (USA)

### Men's Grand Masters (over 50)

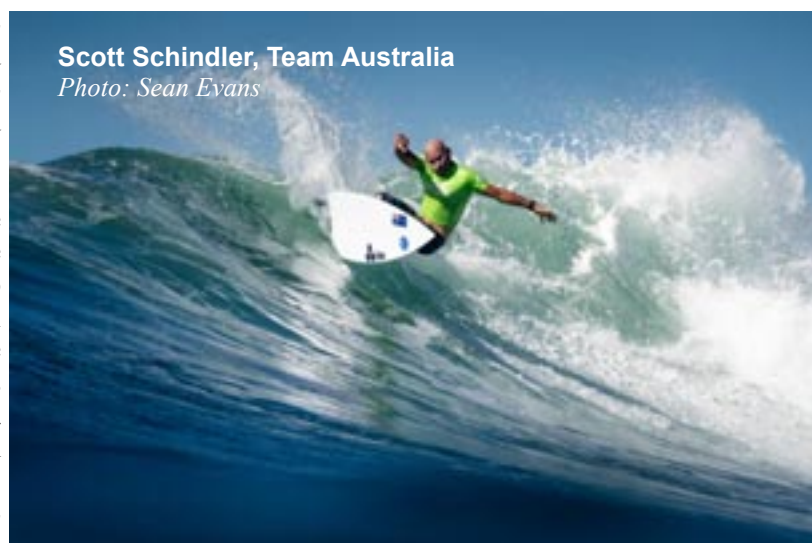
Gold - Scott Schindler (AUS)  
Silver - Jojó de Olivença (BRA)  
Bronze - Pablo Diaz (PUR)  
Copper - Dani Garcia (ESP)

### Women's Kahunas (over 60)

Gold - Becky Benson (HAW)  
Silver - Roberta Borges (BRA)  
Bronze - Barbara Roettger (PUR)  
Copper - Sandra English (AUS)

### Men's Kahunas (over 60)

Gold - Eric Graciet (FRA)  
Silver - Rodney Baldwin (AUS)  
Bronze - Allen Sarlo (USA)  
Copper - Shuji Kasuya (HAW)



**Scott Schindler, Team Australia**

Photo: Sean Evans

# DAD DECIDES IT'S TIME TO HAVE 'THE TALK' WITH SON ABOUT RIGGED ELECTIONS



FAMILY-Oct 6, 2024 · BabylonBee.com

GARDEN CITY, UT — Local dad Dave Myers decided it was finally time to pull his teenage son aside this weekend and have "The Talk" with his son about the reality of rigged elections.

"Son, I need to talk to you about something serious and important. Do you...do you know where Presidents come from?" Myers asked his son Jordan. "Well, when a political party loves their candidate very much and wants to make that candidate the President of the United States, sometimes a near-omnipotent oligarchy with control of the media, entertainment industry, academia, the justice system, and billions of dollars will give the election a 'special hug.' They close their eyes very tight, let the ballot harvesters do any leftover work that the brainwashing hasn't — and that's how Presidents are born!"

Jordan was seen groaning and covering his face with his hands. "DAAAAAAD. I already know where rigged elections come from. I watch TV, I don't need you to explain it to me, this is awkward."

A committed Dave Myers would not be deterred. He continued with the explanation he had been practicing for weeks.

"Son, I know it's hard to talk about but look at this graph here. See these unfavorable ratings for Kamala back in March? You've got to stay away from rigged elections, son, or it can follow you for the rest of your life."

As of publishing time, Myers had told his wife he probably needed to also have a talk with their son about where babies come from.

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\* Rancher Table: \$950  
Bottle of Wine  
2 Raffle Tickets

\* Tables of 10  
Individual Ticket: \$100

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The Hon. Tony Strickland  
The Hon. Diane Dixon

The Hon. Pat Burns

The Hon. Michael Gates

The Hon. Dave Garofalo  
Ed Laird

Kevin Elliott  
Dr. Van Vu

Steve Barnes



RSVP: HBNews1@aol.com

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## MOST EXPENSIVE Cars Owned by Richest Celebrities Will Numb Your Head

Nick Cannon struck rich at a young age. It's no wonder that by now, he has added an assortment of luxury cars into a massive four-wheeler portfolio, each more stunning and powerful than the last. But the one vehicle that piques our fascination was the super-expensive Mercedes-Benz G-Wagon that the rapper cashed out on to treat himself.

Nick has confessed that he doesn't like fast driving. The highly efficient and designed to prioritize safety Mercedes indeed fits the comedian's bill perfectly. The \$128,000-worth automobile must undoubtedly stand out on the streets when the artist takes it out for a spin!

**Nick Cannon  
Mercedes-Benz G-Wagon, \$128K**



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Business Development	(714) 536-5542
Finance Department	(714) 536-5630
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Fire Department	(714) 536-5411
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There are four boxes to be used in defense of liberty: soap, ballot, jury, and ammo. Please use in that order.

# The Weak That Was America: Home of the Free because of the Brave



Dave Garofalo  
Publisher

## INSPIRATION

*Be ready: "One secret of success in life is for a man to be ready for his opportunity when it comes"*

— Benjamin Disraeli

## SAD TRUTH

Those who are too smart to engage in politics are punished by being governed by those who are dumber.

*Plato, ancient Greek Philosopher*

## DID YOU KNOW

Earth's rotation is changing speed

## Sports Pictures from the PAST



### THE NEW IRON MAN

Ripken went on to play in 2,632 consecutive games. The streak ended when he removed himself from the starting lineup on September 20, 1998. He played until the end of the 2001 season and was inducted to the Hall of Fame in 2007

**RANK: 51**  
**LOCATION: CAMDEN YARDS | BALTIMORE, MD.**  
**DATE: 9/6/1995**  
**CATEGORY: MLB**  
**MAR 2, 2013**

WE ARE A GENERATION THAT WILL NEVER COME BACK.

A generation that went to school and walked back.

A generation that did their homework alone to get out asap to play in the street.

A generation that spent all their free time on the street.

A generation that played hide and seek when dark.

A generation that made mud cakes.

A generation that collected sports cards.

A generation that found, washed and sold empty coke bottles to the local grocery store for 5 cents each.

A generation that made paper toys with their bare hands.

A generation who bought vinyl albums to play on record players.

A generation that collected photos and albums of clippings.

A generation that played board games and cards on rainy days.

A generation whose TV went off at midnight after playing the National Anthem.

A generation that had parents who were there.

A generation that laughed under the covers in bed so parents didn't know we were still awake.

A generation that is passing and unfortunately will never return!!...

# THE DAYS THAT WERE... "LOST TIMES"...

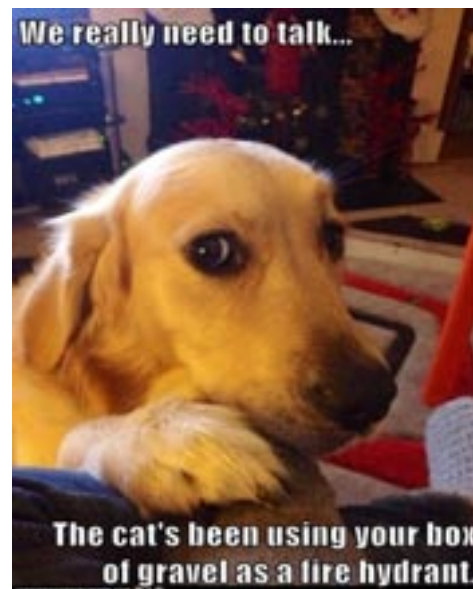
These crazy, ridiculous, and almost unbelievable statistics will make you question everything



DID YOU KNOW?

**ELEPHANT CAN SMELL WATER FROM 3 MILES AWAY.**

## If Animals Could Talk



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## discoveries

### U.S. National Park:

The words “For the Benefit and Enjoyment of the People” stretch across the northern entrance of our nation’s first national park, Yellowstone. According to the Department of Interior, the goal of the National Park Service is, and has always been, to keep our wild places protected and unimpaired for future generations. To that end, more than 400 areas and 84 million acres spanning all 50 states and several unincorporated territories of the United States, protect America’s greatest natural treasures. With 61 of those wilderness areas totting National Park designation, it can be tricky trying to pick which park to visit. So, to help you determine which parks should be higher on your bucket list, we ranked each park based on their overall accessibility, facilities and accommodations, trails and attractions, crowds, and, of course, overall ‘wow’ factor, which we measured by photo ops and stunning scenery. Keep in mind, it’s almost impossible to say that one is better than the next — there’s truly something special about each one of our national parks.=



Credit: TomKli/Shutterstock

### Capitol Reef National Park, UTAH

With the sheer number of beautiful parks in southern Utah, it might feel like Capitol Reef is just another quintessential otherworldly landscape packed with wild geological formations. Although that’s not entirely inaccurate, compared to the visitation numbers of other Utah parks, Capitol Reef can feel a lot like a hidden treasure. Unusual, elaborate cliffs and canyons shape the landscape of Capitol Reef. The Waterpocket Fold, the second largest monocline in North America, extends for nearly 100 miles and appears as a bizarre “wrinkle” in the Earth’s crust. Red-rock canyons, ridges, buttes, and sandstone monoliths create a 387-mile outdoor retreat for hikers, campers, photographers, and rock climbers. And, as we know, a Utah national park can never be without incredible sandstone arches, and Capitol Reef is no exception; The Hickman Bridge stretches for 133-feet and offers canyon views in every direction. Although there are 71 developed and 11 primitive campsites, there are no lodges or restaurants in the park. So, be sure to pack your s'mores before you hit the high desert. To add to the adventure, a trip to Capitol reef requires a 3-hour road trip from most major cities, including Grand Junction and Salt Lake City.

## Interesting and Fascinating



“Clouds producing a right angle.”

### Presidential Facts

By carving up Shakespeare's chair, Jefferson and Adams became some of America's earliest vandals.



history.com

# UNKNOWN celeb FACTS



Images from the Screen Collection / Moviepix via Getty

Whether it's Marilyn Monroe or Katharine Hepburn, Paul Newman or Humphrey Bogart, the classic faces of the silver screen are familiar and beloved — but how much do you really know about them? For example, which starlet's first job involved building drones? What famously raven-haired performer was really a blond? Which leading man apologized for his first film role? Read on for some of our favorite facts about the sparkling stars of yesteryear.

## Elizabeth Taylor Was the First Actress To Earn \$1 Million

Elizabeth Taylor was the first actress to earn more than \$1 million for a single movie, for 1963's *Cleopatra*. When the movie was first planned, her \$1 million salary was half of the original budget. As the film's budget boomed to \$31 million, Taylor's paycheck did as well — to \$7 million (around \$54 million in 2022).

From her youth, Taylor had been a bold negotiator and wasn't afraid to ask for what she was worth or to end a negotiation that wasn't going her way. Originally, she had little interest in starring in *Cleopatra*, which inspired her bold pay request of \$1 million and 10% of the box-office gross, thinking there was no chance 20th Century Fox would agree to her terms. To everyone's surprise, they did. As she later said, "If someone is dumb enough to offer me a million dollars to make a picture, I'm certainly not dumb enough to turn it down."

## Rare Historical Photos Reveal More Than Immediately Meets The Eye

### A smiling postman in Chicago poses with a load of Christmas parcels in 1929

You've heard that a photo is worth a thousand words, but photos like the collection here have stories with so much more to say. These pictures give an insight into what life was like in eras as disparate as the 18th century and the 1970s. You'll see what life was like for a kid in America during the baby boom, and how the Native people of America lived long before the modern metropolis existed. These rare historical aren't just informative, they're a fun look at a time long gone, and maybe a time that you wish you could go back to. Prepare to be astonished and read on!

Christmas time in the city is one of the greatest times of the year. People are smiling, the snow is falling, and presents are being opened by boys and girls alike. You've heard that the United States Post Office delivers whether there's rain sleet or snow, and in that case that claim goes double



because this happy go lucky postman is working on Christmas Day. In the 1920s the postal service didn't have nearly as many people working for them as they do now, and they definitely have the shipping technology to get packages across the country in an expedient way. The packages may not have arrived as quickly as they could, but it feels good to know that guys like this were out there making sure presents made it to the right tree.

Source: Google

# Vintage Photograph



*Jewish Prisoners After Being Liberated From A Death Train, 1945*

Report

## Biggest Boomtowns in Every State



Ellen Forsyth / Flickr.com

GoBankingRates / JORDAN ROSENFELD

**Boomtown.** The word sounds like it's describing an explosion — and in a way, it is. Boomtowns are considered the fastest-growing cities in America due to rapid business and population growth. An example of such a place is Woodbridge, Virginia, which saw massive five- and eight-year percentage changes in population at 863.35% and 840.66%, respectively.

But Woodbridge isn't the only boomtown out there. GoBankingRates found one in every state by looking at the one-, five- and eight-year changes in population, occupied housing units and owner-occupied housing units of cities with a population of more than 25,000 but less than 500,000. Find out if you're living in one of America's most thriving cities, and see if your city makes the list.

### Utah: Herriman

Change in population:

1 year: 16.92%

5 years: 81.18%

8 years: 125.70%

Change in occupied housing units:

1 year: 16.92%

5 years: 81.18%

8 years: 125.70%

Change in owner-occupied housing units:

1 year: 19.66%

5 years: 107.07%

8 years: 149.21%

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# THE LOCAL NEWS

People and Their Issues - Our Business...

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to continue to help build a safe and  
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This space is created for all area non-profit organizations to be listed as a LIVE link to the following organizations...

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## NATURAL Wonders OF THE WORLD

### THE BLACK FOREST

Germany's famous Black Forest is famously dense and dark, but it's also home to the cuckoo clock, charming little towns, and fairytale castles. It's the place where Hansel and Gretel had their encounter with the witch and where Little Red Riding Hood was followed by the wolf.



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	Yates X-Ray Company	FREE Digital Consultation Values at over \$250	9051 Mediterranean Dr	HB	714.599.0399
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	Cucina Alessá	10% Off: Tues & Sun. Happy Hour: M-F, 3-6 Special Select, \$3.50-\$4 Wines & Cocktails	520 Main St	HB	714.969.2148
	Don Jose	10% off your entire food Bill	9093 Adams	HB	714.962.7911
	Gallaghers Pub & Grill	\$3 Domestic pints & Well Drinks, \$4 Import Pints	300 PCH	HB	714.536.4222
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	Olive Pit Grill	\$5 off any bill over \$30 10% off anything else	16365 Bolsa Chica St	HB	714.316.5000
	Thai Wave	20% Off All Appetizers (Dine In) from 3pm to 6 pm M-F. Singha Beer 11 oz; \$2.00	522 Main St.	HB	714.960.0219
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Paolo's Ristoronte	4-course dinner \$16.95	17561 Center Ave #37	HB	714.373.5399	
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## NEW FEATURE

### The Greatest Breakfast Sandwich in Every State



#### Illinois: Do-Rite Donuts Chicago

©TripAdvisor

While Do-Rite is typically thought to be a doughnut shop, its breakfast sandwiches have a cult following. The Vera Cruz is the standout option, with jack cheese, avocado, jalapeño, crispy tortilla strips, and mayo. If you have a sweet tooth or are the kind of person who drizzles maple syrup on bacon, you can put your sandwich on a doughnut for \$1 extra.

### GAME DAY SIGNS GOOD SPORTSMANSHIP

Usually, signs at sporting events are strongly in support of one team or the other, often to the point of making fun of, or insulting the team you are rooting against.

This fan, however, goes against the grain with his sign. He's defi-

nitely not your typical ardent sign-writing sports fan with this huge sign reading: "I just hope both teams have fun." Perhaps he has a point though, because, after all, isn't having fun what sports are all about?



Thinking back to when "a new hip joint" meant someplace I wanted to go on Friday night.

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## STUDY FINDS WILDFIRES IN WESTERN US ARE GROWING FASTER, CAUSING MORE DAMAGE

*Fox Weather / ANDREW WULFECK*  
BOULDER, Colo. – A study led by the University of Colorado Boulder has revealed that fast-growing wildfires are responsible for nearly 90% of fire-related damage in the western part of the country.

The research, recently published in the journal *Science*, says that these rapidly growing fires are becoming increasingly dangerous both to lives and property and used Colorado's Marshall Fire as a

tures exhibited growth rates of more than 21,000 acres in a single day.

"Fires have gotten faster in the western U.S. in just a couple of decades," Balch stated. "We need to focus on what we can do to prepare communities: hardening homes and making robust evacuation plans."

The results highlight a significant gap in wildfire risk models, which the experts contend do not take into account growth

**A hillside burns during the Line Fire in Mountain Home Village, California, US, on Monday, Sept. 9, 2024. A fast-growing wildfire forcing evacuations in Southern California shows the danger the state now faces, as record-smashing heat waves dry out the landscape just as the Santa Ana wind season is due to begin**

*Photographer: Kyle Grillot/Bloomberg via Getty Images (Getty Images)*



springboard for the project.

The 2021 inferno burned just over 6,000 acres in a short time period but led to the destruction of more than 1,000 structures in Boulder County, Colorado.

According to researchers, in less than an hour after the initial fire was reported, the fire spread to a town 3 miles away and prompted the evacuation of thousands of Coloradans.

"We hear a lot about megafires because of their size, but if we want to protect our homes and communities, we really need to appreciate and prepare for how fast fires move," stated Jennifer Balch, an associate professor of geography and the lead author of the study. "Speed matters more for keeping people safe."

Researchers analyzed data from more than 60,000 fires in the U.S. from 2001 to 2020 and found a 250% percent increase in the average maximum growth rate of the fastest wildfires.

These "fast fires" accounted for 88% of the homes destroyed despite only representing a minimal percentage of the fires on record.

According to the study, fires that damaged or destroyed more than 100 struc-

ture or other measures of a wildfire's forward progress.

"When it comes to safeguarding infrastructure and orchestrating efficient evacuations, the speed of a fire's growth is arguably more critical than its sheer size," the authors stated.

According to a congressional research report, an average of 61,410 wildfires burn approximately 7.2 million acres each year.

While most fires are caused by human activity, those ignited by lightning tend to be larger and cover more land.

As of 2024, there have been 43,602 reported wildfires that have burned 7.9 million acres, according to data from the National Interagency Coordination Center.

Notably, about 14% of the total acreage burned can be attributed to the Smokehouse Creek Fire, which scorched 1.1 million acres across Texas and Oklahoma.

Authorities determined that improperly functioning utility equipment was responsible for this significant blaze.

*Original article source: Study finds wildfires in western US are growing faster, causing more damage.*

## GOLD MEDAL-WINNING SPINTER WHO TOOK UP RUNNING AT 100 DIES AT 108

*Good Morning America / KATIE KINDELAN*

A mother-of-four who picked up the sport of running at age 100 and went on to set world records and win gold medals has died at the age of 108.

Julia Hawkins, nicknamed "Hurricane" for her running prowess, died on Oct. 22 in Baton Rouge, Louisiana, after a "very short illness," her daughter, Margaret Matens, confirmed to ABC News.

Matens said that Hawkins' body would be donated, at her request, to the Pennington Biomedical Research Center at Louisiana State University, which is studying longevity.

"She had quite a run," Matens said of the extraordinary life of her mom, who is survived by her four children as well as three grandchildren and two great-grandchildren.

Hawkins told "Good Morning America" in 2019 that she turned to running at age 100 as an alternative to competitive cycling, a sport in which she also won multiple national titles after picking it up later in life.

Among other titles, Hawkins set a world record in the 100-meter dash at the 2017 National Senior Games.

Two years later, at the 2019 National Senior Games, Hawkins won gold medals in both the 50-meter dash and the 100-meter dash in the women's 100-plus division.

103-year-old nicknamed the 'Hurricane' wins yet another gold in 100-meter dash

At the time, Hawkins was believed to be the oldest woman to compete on an American track, according to the National Senior Games Association, the non-profit organization that runs the National Senior Games.

"I just keep busy. I keep moving," Hawkins told "GMA" in 2019 about her secret to longevity. "I don't do any exercises particularly. I used to, but I don't think I need to anymore."

"I've always been careful how I eat, eat healthy and keep my weight at a certain point," she added.

Matens said Hawkins also attributed her longevity to her many passions, which included fly fishing, gardening, reading, raising bonsai trees and watching Louisiana State University football.

Hawkins' late husband, who died in 2013 at the age of 95, was a professor at LSU, according to Matens.

Hawkins ran her last race three years ago at the age of 105 in her home state of Louisiana.

According to Matens, she set a new record during the race as the only woman in the 105-109 age group to run the 100-meter dash.



*Brit Huckabay/NSGA*



# Preparing for the Storm Season: We've Got You Covered



Along the Santa Ana River where water flows into Orange County lies a vast network of water infrastructure that allows the Orange County Water District (OCWD) to capture this important resource, which becomes a key part of the region's drinking water supply. Particularly during the wintertime, the river has the potential to carry large volumes of water from rain and storms.

To maximize stormwater capture, OCWD has invested in number of critical facilities and equipment, such as 30 recharge basins that store water and put more water back into the groundwater aquifers, more than 10 pump stations that move water around and get it to the right places, and four large inflatable rubber dams that help divert water flows so we can capture as much as possible.

The District's recharge system is vital for collecting stormwater, which percolates into the groundwater aquifers to naturally filter and replenish the drinking water supply for 2.5 million people in north and central Orange County. Cities like Fountain Valley and Huntington Beach tremendously benefit from this local resource, which is more reliable and less expensive than imported water.

Our primary operational goals during storm season are to capture as much as we can, not lose it to the ocean, and store it for future use. Once

stormwater is captured, it is directed into recharge basins, where it can slowly percolate into the groundwater aquifers. This process ensures that water is available not only for immediate needs but also for future demand, contributing to long-term water reliability for the region. Regular basin

1940s. This success is a result of OCWD's comprehensive groundwater management approach, which leverages diverse water sources, including the Santa Ana River, stormwater capture, and recycled water from the Groundwater Replenishment System (GWRS), the world's largest water reuse facility.

Decades of smart water management practices and collaboration with OCWD's 19 cities and retail water districts have helped maintain a sustainable water supply for the region. As a result, the groundwater basin is now at its fullest since the 1980s.

But our work doesn't stop here. We are always looking for ways to maximize our water supplies – whether it is storing more water behind Prado Dam that can eventually be released to us and recharged into the basin or finding innovative solutions to enhance our operations – we are committed to this and more to ensure the resiliency

and quality of our water supplies now and into the future.

*Learn more about our robust water operations by visiting [www.ocwd.com](http://www.ocwd.com).*

*This Orange County Water District article was provided by Cathy Green, who represents Division 6 of the District. Division 6 includes Huntington Beach and parts of Fountain Valley. Contact Director Green at [cgreen@ocwd.com](mailto:cgreen@ocwd.com).*



The Orange County Water District captures stormwater to put back into its groundwater basin, which increases the drinking water supply for our region.

cleaning and ongoing maintenance ensure that these facilities operate at peak efficiency, maximizing the amount of stormwater that can be recharged.

The District's preparation and recharge efforts contributed to a record-breaking year in fiscal year 2023-24, with over 90 billion gallons of water replenished into the groundwater basin—more than ever before since record keeping began in the

## Most Iconic Moments in History

### This Villa In Upstate New York Was Abandoned 70 Years Ago



The Wyckoff Villa on Carleton Island, in upstate New York, was built by architect William Miller in 1894 for William O. Wyckoff, who made his fortune helping the Remington Arms Company develop a typewriter. Its namesake owner hardly got to enjoy it, as Wyckoff died the day after he moved in. Over the years, doors and windows have been removed, leaving the interior of the house exposed to the elements. But you can buy it!

In 2018, this famous semi-ruin was put on the market for \$495,000. Here's the description from the listing at Realtor.com:

This Carleton Island Villa is on 6.9 acres, has three waterfronts 198' in front of the Villa, North Bay 287' and South Bay 330'. The home has not been lived-in in over 70 years. It has a stone foundation and wood frame upper floors have deterioration. There is electricity to the Island and water is taken from the River although there are no utilities connected to the Villa.

It may need some work, but it's a party house waiting to happen -- the listing says it has 11 bedrooms.

Source: Reddit



# On the Vine or Nearby



## What's the Difference Between a Rocks Glass and an Old Fashioned Glass?

Here's everything to know when comparing the two.

By Kate Dingwall

On paper, the rocks and the Old Fashioned glass serve similar purposes. Both are short glasses meant for holding neat pours, a spirit with an ice cube or two, or cocktails such as a Sazerac and, yes, an Old Fashioned.

Both glasses perform this job well, though there are a few key differences between the two. The biggest difference is the size: The Old Fashioned glass is smaller, sized to hold a single Old Fashioned with a large cube of ice or smaller cubes. The rocks glass (or double Old Fashioned glass) offers a larger capacity—ideal for a bigger mixed drinks or those with a generous amount of ice.

What else defines these two glasses? To help you find which glassware is right for your pour, we explored the slight differences and compared the top brands of both styles.

today, however. In the 17th and 18th centuries, whiskey glasses were shallow, rounded silver or wooden glasses called quaichs.

The rounded bottom stuck around through the 18th century, and by then, glasses were known as tumblers. Legend has it that the glasses earned this name because they would tumble over and break if you set them down.

### OLD FASHIONED GLASS FAST FACTS

This glass has a thick base to hold up to muddling

Generally smaller, holding 6–8 ounces

Ideal for neat pours, a spirit over ice, or drinks with few ingredients

Designed for the drink to be built in the glass

In 1862, Jerry Thomas wrote in his bartender's guide that the Whiskey Cocktail (the earlier iteration of the Old Fashioned) was shaken over fine ice and strained into a "fancy" red wine glass.

Today's Old Fashioned glass looks a little different. It holds between six to eight ounces, or a two-ounce pour of whiskey plus ice. An Old Fashioned glass features a low profile, a wide diameter, a thick base, and a flat bottom, perfect for muddling and large enough to hold a handful of small cubes or one nice, plump rock.

Old Fashioned glasses are designed for the drink to be built directly in them. In the case of an Old Fashioned, that means you'll add sugar, bitters, a splash of water, and citrus peel to the glass, muddle until the sugar is dissolved, add ice and whiskey, and stir until dilution is achieved. Some alternative stirred and spirit-forward cocktails to make in this style of glass are a Sazerac, a Vieux Carré, and a Negroni.

### The Rocks Glass

Although Old Fashioned, rocks, and lowball glasses are often advertised as the same thing, there are slight nuances that separate Old Fashioned glasses from rocks glasses. The primary difference is the size: As the name implies, Old Fashioned glasses are sized to hold exactly one Old Fashioned.

Rocks glasses vary more in size and are traditionally seven ounces or larger. Old Fashioned glasses were generally more popular before Kold-Draft and large-format ice trended, but now that large, slick, hand-cut ice has become a fixture of bars, larger rocks glasses have stepped into play.

### ROCKS GLASS FAST FACTS:

Rocks glasses have larger capacities, usually 7 ounces or larger  
Also known as double Old Fashioned glasses

Larger capacity makes the glass more versatile, as it can hold drinks with multiple ingredients

The size makes rocks glasses more versatile. With nearly double the capacity of an Old Fashioned glass, this glass is ideal for drinks that have a higher proportion of non-alcoholic mixers. You can make an Old Fashioned or opt for any number of other cocktails that have multiple ingredients such as a Penicillin or the Petronio from Alquímico, our Global Spotlight Winner 2023.

If you're on the fence about which glass to buy, look for a rocks glass. There's no need to own both glasses, and the rocks glass pulls double duty for Old Fashioned and a wide range of other drinks. Bonus: the Yurai Rocks Glass from Cocktail Kingdom doubles as an impromptu mixing glass.



Liquor.com / Janet Maples

### The Old Fashioned Glass

The Old Fashioned is an iconic drink, beloved by literary icons and bartenders alike. There were three drinks culinary legend James Beard swore by: a Dry Martini, a dry Daiquiri, and "an Old Fashioned without any refuse in the way of fruit."

Early whiskey drinks weren't served in the Old Fashioned glass as we know it

I wasn't sure what to make for dinner so I opened a bottle of wine and now I don't care. A lesson for us all here I think.

ALL OF MY CHILDHOOD PUNISHMENTS HAVE BECOME MY ADULT GOALS: EATING VEGETABLES, STAYING HOME, HAVING A NAP, GOING TO BED EARLY.

I NEVER CALLED YOU STUPID, BUT WHEN I ASKED YOU TO SPELL "ORANGE" AND YOU ASKED ME THE FRUIT OR COLOR IT KINDA CAUGHT ME OFF GUARD.

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**The Finest Vintage Cars of the 1960's Golden Age**



*Alamy Stock Photo by Sue Thatcher*

**1960 Jaguar XK150**

Produced by the legendary Jaguar company from 1957 to 1961, the Jaguar XK150 is an engineering masterpiece. This stunning sports car was designed by Jaguar as a response to the Mercedes-Benz's 300 SL Roadster, and its 250 bhp "S" configuration made it much faster than the previous XK models.

It's comfortable design, D-type racer disc brakes and weather-tight features made it an instant favorite among car connoisseurs. The XK150 had a dashboard trimmed in leather, thinner doors that allowed for more interior space, and came in a variety of colors that had drivers going crazy over the small Jaguar.

**Toyota Is Betting On This Air Taxi Startup**

**Air taxis are still expected to be a big industry, but they now face competition from robotaxis.**

*BY JAY RAMEY / JOBY AVIATION*

Toyota reveals it will invest an additional \$500 million in Joby Aviation, which is developing an electric air taxi for urban flight routes.

The startup has recently completed its third production aircraft, which features an all-electric range of about 100 miles.

The air taxi industry is expected by some industry analysts to surge in popularity by the end of the decade, but significant regulatory and pricing barriers remain.

The gleaming future in which we all zoom around in electric air taxis may not quite be here—instead it's just Zoom calls—but this isn't stopping automakers from supporting air taxi startups in a major way.

Toyota is one such backer of an electric vertical take-off and landing (eVTOL) startup, Joby Aviation, and it has just revealed a planned \$500 million investment aimed at developing electric air taxis to be used as part of commercial passenger service.

This financial commitment will bring Toyota's total investment in Joby to \$894 million, and it's aimed at the certification and commercial production of the startup's planned air taxi. In fact, the two companies have been working together for quite some time. "Today's investment builds on nearly seven years of collaboration between our companies," said JoeBen Bevirt, founder and CEO of Joby Aviation.

Joby has recently completed its third eVTOL craft at its pilot production line in California and is gearing up to begin building yet another assembly facility. The startup is also making progress on aircraft type certification, having reached the fourth of five certification stages.

But another hinted longer-term goal of this partnership is to create a manufacturing alliance for the commercialization of Joby's air taxis.

We were told 10 years ago that this gleaming eVTOL future would get here by the mid-2020s.

Toyota engineers have already been working alongside Joby employees on tooling and manufacturing design, as the company has approached the pilot production phase of the process, with the automaker also scheduled to provide powertrain components for the craft.

Last November Joby's eVTOL craft saw its first flight in an urban area, with the startup bringing the six-rotor craft to New York City, one of the metro

areas long hoped to benefit from such aircraft.

Joby's debut four-passenger model promises a range of 100 miles, revealing plans to partner with Delta Airlines in the NYC area to effectively take over some routes currently served by noisy and expensive helicopters.

We are now a few years out from that impossibly slick UberAIR video, which painted a picture of seamless travel from small airports positioned on skyscraper rooftops, presumably without TSA lines, satellite parking lots located a zip code away, or requirements to arrive half an hour before departure.

That orange-tinged future has remained firmly in the subfolders of CGI rendering software, even though quite a few prototypes have since taken to the skies, with larger business model concerns proving to be a bigger hurdle than



2024 JOBY AVIATION AIRCRAFT

the tech alone.

Still, eVTOL craft are expected to achieve some measure of use in the coming years, with a recent study by Juniper Research proposing that the Advanced Air Mobility (AAM) revenues will reach \$6 billion by 2030, representing a major hike from a predicted \$31 million in 2025. The main competitor facing eVTOL craft is perhaps an unexpected one, and it's not older, noisier helicopters.

Rather, it is slower robotaxis that can actually pick up passengers curbside when summoned via an app, and at the moment they seem to have a distinct advantage in sheer number and price per trip, even if they (usually) do not go airborne.

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# FOODS YOU'LL NEVER EAT AGAIN AFTER YOU KNOW THE INGREDIENTS. OR MAYBE SHOULD NOT EAT AGAIN SCARY...

The food market continues to expand at an accelerated rate, with manufacturers and brands adding new products every day. Business is booming, with grocery store sales having more than doubled in the last 30 years in the US alone.

Consumers love to consume products that are tasty and cost-effective, but have we ever stopped to look behind the veil and investigate exactly what's in our foods? From beaver butt secretion to sheep sebum in our chewing gum, there's a lot out there that you won't find advertised at Walmart.

## Enhanced Chicken

**Company:** Various

**Market Share:** \$196 billion total chicken market\*

**Ingredient:** Sodium

There are tons of different types of food on the market that have a high amount of sodium in it, but sometimes this is just because of the mix of ingredients. In other cases, it's been intentionally done for cosmetic reasons.

Companies have been pumping saltwater into the chicken for eons for a number of reasons. Not only does it make the meat look juicier and more appetizing, but it also bumps the weight up so farmers can get more for their money. Unfortunately for the consumer, it means the sodium levels in meat are often sky-high.

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## Honey

**Company:** Clover and other brands

**Market Share:** \$8.58 billion\*

**Ingredient:** Bee vomit

We all love a little bit of honey, whether it's spread on toast, spooned into tea, or drizzled over granola. But, have you ever stopped to think about just how honey is really made? We all know it comes from bees, but how do bees make it?

Bees actually have a whole separate stomach that produces honey where they hoard nectar. When the time comes, the bees essentially

vomit it back up, and eventually, it becomes honey. This one is gross in terms of biology, but in reality, honey is still an amazing product that we should all eat more of.

©id-art / Shutterstock.com

## Whey

**Company:** Various

**Market Share:** \$10.3 billion\*

**Ingredient:** Curdled milk

Whey protein has been on the up and up in terms of popularity for years. Bodybuilders use it to bulk up and it's largely considered one of the best-selling fitness supplements on the market. Many different companies sell it, but what is it?

Brace yourself, because whey powder is nothing but curdled milk in a fancy tin. Whey is the part of the milk that's leftover when the water runs off, which is then dried and marketed to the masses. It does mean that you can't consume it if you're dairy-free, but is it gross enough to be taken off the market? Apparently not.

©Enfoca y dispara / Shutterstock.com

## Diet Soda

**Company:** Coca-Cola and others

**Market Share:** \$5 billion\*

**Ingredient:** Aspartame

Whoever invented soda deserves a pat on the back because they spawned one of the biggest industries of all time, paving the way for titans of industry like Coca-Cola. However, soda companies soon realized that there was a market for diet drinks that were low-calorie and didn't contain sugar.

The only downside is that these products didn't taste as good, which is where artificial sweeteners come in. Aspartame is one of the most commonly used sweeteners, but it has a bad rep as links were once drawn between the consumption of it and cancer. It's also thought to block a major protein that helps you lose weight – which ultimately defies the point.

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# The American Companies That Aren't Actually American Anymore

By Kate Prince/Business

Many brilliant companies – from Apple to Starbucks – have been founded in the United States, starting out as small ventures to become international leaders in their fields. However, the world of business isn't always as straightforward as it looks. Regardless of how well-rooted a company's American history is, it doesn't mean that it will always belong to Uncle Sam.

In fact, many quintessentially American brands are no longer American-owned at all. From Ben and Jerry's to IBM and Holiday Inn, overseas investors have played a big part in keeping these companies moving forward. Without them stepping in, some of them may have ceased to exist altogether.

## Trump Collection

**Original Headquarters:**

New York City, New York

**Purchased By:** The Trump Organization

**Country:** China (Made In)

The Trump Signature Collection is a menswear line from Donald Trump, owned by his parent corporation, The Trump Organization. The line is almost all made in China, though it seems like it would be an

American company. Though owned by TTO, its manufacturing is decidedly not American.

The suits from The Trump Collection are either marked "imported," or they're stamped that they were made in Bangladesh or China. The line of clothing that Donald Trump's daughter, Ivanka, owns, is also imported. Over 800 of her shoes, purses, scarves, and dresses are marked as "imported" on the tags. Moral of the story: always check the labels.

@SiddharthNagi/Pinterest.com

## Morgan Stanley

**Original Headquarters:** New York City, New York

**Purchased By:** MUFG Bank

**Country:** Japan

In 2008, MUFG, a Japanese bank, announced that it was about to take a big bet on Morgan Stanley. Mitsubishi UFG spent \$3 billion on 9.9% of Morgan Stanley's common stock, which cost around \$25.25 per share. Two years later, the bank, which has become a ubiquitous

## Lowe's

**Original Headquarters:** North Wilkesboro, North Carolina

**Purchased By:** N/A

**Country:** Multinational (Made In)

Lowe's is an American retailer that has locations in pretty much every major American city. It is the second-largest hardware chain in the country (Home Depot surpassed it a few years ago), and it started as merely a dry goods store. Over time, it has expanded to become a billion-dollar brand.

And, like many billion-dollar brands, Lowe's outsources its manufacturing. The company has 106 suppliers, most of whom are located in America. However, a sizable minority are located in Canada, China, South Korea, and Taiwan. Each of Lowe's stores stock 40,000 products at a time (with hundreds of thousands located in warehouses), so it only makes sense that it would have had to expand its manufacturing.

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## QVC

**Original Headquarters:** West Chester, Pennsylvania

**Purchased By:** Qurate Retail Group

**Country:** China (Made In)

QVC is worth over \$8 billion, and it broadcasts its wares into more than 350 million homes. The shopping channel sells pretty much everything you can think

of, and it has made more than a few people into multi-millionaires. It's not super easy to get your product on QVC but, if you do, you can end up with a pretty lucrative profit.

A large number of QVC's products are made in China. Message boards in the QVC Community often share information on which vendors make their goods in China versus which don't. As one person said, it's hard to narrow down American-made items from the company.

©George Sheldon / Shutterstock.com



presence in America, would deepen its ties to MUFG.

Morgan Stanley and MUFG formed two different joint venture brokerages, one of which was Morgan Stanley Securities, of which MUFG owned the majority. The other was Morgan Stanley MUFG Securities, which Morgan Stanley has since kept control of. The capital market company might be American-founded, but it has expanded to have deep ties with Japanese business owners.

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# FAMOUS MURDERS THAT REMAIN UNSOLVED

By Thomm Quackenbush

Despite what television would have you believe, not every murder is solved in under an hour. No matter how much effort police put into the cases at the time and amateur sleuths do afterward, some murders will never be solved.

That's not to say that all unsolved murders are created equal. For some, almost everything about the case is unknown: the culprit, the victim's identity, the method, the motive. On occasion, the best the police can tell the public is that someone was definitely killed, but anything after that is nebulous. With other cases, everyone knows who did it, but they managed to get acquitted or gave the police an alibi. In still others, the only reason that witnesses aren't pointing fingers at the culprit is that these fingers will be immediately cut off — along with their heads.

However, for what little good it did for the victims, sometimes being unable to solve a murder drives those left behind to improve the world so that no one else has to suffer the same fate.

## Bernardine Dohrn



U.S. Department of Justice/Wikimedia Commons

If you asked the FBI during the 1970s, one of the most dangerous women in the nation was a law school graduate named Bernardine Dohrn. She had already earned a graduate degree from the University of Chicago in 1964, according to Encyclopedia.com. After she earned her law degree in 1967, she moved to New York City and helped organize a student revolt at Columbia University in 1968. She returned to Chicago later that year, growing more involved with radical leftist causes. Dohrn concluded that violence had to be part of the movement and formed an activist group known as the Weather Underground.

They dove into plans for a "Days of Rage" protest that would see thousands of protestors going head to head with Chicago law enforcement. The action fizzled when only a few showed up, though Dohrn and others were arrested after breaking through a police blockade.

After this, Dohrn doubled down, arguing that the Weather Underground needed to start bombing government buildings to prove its anti-capitalist point. Things unraveled in early 1970, when three Weather Underground members were killed by bombs meant for Fort Dix. Dohrn went into hiding and the FBI put her on its Most Wanted List. Ten years later, married and with three children, she resurfaced. For all of her violent rhetoric and the fear she inspired, Dohrn was fined \$1,500 and sentenced to three years of probation. Dohrn went on to become a law professor at Northwestern University (via Northwestern Now).

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**and The Local News!**

## Taco Bell Revives 5 Retro Menu Items from the 1960s to the 2000s and They're All Less Than \$3

People / SABRINA WEISS

The Decades Menu features burritos, tostadas and more from the chain's first five decades

The fast-casual Mexican restaurant is reviving five old menu items for a limited time starting on Oct. 31. The Decades Menu features fan-favorite items from the '60s, '70s, '80s, '90s and '00s.

The Tostada is the most dated item. It was one of the six items released at Taco Bell's first walkup location in California, per a press release, and tops a tostada shell with refried beans, red sauce, lettuce and shredded cheese. This item will go for \$2.19 Tostada; Green Sauce Burrito

The 1970s is represented with the Green Sauce Burrito, which combines refried beans, onions, shredded cheese and a tomatillo-jalapeño green sauce in a soft tortilla for \$2.49. Customers have tried using ordering tricks to recreate this burrito over the years, making this one of Taco Bell's "most-hacked" items, according to the company.

MTV might not play music videos like they did in the 1980s but Taco Bell is bringing back a different relic of the time. The highly-requested Meximelt (\$3) is a tortilla filled with beef, pico de gallo and a three-cheese blend (mozzarella, cheddar and monterey jack cheese).

One bite of the \$3 Gordita Supreme should bring back memories of Beanie Babies, mood rings and Tamagotchis. The 1990s-inspired option is a flatbread stuffed with beef, sour cream, lettuce, tomatoes and the same three-cheese blend as the Meximelt.

The Gordita Supreme will also be available in a \$7 Luxe Cravings Box, alongside a Beefy 5-Layer Burrito, Double Stacked Taco, chips and nacho cheese and a fountain drink.

The 2000s bring a sweet item: the Caramel Apple Empanada. The Y2K throw back packs a crispy dough with apple pieces and caramel for \$3. Unlike the other Decades Menu items, this limited-time dessert won't be available until Nov. 21.

Fans can score the Caramel Apple Empanada for even less than its \$3 price tag from Nov. 21 to Dec. 18. During those weeks, customers who order all four other items — Tostada, Green Sauce Burrito, Meximelt and Gordita Supreme — can grab the 2000s item for \$1 on the Taco Bell app.

Taco Bell is also selling retro-inspired goodies. Limited-edition hoodies and stainless steel cups inspired by designs from the 1960s through the 2000s will be available to purchase on the app on Oct. 29. Fans can also stop by stores to snag plastic versions of the cups with a medium drink purchase.

Read the original article on People.

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Culinary.net

When colder temperatures roll in, there are few things like a hearty meal shared with loved ones to help warm you up from the inside out.

Made using ingredients you may already have on hand, this Tuna Noodle Casserole is a classic comfort food featuring canned tuna, noodles, cheese, veggies and a creamy sauce,

topped with breadcrumbs. Filling, affordable and easy to prepare, this heartwarming dish is perfect for busy weeknights and may even find its way into your family's comfort food rotation alongside dishes like chicken and dumplings, chili, meatloaf and chicken pot pie.

Visit [Culinary.net](http://Culinary.net) to find more easy family meal ideas

**CLICK HERE** Watch video to see how to make this recipe!



### Tuna Noodle Casserole

Recipe adapted from "Spaceships and Laser Beams"

6 ounces egg noodles  
 1 cup peas (canned or frozen)  
 2 cans (5 ounces each) light chunk tuna in water, drained  
 1 can (10 1/2 ounces) cream of celery soup  
 1/2 cup milk  
 1 1/2 cups shredded cheddar cheese, divided  
 1/2 teaspoon celery salt  
 1/4 teaspoon black pepper  
 2 tablespoons fresh parsley, chopped, plus additional for garnish (optional nonstick cooking spray)  
 1/4 cup dry breadcrumbs  
 2 tablespoons butter, melted  
 Parmesan cheese

Preheat oven to 350 F and cook egg noodles according to package instructions.

In large bowl, mix egg noodles, peas, tuna, soup, milk, 1 1/4 cups cheddar cheese, celery salt, pepper and 2 tablespoons parsley.

Spray 9-by-13-inch casserole dish with non-stick cooking spray and add tuna mixture. Cover with aluminum foil and bake 20 minutes until hot and bubbly.

While casserole is baking, mix breadcrumbs and melted butter. Remove casserole from oven and top with breadcrumb mixture and remaining cheddar cheese.

Bake, uncovered, 5-10 minutes, until breadcrumbs are golden brown and cheese on top is melted. Sprinkle with Parmesan cheese and additional parsley, if desired, before serving.



I can keep my mouth shut, but you can read the subtitles on my face.

# LAST CALL: These Chain Stores Are Closing Locations in 2023

The retail sector can often be fickle, even when the company is loved and established. Some of the titans in the industry have faced tough times in recent years, with even the seemingly infallible ones shuttering locations for good.

From Aldi to Costco, Walmart, and even designer stores, it looks like no one is safe. Business status can change on a dime, but let's see which household names are closing the doors for good in 2023. Will your local store be next – or has it managed to escape the retail apocalypse?

## Fry's Electronics

**Year Established: 1985**

**Store Closures: 30**

No matter what you needed, whether it was a new waffle maker for Saturday morning breakfasts with the family, tools for the garden, or parts to upgrade your PC, Fry's Electronics had it all. It was a one-stop shop that first opened in Sunnyvale, California, but quickly made its mark in eight other states.

At the end of February 2021, citing "challenges posed" by the events of 2020 as one of the major factors involved, Fry's Electronics announced that it would be ceasing operations immediately — and the closures were permanent.

©Brett Hondow/Shutterstock.com

## J.C. Penney

**Year Established: 1902**

**Store Closures: 156**

Like many other companies that followed a similar business plan, J.C. Penney's sales were hurt tremendously over the past decade by the emergence of online shopping. The 2020 economic crisis and a change in the industry's climate led to J.C. Penney filing for bankruptcy.

In the fall of 2020, Simon Property Group and Brookfield Management agreed to buy J.C. Penney for debt and cash that will total close to \$800 million. The sale of the company led to only 156 locations closing (90 in the United States). It also meant that J.C. Penney — as a store name — has lived to see another day.

©Ken Wolter/Shutterstock.com

## Michaels

**Year Established: 1973**

**Store Closures: 5**

If you plan to decorate your home with personalized crafts or hand-paint wooden frames for the photos of your most treasured memories, Michaels will probably have what you need. Are you expecting a new child or grandchild? Michaels also has everything you'll need to knit "blankies," frilly hats, and scratch-preventing mittens for the soon-to-be arriving little one.

By 2021, Michaels operated close to 1,000 locations across 49 states (everywhere other than Hawaii) and had reported sales of \$5.3+ billion for 2020. Still, late that year, the top brass at Michaels sold the business to Apollo Global Management in a deal worth \$3.3 billion and \$22/share for each of Michaels' outstanding shares.

©John Mantell/Shutterstock.com

## Neiman Marcus

**Year Established: 1907**

**Store Closures: 4 Branches\***

The news about Neiman Marcus broke in mid-April of 2020, so the exact amount of store closures for the 113-year-old retailer is, for now, unknown. Inside sources at Neiman Marcus confirmed to Reuters that the Dallas-based business is in the process of declaring bankruptcy and negotiating with creditors for an emergency loan.

Thankfully, the process was resolved in late 2020 and Neiman Marcus was purchased by several investment firms, which plan on bringing the company back to its former glory. As of mid-2021, the much-loved brand is trying to get back on its feet and expand its digital presence while holding on to stores. The New York Times described Neiman Marcus as a former "symbol of luxury" — but whether more stores will close in 2022 remains to be seen.

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# 'I WOULD FIRE HIM WITHIN TWO SECONDS,' TRUMP SAYS ABOUT SPECIAL COUNSEL JACK SMITH

DAVID JACKSON, USA TODAY

WASHINGTON - Former President Donald Trump made it official Thursday: If he is re-elected, he would dismiss Special Counsel Jack Smith, who is prosecuting cases against him.

"I would fire him within two seconds," Trump told radio show host Hugh Hewitt.

Smith is the top prosecutor in two cases against Trump, one involving efforts to overturn the 2020 election and the other dealing with taking classified documents when he left office.

In the Thursday interview, Hewitt asked Trump if he would pardon himself or fire Smith; Trump responded that he would do the latter.

Trump's comments drew swift condemnation from some legal experts for violating the norm that presidents allow the Justice Department to operate independently.

"Mr. Trump has made it clear time and again he views himself as above the law,"

Bradley P. Moss, an attorney who specializes in national security matters told USA TODAY. "If he wins in November, armed with Supreme Court precedent on immunity, he will govern like he is above the law as well."

Trump has previously attacked Smith and suggested he would fire him.

"I wouldn't keep him," Trump said to Breitbart News in July 2023. "Jack Smith? Why would I keep him? He is deranged."

Trump also said in a post on Truth Social that Smith should be in jail. "They ought to throw Deranged Jack Smith and his Thug Prosecutors in jail," Trump wrote.

During his first administration, Trump tried to fire Special Counsel Robert Mueller, who was investigating Russia's efforts to assist

Trump's 2016 campaign, and to impede Mueller's investigation, according to Mueller's report.

Trump has said he would use the Justice Department to prosecute opponents for unspecified crimes.

Trump's comments on Smith come on the heels of new evidence against him being released in the election interference case last week



Photo by Mandel NGAN and JEFF KOWALSKY / AFP (Photo by MANDEL NGAN/JEFF KOWALSKY/AFP via Getty Images)

and his own former White House Chief of Staff John Kelly telling the New York Times this week that Trump "falls into the general definition of fascist."

Election 2024 is days away. Sign up for USA TODAY's On Politics newsletter for breaking news and exclusive analysis.

Hewitt noted that a dismissal of Smith could invite an impeachment inquiry, just as happened to President Richard Nixon after he fired Watergate special prosecutor Archibald Cox in October of 1973.

Trump responded that he does not think Congress would impeach him for firing Smith.

This article originally appeared on USA TODAY: Donald Trump pledges to fire Special Counsel Jack Smith

## Las Vegas Mom Was Found Dead by Hikers 30 Years Ago. Now Police Have ID'd Her Killer

People / SEAN NEUMANN

Melonie White's death 30 years ago baffled investigators until 2021 when they began working with a local volunteer group that helps crack cold cases

Thirty years after a mother was found strangled to death alongside a Las Vegas highway, police have finally identified the man they believe killed her.

The Las Vegas Metropolitan Police Department announced this week that genetic genealogy led them to identify Arthur Lavery, the man they believe killed 27-year-old Melonie White in late August 1994.

Lavery had moved from Las Vegas to California in the mid-2000s. He died from COVID there on Feb. 20, 2021, according to Las Vegas police.

White's two younger brothers both spoke alongside police at a press conference this week and applauded investigators for "never giving up" on finding their sister's killer.

"We will always miss Melonie and we believe the solving of her murder will bring closure to all of us," her younger brother Jason White told reporters.

"She had a super kind heart," her youngest brother Walter White added. "She was just a really nice person. It's just tragic."

The brothers said their older sister's son is now 33 years old. "He's happy and he's healthy," they said.

Melonie was "struggling" with her career around the time of her disappearance and was routinely traveling back-and-forth between the White family's home in Phoenix and Las Vegas, where she would visit her boyfriend, her brother Walter said this week.

"She was kind of at some crossroads in her

life at the time," Walter, who was seven years younger than Melonie, recalled. "She had some trouble with jobs and trying to figure out what she was going to do for her career. She was kind of struggling."

Melonie's family reported her missing after they couldn't contact her for some time, Las Vegas police said at this week's news conference announcing the identity of her killer.

Her body was later found by two hikers on Aug. 27 near the entrance of the Lake Mead Recreation Area, police said. "It was obvious she had been dragged there," Las Vegas Police Homicide Lieutenant Jason Johansson said.

Johansson said investigators at the time "received many leads, and every one of them was followed up on, but ultimately their exhausted effort did not identify the suspect."

DNA of the suspected killer was recovered at the scene, but it didn't return any matches in the national CODIS database used to find suspects and missing persons.

However, in 2021, police sent the DNA profile to the Vegas Justice League, a local volunteer organization who assists the department in solving cold cases. The volunteer group matched the DNA profile to Lavery using forensic genealogy.

White's brothers said finally having an answer may allow their family some peace of mind after 30 years of not knowing who killed their sister.

"The effect of her death really shattered my mother," Walter said. "That was probably the biggest ongoing thing for our family. My mom was absolutely destroyed and it took a long time for that to get back to a normal situation. It's nice to have closure now."

Read the original article on People.



Las Vegas Metropolitan Police



# Cookies, Cocktails & WOMEN

## Easy Three-Ingredient Gluten-Free German Christmas Coconut Cookies

*Submitted by vewohl*  
 These German coconut cookies (Kokosmakronen) are one of the most popular German Christmas cookies and use three ingredients. They are gluten free, lactose free, and very easy to make. Store in airtight containers.

*How to Make Three Ingredient Peanut Butter Cookies*

**Ingredients**  
 Original recipe (1X) yields 45 servings  
 4 egg whites  
 1 cup white sugar  
 2 cups unsweetened coconut flakes

**Directions**  
 Preheat oven to 300 degrees F

(150 degrees C). Line 2 baking sheets with parchment paper.

Beat egg whites in a glass, metal, or ceramic bowl until stiff peaks form. Gradually add sugar, 1 tablespoon at a time, and continue beating. Fold in coconut flakes with a spatula.

Use 2 teaspoons to place little mounds of coconut mixture 2 inches apart onto the baking sheets.

Bake in the preheated oven until lightly browned, 15 to 20 minutes, depending on the size of the cookies. Allow to cool on baking sheet for a few minutes, then carefully transfer onto a wire rack to cool completely.



## GABRIELA MISTRAL

*Gabriela Mistral (1889-1957)*

Gabriela Mistral was the first female Latin American poet to receive the Nobel Prize for Literature. She received it in 1945. The Nobel citation read:

*"for her lyric poetry which, inspired by powerful emotions, has made her name a symbol of the idealistic aspirations of the entire Latin American world"*



Wikipedia

## Gold Rush Cocktail

*By Liquor.com*

On paper, the Gold Rush is a very simple drink. Composed of bourbon, honey syrup and fresh lemon juice, it's essentially a Whiskey Sour with honey in place of sugar. This also essentially makes it a variation on the classic Bee's Knees cocktail, but one that uses bourbon rather than gin. The interplay of whiskey and honey transforms the cocktail's flavor and mouthfeel, making the Gold Rush a drink that transcends the sum of its parts.

syrup, and lemon juice into a shaker with ice and shake until well-chilled.

Strain into a chilled rocks glass over one large ice cube.

**Ingredients**  
 2 ounces bourbon  
 3/4 ounce lemon juice, freshly squeezed  
 3/4 ounce honey syrup  
 Garnish: lemon twist

**Steps**  
 Add the bourbon, honey



Cocktail Corner

## TAKE A LOOK INSIDE THE HOUSES & MANSIONS OF YOUR FAVORITE CELEBRITIES



### Laura Ingraham – Price Unknown, Virginia

Laura Ingraham, the Fox TV host, is probably the most-listened-to TV presenter in the history of Fox and the history of American television. She was so influential that he got her eponymous talk show. The Laura Ingraham Show captures the attention of a large section of the American TV audience. It had the audience gripped for more than two decades. Laura has amassed some \$45 million in her bank accounts.

It comes us to as no surprise that the iconic TV host would buy a palatial home. The house has the most enviable features and amenities. Laura, along with her three adopted kids, lives in a newly-constructed house in McLean, Virginia. Although she has not spilled the cost details of her palatial residence, we can reasonably guess that the price of the property is in millions.

## HISTORICAL PHOTOS



Filming of the MGM opening credits - 1928

Marijuana issue sent to a joint committee

IMAGINE A WORLD WITHOUT NEWSPAPERS...



# EarthTalk®

From the Editors of  
E/The Environmental  
Magazine

Dear EarthTalk: What are some video games that educate young people about environmental issues?  
~ Concerned parent, Skokie, IL

As the climate crisis gets more pressing, video games are emerging as powerful tools to educate young people about environmental issues. Games offer an interactive, engaging platform

ful, letting young players make decisions that mirror real-world environmental consequences of human actions.

One standout game in this genre is "Fate of the World" (available on PC and Mac), which places players in charge of managing the Earth's resources and climate while addressing the needs of a growing global population. It highlights the difficulty of balancing development with conservation and emphasizes how every decision—whether

political, social or environmental—has consequences. It fosters critical thinking by allowing players to test strategies, from implementing renewable energy to enforcing strict regulations.

"Ice Flows," available on iOS, Android and the web, focuses on the effects of climate change in Antarctica. Players simulate the behavior of Antarctic ice sheets and observe how climate change affects global

themselves fosters empathy and a deeper understanding of the poaching crisis, showing players how conservation efforts can positively affect wildlife.

"Plasticity" (for PC) tackles a world overwhelmed by plastic waste. It encourages players to reflect on the long-term impact of plastic consumption and pollution by navigating a future dystopia caused by neglect, driving home the importance of individual and collective responsibility in addressing the crises.

By using interactive gameplay, simulations and storytelling, these games encourage critical thinking and problem-solving, making abstract concepts like climate change and resource management more tangible. The use of technology, such as AI and simulations, brings the consequences of human behavior to life in an immersive and engaging way. As this trend continues, the development of augmented reality (AR) and virtual reality (VR) technologies promises even more immersive environmental education experiences.



"Fate of the World" is one of several video games that help teach players about climate and environmental issues.

where players can explore complex challenges like climate change, conservation and sustainability. This trend harnesses the immersive nature of gaming to make learning more accessible and impact-

World sea levels. This game introduces young players to polar environments, offering a tangible way to understand the consequences of global warming in one of the world's most vulnerable regions.

"Save the Rhino" tackles wildlife conservation. Available on iOS and Android, in this game players control animals like rhinos and elephants, bringing attention to the ongoing threat of poaching. This direct engagement with the animals

### CONTACTS:

20 Incredible Environmental Games from the Last Decade

[chaostheorygames.com/blog/20-environmental-sustainability-video-games-from-the-last-decade-2021](http://chaostheorygames.com/blog/20-environmental-sustainability-video-games-from-the-last-decade-2021)

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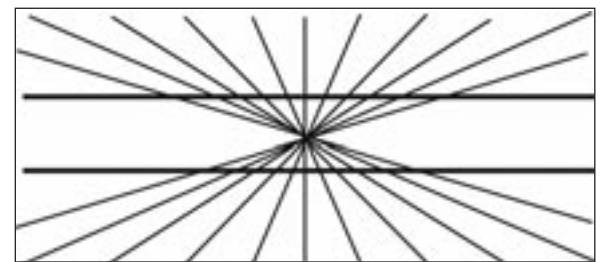
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## Mind Boggling Photos



In the picture above, it looks like the lines are curved, but they are actually straight and parallel.

## Parenting in the WILD





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# Quinn Minute - Candy: A sweet history

by Rix Quinn

My friend Debi asks, "Why do they call the little candy 'fun sizes?' Wouldn't it be more fun to eat a big one?"

Wow, Debi, what a flavorful question. Let me chew on that a little with my sweet tooth.

Candy has been around throughout recorded history. Actually, ancient civilizations prized it even before they made recordings.

The earliest sweets were likely those made of candied nuts and fruits in honey. Centuries ago, explorers discovered the cocoa bean and cacao trees. I'll be forever grateful to these pioneers of chocolate.

And don't forget chewing gum. In the late 1860s flavor was added to chicle, creating the first modern gum. I chewed so much when I was a kid, I considered gum one of the primary food groups.

Hard candies also became popular in the 1800s. Chocolate bars were

invented around 1850. I don't know exactly when "fun sizes" began, but here's my theory.

Fun sizes allow friends to share candy. That's a very generous idea. But here's my problem.

I don't like to share candy. If I buy the candy, I want it all...no matter what the quantity. I personally love the fun size, because it gives me more sugar to gobble.

So, in the future when I'm with a friend, I'll buy me a fun size. And – if I'm feeling generous – I'll buy him one too.

I just hope his friendship is worth the extra investment.

Agustin F./Yelp



## Most Beautiful Female Billionaires

It takes one several years of hard work in business to become a billionaire. Some of the young women presented in this list were lucky to have inherited billions of dollars while others have accumulated their multi-billion wealth from businesses. Interestingly, some of these women are still young in their early twenties and yet they have a personal net worth higher than budgets of some developing countries. The cash that they possess is enough for them to do whatever they want and more despite being born into very rich families.



## Prisca & Jenna Courtin Clarins

The other half of the Clarins fortune are twins Prisca and Jenna, the daughters of Olivier Courtin-Clarins and sculptor/model Anneli Courtin-Clarins. Jenna is a photography student in Paris, while Prisca co-owns The Nail Factory salons located throughout Paris.

Since their fathers took ownership of the company, the family is worth a combined \$2 billion. The Courtin-Clarins cousins have become worldwide Fashion Week staples and are brand ambassadors and shareholders for the family company.

# Moe News Than You Can Handle



Moe Kanoudi

## Main Street Eyewear Looks at Life Through Designer Glasses

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### Restaurants Worth Crowding About

When it comes to restaurants, looks can be deceiving. Great food can come from almost any kitchen, whether the restaurant is fancy or not. It's the unassuming spots that often prepare some of the best fried chicken, maybe because fried chicken is an unassuming dish itself. We examined customer reviews and expert recommendations to find fried chicken joints in every state that offer fantastic chicken in an unpretentious atmosphere. Next time you're in the mood for Southern-style fried chicken, check out these hole-in-the-wall joints, walk-up windows, drive-thrus, truck stops, and gas stations for a bucket of fried goodness — and maybe a side of potatoes while you're at it.

## Georgia: Newt's Fried Chicken West Point

Agustin F./Yelp

Some of the best food can come from places you least expect. Case in point: Newt's Fried Chicken. This counter serves up delicious, dark brown chicken from a counter inside a gas station. And when you think about it, fried chicken is the perfect road trip food, so the location makes sense. It's cheap, eaten with your hands, and is just as good cold as hot from the fryer.



Ne'Vishia O./Yelp

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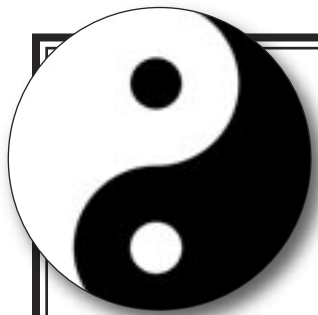
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# ON THE DARK SIDE OR MAYBE THE LIGHTER SIDE...

## FROM 'BASIC' TO 'BOUJEE,' HERE ARE 29 GEN Z SLANG TERMS TO KEEP IN YOUR BACK POCKET

PureWow / DELIA CURTIS

Born right smack on the cusp of millennial and Gen Z years (ahem, 1996), I grew up both enjoying the wonders of a digital-free world—collecting snail shells in my pocket and scraping knees on my bike in the neighborhood cul-de-sac—as well as marveling at the birth of Web 2.0 in all of its glory. Talk about a glow up... iPhones, Instagram, Club Penguin, Vine—You name it, I did it. Not to flex or anything, but because my existence straddles the two generations, I find myself in a unique position of being able to decode Gen Z slang even though I've been told by many a bestie that I am the father, or dare I say, grandfather of the squad. Though I'm not shook by that assessment, I know where I stand. So, let me—a Zillennial—break down the 29 most important Gen Z slang terms for you to whip out at the next family gathering. And trust me, from simp to stan, these terms are anything but basic.

WTF Is Skibidi Toilet? (Plus 10 Other Gen Alpha Slang Terms You Should Know)

### Gen Z Slang Terms to Know

#### 1. Ate (and left no crumbs)

When someone does something so well that it's likely no one will ever do it better than them. Think Simone Biles on the uneven bars or Mariah Carey's high-pitched whistle singing.

##### In a Sentence:

"Did you see Sabrina Carpenter during the Short n' Sweet tour? Those sparkling body suits and bedazzled bath towels?! She ate."

#### 2. Basic

Plain Jane embodied. Someone who's blindly following trends and usually doesn't have a style of their own. Just regular. No razzle dazzle.

##### In a Sentence:

"Jenna's so basic. She wears a hoodie, sweatpants and UGGs everyday. Boring." Tim Robberts/Getty Images

#### 3. Bet

To agree with someone and is often used in place of 'OK.'

##### In a Sentence:

"Hey! Do you wanna watch that new SNL skit tonight!? I heard Moo Deng was making an appearance."

"Bet. Let's get the TV set up."

#### 4. Boujee

"I feel like 'boujee' has always been around," says Beauty and Cultures Editor Chelsea Candelario, "But when Migos came out with 'Bad and Boujee,' it really became a more popular word to use to call someone who thinks they're better than everyone else and wants the finer things in life. I tend to use this a lot with my friends and family for basic things like, 'I only fly Delta.' 'Oh wow you're so boujee.'" Sometimes this word can also be used ironically to describe something that isn't actually all that nice.

##### In a Sentence:

"Ooh! This place serves caviar on French fries. How boujee!!"

#### 5. Dead or dying or ded

No, Gen Z is not *actually* dead. They just say this when something's funny to the extent that it could kill you. Think, 'dying of laughter,' tummy hurting to the point of tears. This time, they just shortened it to 'dead.' RIP saying things in full, I guess.

##### In a Sentence:

"LOL. I can't believe that the cat got his head stuck in a tissue box. I'm dying. It was so funny. 🤪"

#### 6. Delulu

Short for 'delusional,' this word is all about living in a world of pure imagination (and only slightly detached from reality). Some might say unhinged, but we say inventive. "I like to think I'm delulu all the time," says Candelario. "While I think I'm a pretty realistic person, there's nothing wrong with living in a fantasy every once in a while. Honestly it builds character to be so positive and hopeful about something."

##### In a Sentence:

"Just because I fantasize about a life with Prince William doesn't mean I'm delulu, OK?"

#### 7. Drip

Drip refers to stylish clothing. It's on-trend, cool and more often than not, expensive. Fashion Editor Abby Hepworth says, "I also love drip for saying someone is a good dresser or has good style."

##### In a Sentence:

"Tyler was wearing all of these funky silver chains and rings with his outfit. His drip was seriously something else."

#### 8. Extra

To be ostentatious or over-the-top. Basically, you're doing way too much and definitely need to tone it down a little bit.

##### In a Sentence:

"My mom was being so extra the other day. She called me five times while I was at the mall with my friends just because I didn't answer her text right away."

#### 9. Fire

When something is absolutely amazing or out of this world. It could refer to anything from an excellent playlist or a killer outfit to Ina Garten's cooking or the entirety of Chappell Roan's "The Rise and Fall of a Midwest Princess." If it's great, it's also fire. Not to be confused with actual flames. Nothing's 'on' fire. Hold the extinguishers.

##### In a Sentence:

"The banger he just played was fire bro."

#### 10. Fit or Fit check

Short for 'outfit.' Usually used in reference to the outfit someone is wearing at that moment. People often send photographs of their outfits to friends to get a 'fit check,' making sure they're dressed appropriately for whatever event they are about to attend.

##### In a Sentence:

\*Texting\* "Hey Sarah, mind if I FaceTime you for a fit check? I wanna make sure I'm on theme for the party."

#### 11. Ghost or Ghosting

To stop talking to someone without cause or notice. Usually this happens quite unexpectedly and is cause for major confusion and a whole lotta tears.

##### In a Sentence:

"Kate ghosted Adam even though they had been texting and talking for three months and had gone on a couple of dates. No one knows why."

#### 12. GOAT

Stands for the "Greatest of All Time." This one's self-explanatory.

##### In a Sentence:

"Simone Biles is the GOAT" and I will not be taking any questions. Thanks," says Candelario.

#### 13. Gucci

When something is 'all good.' Used in place of the word 'good' or as an affirmative reply to something. Not to be confused with the designer brand.

##### In a Sentence:

"Hey man, I'm sorry I'm late."

"No worries. It's all Gucci."

#### 14. Hits different

"This list just HITS DIFFERENT. The way this phrase has been all over New York. I'm sorry our city just creates the best slang around. 🗽 🇺🇸 Anyways it means something is unique, special or stands above the rest," says Candelario.

##### In a Sentence:

"Your dad's chili was so good. Something about it just hit different. Maybe it was the spices he used?!"

#### 15. Ick

The ick is an off putting feeling that you get when someone does something that rubs you the wrong way, sometimes inexplicably. "Ick is such a perfect term, it perfectly encapsulates the feeling of just being grossed out by something that isn't even necessarily gross," says Hepworth

"When I tell you how many times I got the ick from the guys on my Hinge... wowzaaa. As soon as I think I found a good match, he hits me with something—either a response, outfit choice or cringey VOICE NOTE—that just makes you feel icky and immediately turned off. It can even happen to people in long-term relationships/marriages, too. One day, you see your husband wear socks with his flip flops and BOOM, you got the ick. I don't make the rules. But don't worry, it's not a be-all and end-all for most people," says Associate Commerce Editor Stephanie Meraz

##### In a Sentence:

"The guy that I just went on a date with totally gave me the ick. He chewed with his mouth open. There's no way I'm going out with him again."

#### 16. Karen

We all know her. I've met her. She's someone who complains about things that don't need to be complained about, often obnoxious, annoying, angry and/or entitled. And she's always calling wolf. Originally this term referred to a white woman who utilize their privilege to get things to go their way, but these days, Karens come in all shapes and sizes. The term can also apply to men, but they're usually called Chads or Brads in this type of scenario. Avoid at all costs.

##### In a Sentence:

"The woman at the restaurant was being such a Karen. She was screaming at the wait staff, sent her order back three times and didn't even leave a tip. 🤪"



Getty Images

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# These Actors Epically Played Real People in These Films

Erika Burch

When an actor plays a role, he or she does everything in their power to really get into it, to feel as that person would feel, and to portray those feelings on the film. But what happens when an actor lands a role based on a real person



Getty Images Photo by Dave J Hogan & Alamy Stock Photo

### The Revenant (2015)

Leonardo DiCaprio is known for being a method actor, completely committing to his roles in every film he's been a part of, and 2015's "The Revenant" was no exception. DiCaprio played Hugh Glass, a tough frontiersman that is badly injured by a bear attack and abandoned by his crew to survive in the wilderness on his own.

To fully embody the character, DiCaprio decided to stick to a purely raw meat diet (which was especially hard, considering he's a vegan) and sleep in real animal carcasses. Now, that's commitment. And this dedication ultimately landed him his first Academy Award win for Best Actor. And he has never looked back.

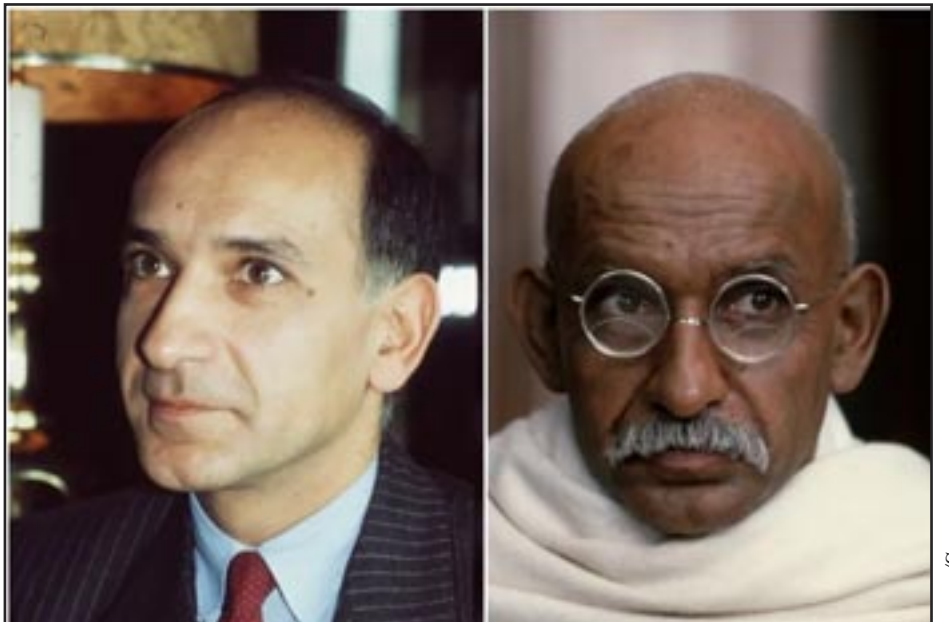


Shutterstock & MovieStills.DB

### The Last King of Scotland (2006)

In the film, "The Last King of Scotland," Forest Whitaker went really deep with his research and portrayal of Ugandan Idi Amin. He went as far as gaining over 50 pounds, learning Swahili, and getting Amin's dialect down.

That was something which actually took time for the actor to literally yell himself out of — "it wasn't until the movie was over that I decided I could let go of the character [...] I started yelling to get his voice out of me and get my own voice back." Boy, oh boy, we are not going to lie - that's pretty scary.



Moran/Sygma  
Getty Images Photo by Hulton Deutsch & Nancy Moran/Sygma

### Ben Kingsley (Gandhi 1982)

Ben Kingsley, who said he was "frightened but determined to get the role," also said he had little time to prepare for it. "I was offered the role in September, left for India in October and started shooting in November," Kingsley recalls. Once he arrived at the land of the Mahatma, he completely immersed himself. "I practiced yoga in the morning...In the evenings I did my shoots and, in the night, I took spinning classes," Kingsley explained.

Learning to spin thread with an authentic wooden spinning machine, Kingsley thought, would be better than trying to fake it on automated spinning machines. Beyond those efforts, Kingsley shaved his head and lost 20 pounds, authentically, by abiding by Gandhi's vegetarian diet.

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# The Most Valuable Collectors' Items in History

By Audrey Kyanova

We've all heard the stories about someone stumbling upon a valuable comic or knick-knack in a Salvation Army, or the family who moves into a new house only to find a wine cellar below the floorboards worth a fortune.

Anything from baseball cards or vintage Coca Cola cans to stuffed toys or even ticket stubs from legendary concerts, could be the items worth millions. You never know what items are lurking in your basement or your local thrift store that could be worth big bucks to a collector.

Read on to discover a list of some of the most valuable collectible items of all time. You never know, it might be time to bring out the stepladder and venture into the attic. You could have been sitting on a dusty goldmine for decades, blissfully unaware.

## MacGyver Action Figure

Maker: Glasslite

Original Price: \$10-\$15\*

Worth Today: \$400-\$900\*

Angus MacGyver is the title character of one of the most popular action series in the eighties. MacGyver was a problem-solving genius who refused to carry a gun and worked for the Phoenix Foundation, a think tank. The original MacGyver series was released in 1985, and he got his own action figure almost ten years later.

Made by Glasslite, the MacGyver action figure did well, despite the show going off the air a year before the figure was released. The action figure came with different cars, too, though it's MacGyver himself that is worth the big bucks on resale sites.

@Lonni Steven /  
Pinterest.com



## G1 Pepsi Optimus Prime

Maker: Hasbro

Original Price: \$10-\$20\*

Worth Today: \$10,000\*

PepsiCo and Hasbro teamed up for this toy, creating a marketing bonanza that grossed a lot of money. The G1 Optimus Prime Pepsi toy would become somewhat of a Holy Grail for collectors. The toy was a reissued Optimus Prime figure, with some blue, Pepsi-brand updates.

The Prime toy got a blue plastic head, legs, and hands. Pepsi logos replaced the Autobot symbols, and the Pepsi waves were added to Prime's legs and arms. The Pepsi Convoy even got its own catchy slogan. There were three Pepsi Prime releases: 1985, 2005,

@Thomas Konijn . Pinterest.com



## Claude the Crab Beanie Baby

Maker: Ty Beanie Baby

Original Price: \$5\*

Worth Today: \$529\*

When Beanie Babies were released, they cost less than \$10. Now, some iterations of the famous toy can make you pretty wealthy. For example, if you own Claude the Crab, you might be able to resell it for over \$500. Sure, it's not a million dollars, but it's better than nothing.



Claude the Crab was released on May 11, 1997, and retired quickly because of errors. The tie-dye crab's most profitable errors (which lead to its high selling point) include a ® above the trademark on its tush tag and, on the swing tag, a space before an exclamation point. The name "Claude" is sometimes not capitalized, another money-maker.

@etsy / Pinterest.com

# MOST Beautiful ACTRESSES OF ALL TIME

BY HEALTH DISCOVER TEAM

From the golden era of Hollywood to the modern spotlight, American women have left an indelible mark on the world with their timeless beauty. Explore the most beautiful American women, from the Golden Era of Hollywood to the latest pop culture icons and traverse through time to pay tribute to these iconic figures and their beautiful selves!



## CHER (1946–PRESENT)

The multifaceted entertainer's beauty and talent have made her an enduring figure in music and film. Often touted as the 'Goddess of Pop', Cher is an empowered female artist in a largely male-dominated industry.

With an impressive career spanning decades, Cher has dabbled in music and acting and has consistently opted to work in both fields with great success. In contemporary times, she is often considered an American icon who does it all.

## JESSICA LANGE (1949–PRESENT)



The Academy Award-winning actress's beauty and talent have defined a generation of film. Her expansive career across decades has many defining moments, particularly through the characters that she brought to life

onscreen—who often had troubling internal lives.

Apart from her acting career, Lange is an accomplished photographer with five published works.

## JULIANNE MOORE (1960–PRESENT)

The Academy Award-winning actress's natural beauty and versatility in roles have made her a respected figure in Hollywood. Moore studied theatre at Boston University and began her career in television shortly after.



She began her film career in 1990 and rose to prominence in mid-90s. Julianne Moore gained international recognition towards

the end of the decade for her commercially successful performances in comedy and drama.

She enjoyed this success will into her later years of acting and has since pivoted to independent films and streaming projects. Along with her illustrious film career, Julianne Moore is also a children's author with her first book, 'Freckleface Strawberry', which was published in 2007.

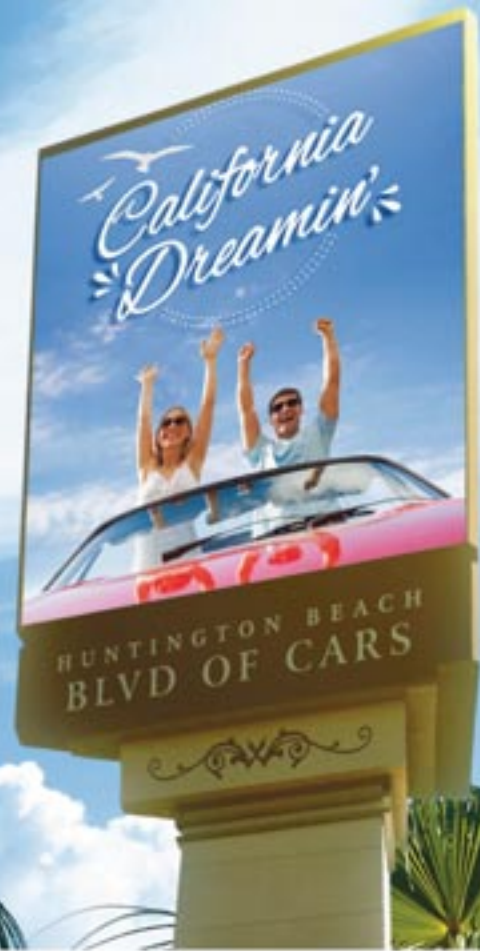
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## Californians' Top Philanthropic Cause Is Supporting the Restoration of Redwood and Sequoia Forests, Finds Survey.

Survey asks Californians which cause they would support if they became wealthy.

Other choices included supporting the surf culture and coastal conservation initiatives, and supporting sustainable agricultural practices in the Central Valley.

Infographic showing survey results.

Many billionaires turn to philanthropy after stepping away from the businesses that built their fortunes. But for the average Californian, that reality often feels out of reach. Most people simply don't have the financial resources or time to support the causes they care about. But what if that changed overnight? If they suddenly became wealthy, how many would choose to give back to their communities rather than lead a life of luxury?

LotteryTexts set out to explore this question, surveying 3,000 'everyday' people to discover which local causes they would support if they had the means. The study offers a heartwarming glimpse into the aspirations of people across the nation, showing a strong desire to give back when given the opportunity.

**Californians' top 3 causes they would support were:**

### #1 Supporting the Restoration of Redwood and Sequoia Forests

California is home to some of the world's tallest and oldest trees. Californians said they would fund conservation efforts for redwood and sequoia forests, support sustainable tourism, and develop educational programs that teach about the ecological importance of these ancient trees.

### #2 Supporting the Surf Culture and Coastal Conservation Initiatives

California's surf culture is iconic, and protecting it would be their second top choice. Wealth would support coastal conservation, surf-related educational programs, and initiatives to promote sustainable tourism while preserving the state's unique surf heritage.

### #3 Supporting Sustainable Agricultural Practices in the Central Valley

The Central Valley is one of the most productive agricultural regions in the world. New found money would be used towards sustainable farming practices,

fund research on water management, and promote farm-to-table initiatives that connect consumers with the state's agricultural heritage.

### Some of the other standout findings from across the country include:

Montanans leaned toward preserving traditional Native American languages and customs, by supporting cultural centers and educational programs that celebrate indigenous heritage.

In New Hampshire, where small historic towns abound, locals said they would focus on restoring historic buildings, bolstering local businesses, and developing tourism initiatives that highlight the state's colonial past.

Michiganders, proud of their state's abundance of lighthouses, said their top priority would be to restore these historic structures. They also emphasized supporting lighthouse tourism and funding educational programs about the role of lighthouses in guiding ships on the Great Lakes.

Lastly, Missourians were passionate about preserving the legacy of St. Louis blues and jazz. Their investments would go toward supporting local musicians, maintaining historic music venues, and funding

music education programs to celebrate the city's significant contribution to American music.

"It's heartwarming to see that, given the means, so many Americans would prioritize making a meaningful difference in their local communities rather than indulging solely in personal luxuries," said Melissa Brown of LotteryTexts. "Whether it's preserving cultural heritage or protecting the environment, this study shows a deep desire to give back when the opportunity arises."

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## I MOVED AROUND EUROPE FOR 6 MONTHS. IF I HAD TO PICK A PLACE TO LIVE PERMANENTLY, IT'D BE THIS LIVELY, WALKABLE CITY.

INSIDER / EMILY POGUE

After spending six months traveling around Europe, I'd be most likely to move to Prague.

The city's architecture, beauty, history, and walkability made it easy to fall in love with.

I also loved that there was always something to do in Prague.

This year, I traveled around Europe for six months, spending quality time in some of the continent's most popular cities, such as London, Amsterdam, Paris, and Zurich.

During this period, I often thought about which European city I'd most like to call home. While I loved my time in many of the cities I visited, my top choice would be Prague, the capital of the Czech Republic.

Prague's architecture, natural beauty, history, and walkability made it easy to fall in love with. Here's why I'd move there if given the chance.

Prague is incredibly walkable and has great public transportation.

A few people walking down a quiet street in Prague at twilight.

I loved walking around Prague. Courtesy of Emily Pogue

As an American who lives in Colorado, I'm used to hopping in my car to do almost everything. But in Prague, I didn't need a car once. Most of the time, I walked to wherever I needed to go.

While I'd likely balk at a 45-minute walk in the US, I found myself eagerly putting on my shoes for the same thing in Prague. Why? Because each walk felt like an experience.

The city is home to jaw-dropping architecture, art installations, and green spaces. During every stroll, I'd notice a new statue or hidden detail, like how the city's coat of arms is engraved into every manhole cover.

Though the cobblestone sidewalks did give my feet a workout, they were so picturesque that I didn't mind.

When I needed to venture a little farther, Prague's public transportation was second to none. The iconic

trams came frequently, were reliable, and were incredibly charming.

There's so much history to explore.

The Prague astronomical clock on the side of a building

The Astronomical Clock is one of Prague's most

the 12 Apostles at the top of every hour.

The city is in a prime location for day trips.

A bridge surrounded by rock formations and trees.

I visited the Bastei Bridge rock formation in Germany. Courtesy of Emily Pogue

Prague's location in Central Europe makes it an

ideal starting point for day trips or weekend getaways. One day, I headed north to visit a few national parks, filming locations for "The Chronicles of Narnia," and the Bastei Bridge rock formation.

Another morning, I took a train to the small city of Pilsen and toured the original Pilsner Urquell brewery (where pilsner beer was invented).

And in September, a five-hour train ride was all that stood between me and Oktoberfest in Munich.

There are always festivals, concerts, or events going on.

Dancers twirling with white fabric in their hands.

I saw traditional Czech dancers at a harvest festival. Courtesy of Emily Pogue

While I appreciated the museums and tourist attractions, sometimes I wanted to get more of a local experience. On those days, there were plenty of options to choose from.

From wine tastings and live music to a harvest festival with traditional Czech dancers, I was blown away by the variety of events around the city. One night, I even stumbled upon a Spanish-themed festival along the river, complete with food trucks and dancing.

Every day in Prague offered a new, unexpected joy, and if I could move to a European city permanently, it'd be at the top of my list.

Read the original article on Business Insider



recognizable landmark

marks. JHVEPhoto/Shutterstock

Another thing I like about Prague is how much history there is to explore. For example, I visited Prague Castle, the world's largest ancient castle.

Visitors can view ancient suits of armor and beautiful artwork and learn about a 1618 historical event when three Catholic officials were thrown from a window of the castle by a mob of angry Protestants.

The event even inspired a new word: defenestration — the act of throwing someone out of a window.

Perhaps the city's most recognizable landmark, however, is the Astronomical Clock. The clock's face not only shows the sun's and moon's relative positions in the sky but also reveals a mechanical procession of

# 'JEOPARDY', 'WHEEL OF FORTUNE' UNDER FIRE: GAME SHOWS HIT WITH RACE DISCRIMINATION CLAIMS

JESSICA GUYNN AND FELECIA WELLINGTON RADEL, USA TODAY

Executives at "Jeopardy!" and "Wheel of Fortune" discriminated against people of color then fired them for raising concerns about a toxic work environment where staffers made disparaging remarks about Black contestants, two former employees allege in civil rights complaints obtained by USA TODAY.

The allegations against "Jeopardy" and "Wheel of Fortune" come amid rising tensions over persistent opportunity gaps for talent from diverse backgrounds in the entertainment industry.

When George Floyd was murdered by a white police officer in May 2020, major studios and networks joined in calls for equality, pledging solidarity and millions of dollars. But

those commitments have since faded.

In an exclusive interview with USA TODAY, Ballance Ellis said marginalized people are often overlooked and undervalued in mainstream Hollywood, where mostly white power brokers decide who gets the job or promotion or what stories are told on screen.

Ballance Ellis' family has deep roots in the entertainment business — her grandfather was an actor and her father a studio executive and her grandparents owned the historic Ebony Showcase Theater in Los Angeles — so she said she felt a responsibility to "use her voice for good" in an industry where few people of color without connections dare speak out.

"I hope that this will be an opportunity for any entertainment executive to look at themselves and really, take an open, honest look," she told USA TODAY.

Complaint alleges racially insensitive jokes, halted career ambitions

"Jeopardy" and "Wheel of Fortune" are mainstays of American television and major financial contributors to the Sony entertainment ecosystem.

Ballance Ellis led the clearance and licensing department, which obtains legal rights to video clips, artwork, music and other intellectual property featured on the shows, where she said she had a "front-row seat" to racial bias and insensitivity.

In her complaint, Ballance Ellis says the company tolerated racially insensitive jokes about Black contestants.

During a "Wheel of Fortune" production meeting in 2020, a Black employee said he overheard colleagues saying a Black woman's locs hairstyle reminded them of the movie "The Elephant Man," about a man grotesquely disfigured by a congenital disorder who makes his living as a sideshow attraction in Victorian England.

When the show's director responded that he and the crew members were just joking, Ballance Ellis said in her complaint that she commented: "Which part is funny?"

Ballance Ellis said she also raised concerns about biased "Jeopardy!" clues and advocated for "more inclusive, nuanced clues about people from diverse backgrounds."

For example, in 1999 in the "Black History" category, the clue was: "The black population of these U.S. areas, the destination of 'white flight,' doubled in the '70s and '80s." The answer was "the suburbs."

"I mean to think that people are moving out of a neighborhood because Black people move in. That is not Black history of anything," she said. "After that happened, people I knew were offended and in my opinion, rightfully so. I was embarrassed to work somewhere where that happened."



The two former Sony Pictures Entertainment workers said they were consistently given fewer opportunities than their white colleagues and were routinely subjected to racially insensitive behavior, including crew members mocking a Black contestant's natural hairstyle.

Shelley Ballance Ellis, 60, said she was the highest-ranking Black production executive on the popular game shows. During her 26-year tenure, she said she was loaded down with extra responsibilities but passed over for promotions.

Monique Diaz, 48, who is Latina and worked on the shows for 23 years, said she was paid substantially less than a newly hired white colleague.

In April, Ballance Ellis and Diaz were laid off in what the company said was a corporate reorganization.

"The truth is that I and others were targeted by Sony because we opposed discrimination," Ballance Ellis alleged in her complaint.

In a statement to USA TODAY, Sony said the new leadership team at "Jeopardy" and "Wheel of Fortune" are "dedicated to fostering a culture of inclusivity and respect."

"Sony Pictures Entertainment takes all allegations of discrimination very seriously. Earlier this year there was a broad reorganization of our game show group that resulted in the elimination of several roles to address redundancies and evolving business needs of a 40-plus-year-old operation. Those eliminations were business efficiency decisions and not retaliatory," the statement said.

Attorneys Peter Romer-Friedman and Hillary Benham-Baker, who represent Ballance Ellis and Diaz, said Sony violated California civil rights laws.

Complaints filed with the California Civil Rights Department are investigated by the agency, which can sue the company, dismiss the charges or grant workers the right to pursue their own lawsuit.

"What happened to Shelley and her colleagues behind the closed doors of production should not happen and it was unlawful under our civil rights laws," Benham-Baker told USA TODAY.

# Walking This Many Minutes Per Day Could Add Years To Your Life, Recent Research Finds

## Walking This Long Could Add Years To Your Lifeminiseries

Walking has seen a surge in popularity over the past few years, thanks to a slew of research that's found that it's great for your overall health and longevity. Now, another study has found that you don't need to log several miles to reap the benefits of walking. Instead, just a few minutes a day could provide a serious boost for your overall health.

So, what's the deal with this study and why is walking so good for you? Here's what we know.

Meet the expert: Albert Matheny, RD, CSCS, co-founder of SoHo Strength Lab.

## What did the study find?

The meta-analysis, which was published in the British Journal of Sports Medicine, analyzed data from 196 peer-reviewed articles that involved more than 30 million people. The researchers specifically looked at the link between the participants' physical activity and health.

After crunching the data, the researchers discovered that people who logged 75 minutes of moderate-intensity exercise (which includes brisk walking) per week had a 23 percent lower risk of early death.

When the study authors broke that down even more, they found that 75 minutes a week of moderate-intensity exercise lowered the risk of cardiovascular disease by 17 percent and cancer by seven percent.

## Why is walking so good for you?

There are a few reasons why walking is beneficial. For one, it's approachable.

"There's no skill hurdle and people aren't usually intimidated by it," says Albert Matheny, R.D., C.S.C.S., co-founder of SoHo Strength Lab. You also don't need extra equipment, meaning you can usually just walk out the door and go.

"Walking is great because it's a cardiovascular exercise, but it's also weight-bearing," Matheny says. "That's ultimately better for bone density and overall mobility."

In addition to all of that, research has linked a walking habit with better moods, improvements in heart health, and a lowered risk of developing diabetes.

## How much walking do you need to do per day to reap the benefits?

It really depends on your goals. This particularly study found that walking at a solid pace for just 11 minutes a day (a.k.a. 75 minutes spread out over the course of seven days) can give you all of those health perks mentioned above.

But that doesn't mean you need to stop walking once you hit 11 minutes. "There's no magic number," Matheny says. "It's not like if you walk less than 5,000 steps, you get no benefit."

If you're looking to take up a walking habit for fitness, he suggests aiming for 5,000+ steps a day. Ultimately, though, Matheny recommends just doing what you can.

## How can I add more walking to my day?

There are so many ways to take up a walking habit, including making it a regular workout or finding ways to sneak it in, like walking to a friend's house versus driving there. (You may need to upgrade your footwear to get a good walking shoe if you plan to ramp things up, though.)

